

HOW TO BE AN ALLY/HELP

LGBTQIA+ RESOURCES



HOTLINES FOR IF YOU'RE IN TROUBLE:

- LGBT National Youth Hotline (ages 23 and under): 800-246-7743
- Wellspace Health Crisis/Suicide Prevention: (916)-368-3111
- RAINN: (800) 656-4673
- WEAVE Crisis Intervention For Domestic Violence and Sex Trafficking/Sexual Assault: (916)-920-2952
- LGBT National Hotline: 888-843-4564
- Trevor Project: (866)-488-7386
- Pride Institute LGBTQ Dependency: (800)-547-7433
- True Colors United: (212)-461-4401
- Trans Lifeline: 1-877-565-8860 (United States) * 1-877-330-6366 (Canada)

INTERSECTIONALITY:

The Idea of Intersectionality is to acknowledge that every individual has their own personal and unique experiences based on discrimination and oppression. These articles will help understand how each minority face these issues and how you as an ally will be able to comprehend and help being an intersectional ally. Here is an article going into depth on this issue:
<https://www.verywellmind.com/the-intersection-of-lgbtq-and-poc-5204007>

1. Being Black and Queer:

a. Articles:

- ★ Black & LGBTQ+: At the intersection of race, sexual orientation & identity:
<https://www.ama-assn.org/delivering-care/population-care/black-lgbtq-intersection-race-sexual-orientation-identity>
- ★ Black & LGBTQ: Approaching Intersectional Conversations:
<https://www.thetrevorproject.org/resources/guide/black-and-lgbtq-approaching-intersectional-conversations/>
- ★ WITH PRIDE: UPLIFTING LGBTQ HISTORY ON BLACKPAST:
<https://www.blackpast.org/pride-uplifting-lgbtq-history-blackpast-org/#1588793969251-b8afb5fb-eeab>
- ★ Religion and Coming Out Issues for African Americans:
<https://www.hrc.org/resources/religion-and-coming-out-issues-for-african-americans>

b. Books/Reports:

- ★ Erasure and Resilience: The Experiences of LGBTQ Students of Color:
<https://www.glsen.org/sites/default/files/2020-06/Erasure-and-Resilience-Black-2020.pdf>

c. Organizations:

- ★ National Black Justice Coalition:
<https://nbjc.org/>
- ★ National Center for Black Equity:
<https://centerforblackequity.org/>
- ★ Brooklyn Boihood:
<https://www.bklynboihood.com/our-work>
- ★ Black Aids Institute:
<https://blackaids.org/>
- ★ The Okra Project:
<https://www.theokraproject.com/>

2. Being LatinX and Queer:

a. Articles:

- ★ Religion and Coming Out Issues for Latinxs:
<https://www.hrc.org/resources/religion-and-coming-out-issues-for-latinas-and-latinos>
- ★ NEW REPORT EXPLORES LATINO/A ATTITUDES TOWARD LGBT PEOPLE:
<https://www.thetaskforce.org/new-report-explores-latinoa-attitudes-toward-lgbt-people/>
- ★ What Latinx means and its importance to the LGBTQ+ community:
https://www.redandblack.com/athensnews/what-latinx-means-and-its-importance-to-the-lgbtq-community/article_eb566b3a-ff40-11ea-a5e8-eb04929345ff.html

b. Books/Reports:

- ★ Loving in the War Years by Cherrie Moraga
- ★ Aristotle and Dante Discover the Secrets of the Universe by Benjamin Alire Sáenz
- ★ The Inexplicable Logic of my Life by Benjamin Alire Sáenz

c. Organizations:

- ★ Latino Equality Alliance:
<http://www.latinoequalityalliance.org/>
- ★ Latin American Center on Sexuality & Human Rights:
<http://www.clam.org.br/EN/>
- ★ The Wall Las Memorias:
<https://www.thewalllasmemorias.org/>
- ★ Latino Community Foundation:
<https://latinocf.org/latino-giving-circle-network/lgbtq-latinx-giving-circle/>

3. Being AAPI and Queer:

a. Articles:

