# Jefferson Township Intermediate School

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***Principal***
*Ms.Lauren Donohue*

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*Dr. Andrea Padelsky*
*Mr. Sirajj Ziyad*

November 22, 2026

Dear Falcon Families,

I would like to share a fun and enriching opportunity for our JTIS students.

Pomptonian, our school lunch provider, is hosting their 8th Annual Healthy School Lunch Challenge! Created in celebration of National Nutrition Month, this annual competition encourages students to get creative in the kitchen, explore healthy eating, and discover the joy of preparing nutritious meals.

This year's theme, "Color Your Tray" challenges students to create colorful, nutritious recipes featuring a variety of fruits and vegetables. Different colors provide different nutrients and health benefits, making a colorful plate a fun and delicious way to support good health!

Key details include:

- Recipe Submission Deadline: January 19, 2027
- Categories: Pre-K through 5th grade, 6th through 8th grades, and 9th through 12th grades
- Winners: Each category will have two Grand Prize Winners and one Super Grand Prize Winner
- Pre-K through 8th grade: Super Grand Prize Winners will receive a KitchenAid mixer with pasta attachment

Here is a link to a short video introducing this year's challenge, 8th Annual Healthy School Lunch Challenge Video, and the Healthy School Lunch Challenge flyer.

Sincerely,

Lauren Donohue

Principal