



# Health and Physical Education

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The Whitehouse ISD Health & Physical Education curriculum content will be delivered in a developmentally and age-appropriate manner and will include the most current and scientifically accurate information. The content of the curriculum is based on the Texas Essential Knowledge and Skills (TEKS) for Health Education. Any lessons on reproduction begin in the 4th grade Health TEKS.

## **Grades K - 5th**

Quaver Health - PE for Texas! Click [HERE](#) for information on the curriculum. Quaver Health - PE Scope & Sequence for all grade levels - [HERE](#)

## **Grades 6th -12th**

ESTEEM Click [HERE](#) for information on the curriculum. To watch a Parent Info Video visit: <https://mercymanor.com/esteem>

## *Senate Bill 9*

Passed during the 87th (2nd) Legislative Session, Senate Bill 9 requires schools beginning in the 2022-23 school year to educate students on dating violence, family violence, and child abuse.

Any lessons on reproduction begin in the 4th grade Health TEKS. The complete TEA Health TEKS can be found here. [Health TEKS](#)

Parents/guardians will have the option to opt-in to individual sensitive lessons. A student who is not opted-in to receive instruction over grade-appropriate Senate Bill 9 curriculum will receive an alternative lesson.

All students will receive non-sensitive lessons that address grade-level TEKS.

## Health Education



For More Information:

<https://tea.texas.gov/academics/subject-areas/health-and-physical-education/health-education>