



Cross Country

Levels	Varsity/JV
Coaches/ Advisors	Head Coach: Michael McKenna michael.mckenna@nicolet.us Assistant Coach: Ella Duncan Assistant Coach: Ethan Millard Assistant Coach: Amie Spence
Start Date	August 18th
Season	Fall Season August 18th–November 1st
Weekday Commitment	Practice: 3–5 Days 1 meet a week
Average Length of Competition	2 Hours
Monetary Commitment	NHS Athletic Fee \$85
Fundraising/ Volunteering	Vertical Raise
Notes/Add'l Information	Team Picture Day:

**Athletic
Registration
Information**

Annual athletic registration is completed via Skyward. This is where you can officially sign up for your sport. Please ensure that all physicals are current for the school year prior to the first day of practice.