



Hummus & Veggies Snack Box

[Havarti or gouda snacking cheese](#), cherry tomatoes, carrots, snap peas, grapes, [hummus](#), [mixed nuts](#)

Nutrition information based on 1 box.

Nutrition Facts	
Power Snack Box #2: veggies & hummus	
1 serving per container	
Serving Size	1.00 each
Amount per serving	
Calories	471
%Daily Value*	
Total Fat 30g	38%
Saturated Fat 1.1g	6%
Trans Fat 0g	
Cholestrol 20mg	7%
Sodium 548mg	24%
Total Carbohydrate 41g	15%
Dietary Fiber 11g	40%
Total Sugars 18g	
Includes 0g Added Sugars	0%
Proteins 19g	
Vitamin D 0mcg	0%
Calcium 248mg	19%
Iron 4.9mg	27%
Potassium 791mg	17%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	