

Apple Cinnamon Streusel Muffins

Adapted from: [Happy in Dole Valley](#)

Yields: 12 muffins

Muffins

1 cup flour

1 cup whole wheat flour

1/4 cup sugar

1/4 cup brown sugar

1 T baking powder

1 tsp cinnamon

1/2 tsp salt

3/4 cup milk

1/4 cup butter, melted

1/4 cup applesauce

1 tsp vanilla

1 egg

Topping

1 1/2 T applesauce

2 T flour

2 T brown sugar

1/2 tsp cinnamon

Directions:

1. Mix dry ingredients. Add wet ingredients; mix until just moistened. Fill 12 muffin cups.
2. In a small bowl mix topping ingredients; divide topping among muffins, gently spread.
3. Bake at 375 for 15 minutes or until a knife inserted comes out clean.

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