



## MENTOR FOOTBALL 7TH & 8TH GRADE 2025 SUMMER DATES

### Equipment Pass Out

- Equipment may be passed out at July Camp #1
- Report to your middle school, each will set up an individual date and time.

### Summer weight room at JTO Stadium Weight Room (Mentor HS)

- Tuesday, June 3rd - Wednesday July 2nd
  - 7th Grade and 8th Grade - Monday/Tuesday/Wednesday 9:30 - 10:30 AM
  - No lifting on Monday June 2nd (Teacher's last day)
- Tuesday July 8th - Wednesday July 9th
  - No lifting on Monday July 7th
  - No lifting the week of July 14th (July Team Camp #1)
- Monday July 21st - Wednesday July 23rd
  - No lifting the week of July 28th (July Team Camp #2)
  - **MUST BRING A WATER BOTTLE**

### July Team Camp #1

- Monday, July 14th - Friday, July 18th
- Each middle school will have their own camp at their school for both 7<sup>th</sup> and 8<sup>th</sup> graders
  - @ Memorial 4:00 - 7:00 PM
  - @ Shore 4:00 - 7:00 PM
  - **MUST BRING A WATER BOTTLE**

### July Team Camp #2

- Monday, July 28th - Thursday, July 31st
- Each middle school will have their own camp at their school for both 7<sup>th</sup> and 8<sup>th</sup> graders
  - @ Memorial 4:00 - 7:00 PM
  - @ Shore 4:00 - 7:00 PM
  - **MUST BRING A WATER BOTTLE**

### Summer Practice

- August 1st - August 9th
- Each middle school will have their summer practice at their school for both 7<sup>th</sup> and 8<sup>th</sup> graders
  - @ Memorial 4:00 - 7:00 PM
  - @ Shore 4:00 - 7:00 PM
- Bring a light lunch/snack for a 15-20 minute break provided.
- **All forms need to be turned in prior to being allowed to practice**
- Final forms need to be completed before this time and you must have a valid OHSAA physical on file in final forms or turned in by this date please visit <http://mentor-oh.finalforms.com>
- **MUST BRING A WATER BOTTLE**

### Fall Practice

- Begins August 11th @ each respective Middle School
- Mon - Friday for the remainder of the season
- 4:00 - 6:00 PM
- **MUST BRING A WATER BOTTLE**

### OHSAA Fall Sports Meeting

- Memorial Fall Sports Meeting - Monday, May 12th at 6:30 PM in the Auditorium
- Shore Fall Sports Meeting - Tuesday, May 13th at 6:30 PM in the large gym

### Middle School Night

- 10/3 versus Strongsville
- Each middle school team will be introduced before the Mentor HS game.
- Arrive in the weight room by 6:15 in your game jersey