



New Canadians “Learn to Paddle” Program FAQ

New Canadians Paddling Program Frequently Asked Questions

1. Can I register my family members as a “family registration” for the paddling sessions?

Yes, you may register family members who are within your immediate family under one family membership. Family members may include your children, grandchildren, parents or grandparents. Family members outside your immediate family would register under a separate membership.

2. Can my friend and I register for the paddling sessions?

Yes, you and your friend can register however you must each fill out your own registration forms as you are not in the same family.

3. Can I rent equipment?

No, if you wish to rent canoes or kayaks then please contact Marina Rentals at 2900 Wascana Drive or call [\(306\) 757-2628](tel:3067572628).

4. Are participants able to use club equipment outside of normal programming?

Only registered members may use club equipment outside of programming. You may apply for membership at any time during or after programming.

5. Will I have the opportunity to use club equipment on my own time without coaching?

Participants of the New Canadians Program are welcome to use our equipment for free for up to two 1-hour sessions with their family on Wascana Lake during normal operating times.

6. How much is registered membership to the Regina Marathon Canoe Club for participants in the new Canadians program?

Your New Canadians Paddling program fees that you have already invested will be subtracted from the total membership fee at time of payment.

7. Can children attend for free?

Yes, children 9 years of age and younger can attend for free.

8. Can children participate in programming?

Children 6 years of age and older (As of end of this year) are allowed to participate in programming. Children 6 years of age and older will sit in the middle of the canoe with one or more of their parents.

Children 10 years and older will be allowed to paddle with another adult or coach.

Children 13 years and older (as of end of year) may paddle with other children (13 and older).

9. Can my children paddle without an adult?

Children 13 years and older (as of end of year) may paddle with other children (13 and older) under supervision by an adult.

10. Must I know how to swim to participate in this program?

No, all paddlers and coaches will wear personal floatation devices while near or on the water.

11. Will personal flotation devices (life jackets) be made available to adults?

Yes we have adequate universal personal floatation devices made available to adults.

12. Will personal flotation devices (lifejackets) be made available to children?

Yes, we have adequate personal flotation devices made available for children 13 and older.

Personal flotation devices for children under 13 years old are limited. Please contact rmccprogramming@gmail.com prior to registering to confirm availability.

13. What do I receive with the two free sessions?

Free sessions are available after completion of programming to test out your skills without supervision of a coach. You and your family are allowed to use club personal floatation devices, paddles and canoes during normal club hours and without coach supervision. This is a chance to hone your skills and explore the lake with your family. Each session must be 1 hour long and be within boathouse hours. If you wish to inquire these times please send an email to rmccprogramming@gmail.com as hours may vary based on the weather and other activities.

14. What age restrictions are there in the program?

Participants must be 6 years old or older to attend this program; however they must be participating with their parents or guardian in the same canoe.

Children must be 10 years old or older to participate with a paddle.

15. What does a regular session look like?

Each session will begin with education and review of canoe and and marathon paddling technique concepts. We will set specific goals for each session and will have equipment prepared



beforehand so we can get on the water at the earliest possible time. Throughout the program we will also talk about the importance of canoeing in the history of Canada and the different models featured within the boathouse.

16. What if I have no experience with being on or in the water?

That is no problem! We make sure to use our most stable equipment to maximize the safety and comfort of our participants. Throughout the program you will gain experience and hopefully become more comfortable on the water along the way. The coaches are more than capable of teaching the technique and proper water etiquette to any individual interested in our program.

17. Who may register for this program?

This program is available to anybody who has lived in Canada for 5 years or less. Families are encouraged but anybody who is interested is more than welcome to attend.

