Dundalk Rugby Football Club

Club House and Playing Fields; Mill Road, Castletown, Dundalk
Telephone 042 933 5679 e-mail dundalkrugbyclub@gmail.com

DUNDALK RFC APPROVED PLAYERS CODE OF CONDUCT

- Play for enjoyment and become of the rugby family.
- Respect the "Game of Rugby" and play within the laws of the Game.
- Accept the referee's decision and let your coach or captain ask any relevant questions.
- Play with control. Do not lose your temper.
- Always do your best and be committed to the game, your team, and your club.
- Be a "good sport." Applaud all good play whether by your team or the opposition.
- Respect your opponent. Treat all players as you would like to be treated. Do not "bully" any player.
- Rugby is a team sport and make sure you co-operate with your coach, team mates, and members of your club.
- Remember that the goals of the game are to have fun, improve your skills, and feel good.
- At the end of the match thank your opponents and the referee for the match.
- Always remember you owe a duty of care to your opponents. Tackle hard but fairly, do not intend to hurt your opponent.
- Winning and losing is part of the sport: Win with humility-lose with dignity.
- As part of the team it is important that you attend training regularly, listen to your coach, and help your team.
- As a team sport it is important to remember that all members are important to the team.
- Remember you are representing your team, club, family, and the Game of Rugby.

Signed:

Kathy Cranny
Honorary Secretary
For Dundalk RFC