

**Dan Hansen Invitational Track and Field Meet**  
**Sheridan High School – Homer Scott Field**  
**Saturday, April 26,2025**

To: Activity Directors and Head Track Coaches  
From: Kasey Garnhart – SHS Activities Director  
Taylor Kelting – SHS Head Track Coach

We would like to extend an invitation to attend the **Dan Hansen Track and Field Meeting** at *Homer Scott Field / Sheridan High School* on **Saturday, April 26, 2025**. We need each team to make sure that we **DO NOT** have any **GUM** or **SUNFLOWER SEEDS** on the infield as it is **EXTREMELY** difficult to remove from the field turf. Thanks for helping us with this matter.

**The meet will have two divisions in which to enter athletes by gender: Boys and Girls Junior Varsity as well as Boys and Girls Varsity.** The meet will be scored separately for each gender and division and awards will be given in all categories as well. Varsity awards will be given as follows: Top 3 in each event will receive t-shirts and places 4-6 will receive ribbons. Junior Varsity athletes will receive t-shirts for 1<sup>st</sup> place and ribbons for 2-6 in each event. Only the 1st place relay teams in JV and Varsity will receive t-shirts

**We will allow 4 athletes for each event per team in the Varsity Division and unlimited entries for the Junior Varsity Division. We will be using milesplit for our entries to the meet.**

**The entry fee will be \$100.00 per team.** If you have a JV and Varsity Team they will be charged as one team / \$100.00. If you have a boys and girls team the fee will be \$200.00.

**The meet will start at 10:00 with Field Events and 10:30 with the Running Events.**

Please contact Kasey Garnhart (AD) or Taylor Kelting (SHS Head Coach) at (307) 672-2495 with any questions regarding the meet. We look forward to having a great meet on the 22nd of April!

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**Dan Hansen Invitational Track and Field Meeting**  
**Homer Scott Field – Sheridan High School**  
**Saturday, April 26th 2025**

**ENTRIES:**

Entries will be made by each team / coach on Milesplit under the Dan Hansen Invite. If you have questions please call Taylor Kelting at (307) 672-2495 or (307) 299-4270. Please be sure to record accurate times, distances, and heights in the correct way, (i.e. 65 seconds recorded as 1:05 and 46 feet and 3 inches recorded as 46' 3").

**PARTICIPATION RULES:**

Entries are limited to 4 athletes in each event per team for Varsity. JV entries are unlimited. Each athlete may enter no more than 4 events. We will abide by the NFHS Rule Book.

**DIVISIONS**

The Dan Hansen will have a JV Division and a Varsity Division for both boys and girls teams. We will allow 4 athletes per event for the Varsity Division and the JV Division will be unlimited. Each athlete may enter no more than four events.

**ENTRY FEES**

The entry fee is \$100.00 for each boys team and \$100.00 for each girls team. Each team may enter their athletes in Varsity and/or JV Divisions.

**PARKING:**

There will be limited parking on the bus loop and we would prefer that your buses park in the main parking lot by the school. You may drop athletes off in the bus loop by the stadium. **DO NOT LET BUSES PARK ON THE ROAD BEHIND THE STADIUM!!!!!! The Police will come and ticket or remove them from the road. It is a fire route.**

**SANCTION AND SCHOOL CLASSIFICATION:**

This is a Wyoming High School Activities Sanctioned Meet. Athletes who meet their class standards will qualify for the state meet. Please find your qualifying sheet in the packets when you pick them up at the beginning of the meet.

**CHECK-IN AND SCRATCHES:**

Coaches should check in and get their packets in the press box upon arrival at the track. They will find their qualifying forms and entries. Scratches ONLY will be made on the morning of the meet in the press box. We will leave the entry information open on Milesplit until Friday the 19<sup>th</sup> at 3:00 PM.

**AWARDS:**

Awards will be in the press box with the results following the meet. Varsity athletes will receive t-shirts for places 1-3 and ribbons for places 4-6. JV athletes will receive t-shirts for 1<sup>st</sup> place and ribbons for places 2-6. Only the 1<sup>st</sup> place Relay Teams in both JV and Varsity will receive T-Shirts. The 2-6 Relay Teams will get ribbons.

**SEEDING:**

All athletes will be seeded in heats from slowest to fastest in JV and Varsity. Please make entry times accurate to allow the fastest athletes to compete against each other.

**SPIKES**

1/8" or 3/16" spikes only please!!

## **ALLEY STARTS**

One turn alley starts will be used for the 4 X 800 Relay, 800M, 1600M, and 3200M races.

## **SCORING AND TIMING**

We will score the top 8 places using the following points: 10-8-6-5-4-3-2-1. SHS will use a Finish Lynx FAT System.

## **SANCTIONING**

The Dan Hansen Invitational will be a WHSAA State Qualifying Meet.

## **RACE ORDER**

Race order is as follows: JV Girls, Varsity Girls, JV Boys, Varsity Boys (EXCEPT HURDLES – Girls run 1<sup>st</sup> followed by Boys) We will combine events if necessary. This will be true of the 4 X 800 Relays - will combine JV and Varsity.

## **FIELD EVENTS**

JV competitors will be given 3 throws and finals in the Shot and Discus Events. Varsity competitors will be given 3 throws and finals in the Shot and Discus Events. The Long and Triple Jump competitions will be given 3 jumps with finals in the Varsity. Pole Vault and High Jump events will be run in the “5 Alive” format for both Varsity and JV events.

