

Track's Leading Females

Added by Ashley Curtner on May 2, 2012.



Sophomore Jessica Tegge is listed 1st in FAVC for the 800. Tegge's seasons best so far is 2:20. "I have been happy but I would like to get faster and run a 2:15." Tegge hopes to go to state before the season ends. "Going to state as a Sophomore is crazy. I am 14 in state. I have great coaches!"

Tegge has a lot of support from her friends and family. Her grandpa is her main supporter. "He researches who will be at the

meet and what times they run. At the beginning of the season, He helps me set my goals." Her father is another big contributor to her running. "He works really hard to video tape my meets and posting them on Youtube. He also puts my times on milesplit.com."

"Everyone works so hard and many people don't really get to see that." Tegge will continue improving in her time and reaching her goals.

Sophomore Sarah Starrett is listed 1st in FAVC for the 3200. Starrett's seasons best so far is 12:00. "By senior year i would like to have times fast enough to go to state. I feel like my performance is good,i am doing my best but i could definitely improve."

Starrett hopes to drop her times in the 800, 1600, and the 3200 before the season ends. "My main supporters are my family, who have a history of running. My friends also support me and wish me luck."

With the season slowly coming to a end, this is the time to really work hard and strive to reach your goals. Tegge and Starrett have had a good season so far and still they have goals they wish to met.