Hummus & Veggies Snack Box

Havarti or gouda snacking cheese, cherry tomatoes, carrots, snap peas, grapes, hummus, mixed nuts

Nutrition information based on 1 box.

Nutrition Facts

Power Snack Box #2: veggies & hummus

1 serving per container

Serving Size **1.00 each**

Amount per serving

Calories **471**

	%Daily Value*
Total Fat 30g	**38%**
Saturated Fat 1.1g	**6%**
Trans Fat 0g	
Cholestrol 20mg	**7%**
Sodium 548mg	**24%**
Total Carbohydrate 41g	**15%**
Dietary Fiber 11g	**40%**
Total Sugars 18g	
Includes 0g Added Sugars	**0%**
Proteins 19g	
Vitamin D 0mcg	**0%**
Calcium 248mg	**19%**
Iron 4.9mg	**27%**
Potassium 791mg	**17%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.