

ESTABLISHED DIAGNOSES – ADHD, GLOBAL DELAY, AUTISM, INTELLECTUAL DISABILITY
SERVICES THAT MAY ALREADY BE IN PLACE – OR POSSIBLY SHOULD BE

	What is this? What is it for?
504 PLAN	<p>Non-legally binding outline of accommodations to help a student with a disability access education. Often used for kids with ADHD – for example, to allow seating in the front of the classroom to facilitate attention.</p> <p>School may ask for a letter to document disability and recommend accommodations. (see PPC DBP page for a list of potential accommodations, by condition)</p>
IEP	<p>Legally binding plan for special education services. The IEP is developed after an initial evaluation to determine eligibility for special education and identify specific needs.</p> <p>Parent can submit a written request for assessment for eligibility for an IEP.</p>
Applied Behavioral Analysis Therapy (ABA)	<p>Therapy involving careful observation and gradual shaping of behavior to optimize function.</p> <p>Usually used for patients with autism. Patients with Health Plan of Mateo who have ADHD with severe behavioral difficulty may be eligible for ABA</p>
Occupational therapy (OT)	<p>Typically recommended to address fine motor deficits, sensory difficulty, or difficulty with ADLs.</p> <p>Schools may provide OT relevant to school functioning (e.g. holding a pencil, cutting with scissors) as part of IEPs</p>
Feeding therapy	<p>Specific type of OT. Sometimes under Speech therapy.</p> <p>Helps address oral aversion, texture sensitivity specific to eating</p>
Physical therapy (PT)	<p>In context of developmental delay, usually recommended to address gross motor deficits</p>
Speech therapy	<p>Addresses speech/language delay or disorders. Patients may need/want community-based speech referrals if they are not receiving adequate speech support through school</p>

(Under construction: Early Start, Lanterman, SSI, IHSS, Disability Placard, Conservatorship)