

WE ARE BOOKED OUT

*****INFO UNLOCK  *****

lets.go.fam.

here is the promised first information:

1. **DATE** : Arm Astus Retreat takes place this year on 5th May 2025 - 11th May 2025
2. **TIME**: Retreat lasts this year 7 days!! Check-in is between 16:00-17:00 on 05.05.2025 and check-out is ~12:00 on 11.05.2025
3. **LOCATION**: Arm Astus Retreat 2025 takes place in Hõbekala Guesthouse, Hiiumaa island, Estonia.
4. **SPOTS**: there is space for 12 f-yes Souls **(0 SPOTS LEFT)**

some more essential details:

- 3x a day you will receive a practice/ceremony/initiation by Mia. + powerful daily mastermind moments in between with 1:1 support.
- you will get nourished 3x a day by homecooked delishhious meals (the main menu will be for an omnivore diet, but if you are vegan or vegetarian then there will be extra meals made for you, no problemo xx)
- you have to organize & pay for your own transportation to Hõbekala Guesthouse (if you are booking flights – highly recommend arriving a minimum of 1 day before the retreat starts in Tallinn) (regards to getting to Hõbekala from Tallinn: in previous years usually all the girls have shared cars:), but if it doesn't work out for some reason then we always have bus options from Tallinn)
- we have super beautiful accommodation, cloud-soft beds for sweet dreams & lush nature waiting for us. all the rooms will be shared by all our angel girls (usually 2-4 girls in 1 room). <https://www.hobekala.ee/>

your investment to Self:

YOU HAVE THREE OPTIONS:

1. **pay-in-full** – 1x 1397 eur now & your spot will be locked in!   **(booked out)**
2. **4-part monthly payment plan** – online payment of 374 eur for 4 months (in total: 1496 eur)  **(booked out)**

3. **2-part monthly payment plan** – online payment of 747 eur for 2 months (in total: 1494 eur) 🌙 **(booked out)**

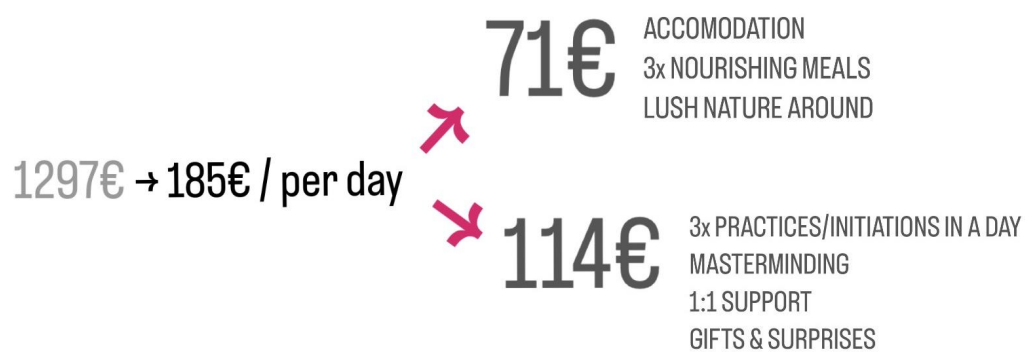
! (BOOKED OUT) FOR THE FIRST 3 GIRLS APPLYING:

you will receive the 🧑 EARLY BIRD pay-in-full special price 🧑

— pay **1x 1197 eur now** (instead 1297eur) & your spot will be locked in! **(BOOKED OUT)**

what happens with your investment?

Here's how your investment will be moving:



how to apply to Arm Astus Retreat 2025:

1. fill up the application form [here](#) ❤️
2. when that is done & approved, then Mia will contact you to schedule a short 1:1 call (15min-20min) with you.

first come first served:

the first to fill out the application → will be the first to book a call with Mia after → and have a chance to lock in their spot before they are gone.

if you have **ANY** questions (there are no stupid questions!) **feel free to contact Mia:**

- A. via email (info.armastus@gmail.com)
- B. in Instagram DM-s ([@arm.astus](https://www.instagram.com/arm.astus)).

xoxo

I am beyond-this-world excited to lean into this journey with you.
I have shivers every time I think about this retreat...
There are big things coming & in the motion of beautiful unlocking!

SO EXCITED TO SEE YOU THERE!
MIA / ARM ASTUS