

OA Sea to Sky Intergroup Mailing List (on Google Groups)

The purpose of this group is much like a listserv, to share information with one another through email. This group is intended for use by OA members and member groups in the lower mainland for the purposes of communicating OA news and information. As a member, you'll be able to send and receive notifications using this mailing list.

We hope you find value in keeping connected to your lower-mainland OA family.

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Join the Google Group

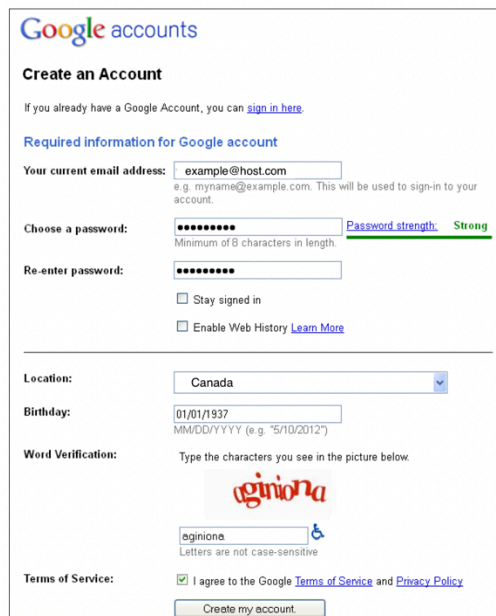
How it works

You will need a Google Account to login to the group and manage your membership settings, including your subscription option.

A Google Account **does not** mean you need Gmail. Instead, you're simply setting up login credentials for you to access the Google Group. *(Note: If your email is already linked with Google or if you're using Gmail, then you already have a Google Account.)*

Make sure to use the **same email address** where you're receiving this message. This is the same email we will add directly to the group. Using this consistent email will ensure immediate access to the group once your account is created.

How to create a Google Account

The image shows the 'Create an Account' page on Google Accounts. At the top, it says 'Google accounts' and 'Create an Account'. Below that, it says 'If you already have a Google Account, you can [sign in here](#)'. The section 'Required information for Google account' contains several fields: 'Your current email address' with the example 'example@host.com' and a note 'e.g. myname@example.com. This will be used to sign-in to your account.'; 'Choose a password' with a masked input and a 'Password strength: Strong' indicator; 'Re-enter password' with another masked input; 'Location' with a dropdown menu set to 'Canada'; 'Birthday' with a date input showing '01/01/1937' and a note 'MM/DD/YYYY (e.g. "5/10/2012")'; 'Word Verification' with a CAPTCHA image showing the word 'oginiona' and a text input field; and 'Terms of Service' with a checked box and links to 'Terms of Service' and 'Privacy Policy'. At the bottom is a 'Create my account' button.

The first step is to link your email with Google.
(Note: If your email is already linked with Google or if you're using Gmail, skip this step.)

Again, this isn't creating a new email account, but rather setting up login credentials for you to access the Google Group. With a registered account, you'll be able to login and manage your membership settings, such as how you wish to read messages posted to the group.

Visit <http://accounts.google.com/NewAccount> and complete the basic form.

Make sure to use the **same email address** where you're receiving this message. This is the same email we will use to add you to the group.

Once the form is completed, you'll be sent a confirmation email from Google. Follow the URL in the email to verify your account and complete the process of creating a Google Account.

How to subscribe yourself

Once you have a Google Account, simply email seatoskyig+subscribe@googlegroups.com and you will be added automatically to the mailing list!

Default subscription settings

The benefit of Google Groups, as opposed to a normal listserv, is your personal ability to control how you read the group's messages. There are four different options:

- *No email* means you'll login to read all the group's discussions on the homepage. You will have no up-to-date interaction with messages. Instead, it will be your personal responsibility to check in regularly and read these messages online if you select this option.

- *Abridged email* means you'll receive one email daily, containing a summary of that day's messages.
- *Digest email* means you'll receive a single email bundling up to 25 full messages when there is new activity.
- *Email* means you'll receive each and every message as it arrives, as a separate email in your personal inbox.

When you join the group, the default subscription is *Email*. If at any point you miss an email or delete it, you can always login to the group to read the messages there. That's the beauty of Google Groups – more personal control, and all the messages are saved in orderly discussions on the group page.

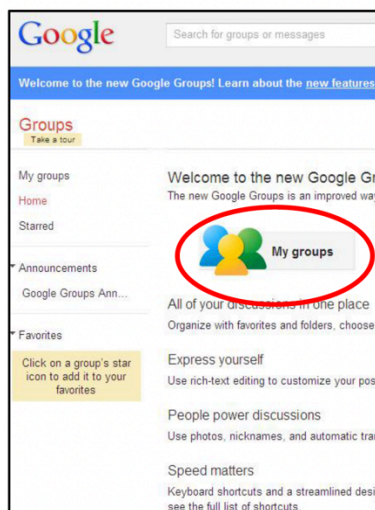
How to change your subscription preferences

You can change your subscription two ways:

1. Email your group administrator, **Serena** (serena.gibbons@gmail.com), and tell her the subscription option you would like; or,
2. Login to the group and manage your own subscription. (This requires a Google Account, see below for instructions.)

Once you have signed up...

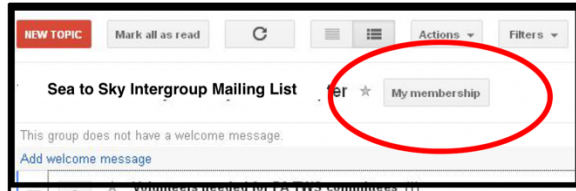
Visit the Group's Homepage



Go to <http://groups.google.com> and click the Sign In button in the top-right corner. Sign in using your Google Account.

Then, select "My Groups," and finally click on **Sea to Sky Intergroup Mailing List**. You're now inside your group's private discussion area, where you can read all the messages.

Edit Your Membership



Editing your membership allows you to change the way you receive messages from the group. You can edit your membership by clicking “My Membership” on the main group page.

There are four different options: no email, abridged email, digest email, and email.

- *No email* means you’ll login to read all of the group’s discussions on the homepage – where you were just before this step. Remember that it will be your personal responsibility to read these messages online, if you select this option.
- *Abridged email* means you’ll receive one email daily, containing a summary of that day’s messages.
- *Digest email* means you’ll receive up to 25 full messages bundled together in just one email.
- *Email* means you’ll receive each and every message as it arrives, as a separate email.

You can change your reading options at any time. Simply login to the group and edit your membership.

How to Post a Message

Simply email seatoskyig@googlegroups.com any time you wish to send a message and start a new discussion. The email you send will be forwarded on to all subscribers/group members, who can then reply in turn.

Alternatively, you can always login at <http://groups.google.com> (top-right corner, click “Sign In”) to read and respond to messages on the group’s homepage, once you have a Google Account.

How to Unsubscribe Yourself

Simply email seatoskyig+unsubscribe@googlegroups.com any time; you will be removed automatically from the mailing list.