## **WEIGH INS**

All implements will be weighed in at the Brick Shed by the Bus Loop starting at 9:30 AM. All vaulters must have their coaches sign the Coaches Weight Verification Form before they will be allowed to vault. All poles will be inspected for each vaulter by the event judge.

## **TEAM CAMPS**

No team camps will be allowed on the infield. Team camps must be placed on the outside of the track! Please make sure that **NO SUNFLOWER SEEDS** or **GUM** are used in the infield as it is **EXTREMELY** difficult to remove from the field turf.

## **CONCESSIONS**

No concessions.

## **LUNCHES**

Lunch will be provided for the Coaches and Officials ONLY in the Brick Shed on the North end of the stadium.

## **COACHES MEETING**

There will be a brief meeting with the coaches in the infield at 9:30 AM.

**Dan Hansen Invitational Schedule of Events**  
**Sheridan High School**  
**Saturday April 26th 2025**

**9:15** Senior Recognition

**10:00** Field Events Begin

**10:30** 1600m Sprint Medley Relay

4 X 800m Relay (Will combine JV and Varsity)

100m Hurdles (Girls)

110m Hurdles (Boys)

100m

1600m

4 X 100m Relay

Throwers Relay (4x100)

400m

300m Hurdles

800m

200m

3200m (Will combine JV and Varsity)

4 X 400m Relay

- All running events will be run girls followed by boys and JV will run before Varsity
- All Running Events will be Timed Finals - **NO FINALS** for 100/110M Hurdles or the 100M Dash in Varsity or JV!!

**FIELD EVENTS: Begin at 10:00 in the following order**

JV Boys Long Jump (End Zone Pit) (Followed by Varsity Boys, JV Boys Triple, Varsity Triple)

Varsity Girls Long Jump (Main Pit) (Followed by JV Girls, Var Girls Triple, JV Girls Triple)

JV/Var Boys Pole Vault (Main Pit) (Followed by Varsity Girls)

Var/JV Boys High Jump (Followed by Var/JV Girls)

Varsity Boys Discus (TBD) (Followed by Varsity Girls Discus)

Varsity Girls Shot (North) (Followed by Var Boys) North

JV Boys Discus (TBD) (Followed by JV Girls Discus) South

JV Girls Shot (Followed by JV Boys Shot)

- Horizontal Jumps athletes will get 3 jumps in JV and 4 in Varsity Divisions.
- Throwers in the Shot and Discus will get 4 throws and no finals in JV and the Varsity will have 3 prelims and 3 in finals.
- The Vertical Jumps athletes will be run in the "5 alive" format for both JV and Varsity
- Weigh-ins at 9:30 AM in Brick Shed at main gate entrance
- Scoring will be 10-8-6-5-4-3-2-1
- 3/16" spikes or shorter will be allowed
- Team camps will be kept off of the infield at all times
- Timing System will be FINISH LYNX
- Results will be available after completion of the meet
- There will be a Lunch provided to all coaches, workers, and bus drivers. We will take a lunch break if the opportunity presents itself with the time schedule

## Dan Hansen Invitational Meet Records - Boys

<b>EVENT</b>	<b>NAME</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>RECORD</b>
100m	Mike Devereaux	Kelly Walsh	1981	10.62
200m	Carter McComb	Sheridan	2022	22.23
400m	Bradley Ekstrom	Thunder Basin	2024	49.30
800m	Brody Smith	Cody	2016	1:54.93
1600m	Brody Smith	Cody	2016	4:12.09
3200m	Patrick Casey	Laurel	2007	9:36.74
110m Hurdles	Joe Edwards	Gillette	1992	14.24
300m Hurdles	Rick Collodi	Kelly Walsh	1993	39.57
400m Relay		Sheridan	2024	43.09
1600m Relay		Sheridan	2024	3:21.27
3200m Relay		Natrona	1980	8:13.24
Shot Put	Dusty Carlson	Gillette	1991	62' 9"
Discus	Texas Tanner	Sheridan	2022	182' 0"
High Jump	Benson	R.C. Stevens	1988	6' 9"
Long Jump	Lucas Talich	Cody	2022	23' 9"
Triple Jump	Johnnie Young	Natrona	2001	45' 1"
Pole Vault	Ben Peterson	Cody	2006	16' 6"
SMR		Cody	2023	3:37.50

## Dan Hansen Invitational Meet Records - Girls

<b>EVENT</b>	<b>NAME</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>RECORD</b>
100m	Emily Moore	Gillette	2008	12.34
200m	Addie Pendergast	Sheridan	2022	25.11
400m	Addie Pendergast	Sheridan	2022	55.31
800m	Stacy Slight	Cody	2005	2:14.08
1600m	Ada Nelson	Cody	2022	5:08.75
3200m	Peytin VanDeest	Spearfish	2022	11:27.72
100m Hurdles	B. Riemendshneider	R.C. Stevens	1988	14.74
300m Hurdles	Taylor Gardner	Sheridan	2009	44.87
400m Relay		Kelly Walsh	1992	50.24
1600m Relay		Cody	2006	4:01.30
3200m Relay		Cody	2004	9:50.38
Shot Put	Jessica Cross	Powell	1993	44' 10.5"
Discus	Baillie Gibson	Natrona	2009	143' 10"
High Jump	Lark Darnell	Kelly Walsh	1981	5' 5"
	Cate Brus	Cody	2009	5' 5"
Long Jump	Taylor Gardner	Sheridan	2009	17'10.75"
Triple Jump	Emily Moore	Gillette	2008	37' 5"
Pole Vault	Anna Bales	Cody	2010	11' 9.50"
SMR		Sheridan	2022	4:22.58