- ★ Asian/Pacific Islander LGBTQ Youth Mental Health:
<https://www.thetrevorproject.org/research-briefs/asian-pacific-islander-lgbtq-youth-mental-health/>
- ★ Queer AAPIs and the politics of belonging:
<https://theyappie.com/queer-aapis-politics-belonging/>
- ★ Challenging Dual Stereotypes: The Reality for LGBTQ AAPI Communities and How Foundations Can Help:
<https://aapip.org/news/challenging-dual-stereotypes-the-reality-for-lgbtq-aapi-communities-and-how-foundations/>

b. Books/Reports:

- ★ Improving Shared Decision Making for Asian American Pacific Islander Sexual and Gender Minorities:
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7135924/>
- ★ Coming Out: Living Authentically as LGBTQ Asian and Pacific Islander Americans:
https://assets2.hrc.org/files/assets/resources/HRC-Coming_Out-API-FINAL-web-2018.pdf

c. Organizations:

- ★ National Queer AAPI Alliance:
<https://www.nqapia.org/>
- ★ The Visibility Project:
<http://www.visibilityproject.org/>
- ★ Asian Pride Project:
<http://asianprideproject.org/>
- ★ Asian and Pacific Islanders for LGBT Equality – Los Angeles:
<https://www.apiequalityla.org/>

4. Being Native/Indigenous and Queer:

a. Articles:

- ★ Perspectives on LGBTQ Native Americans in Traditional Culture:
<https://www.smithsonianmag.com/bl ogs/national-museum-american-india n/2020/06/17/pride-2020/>
- ★ For many Native Americans, embracing LGBT members is a return to the past:
https://www.washingtonpost.com/national/for-many-native-americans-embracing-lgbt-members-is-a-return-to-the-past/2019/03/29/24d1e6c6-4f2c-11e9-88a1-ed346f0ec94f_story.html
- ★ Two-Spirit People of the First Nations:
<https://rainbowresourcecentre.org/files/16-08-Two-Spirit.pdf>

b. Books/Reports:

- ★ Native American and Indigenous Peoples:
<https://guides.loc.gov/lgbtq-studies/subject/native-american>
- ★ Indigenous Sexualities: Resisting Conquest and Translation:
<https://www.e-ir.info/2019/08/20/indigenous-sexualities-resisting-conquest-and-translation/>
- ★ A Spotlight on Two Spirit (Native LGBT) Communities:
https://www.ncai.org/policy-research-center/research-data/prc-publications/A_Spotlight_on_Native_LGBT.pdf

c. Organizations:

- ★ WeRNative:
<https://www.wernative.org/my-relationships/sexual-health/lgbt-two-spirit>
- ★ Indigenous Pride LA:
<https://indigenouspridelas.org/connecting-communities>

5. Being Disabled and Queer:

a. Articles:

- ★ Disability Justice is LGBT Justice: A Conversation with Movement Leaders:
<https://www.americanprogress.org/article/disability-justice-is-lgbt-justice-a-conversation-with-movement-leaders/>
- ★ Queer, disabled people like me are excluded from LGBTQ+ spaces – it is dividing our community:
<https://www.independent.co.uk/voices/coming-out-lgbt-gay-queer-disabled-disability-twice-sexuality-open-family-friends-a8212431.html>
- ★ Doing Disability Ally Work:
<http://eliclare.com/wp-content/uploads/2008/03/disability%20ally%20flyer%20062508.pdf>

b. Books/Reports:

- ★ Symptoms of Being Human by Jeff Garvin
- ★ Whip Stir and Serve by Caitlyn Frost and Henry Drake
- ★ The Prince and her Dreamer by Kayla Bashe
- ★ Navigating the Twists and Turns of Healthcare as a Trans Disabled Person:
<https://rootedinrights.org/navigating-the-twists-and-turns-of-healthcare-as-a-trans-disabled-person/>

c. Organizations:

- ★ Browntown Abbey:
<https://marlboroughproductions.org.uk/our-projects/brownton-abbey/>
- ★ Parapride: <https://parapride.org/>
- ★ Disabled, Queer, and Hear:
<https://www.consortium.lgbt/member-directory/lgbtq-disabled-queer-and-hear/>

6. Being Elderly and Queer:

a. Articles:

- ★ Generations of Mentorship: Conversations With L.G.B.T.Q. Elders:
<https://www.nytimes.com/2019/06/18/us/generations-of-mentorship-conversations-with-lgbtq-elders.html>
- ★ They lived a 'double life' for decades. Now, these gay elders are telling their stories:
<https://www.nbcnews.com/feature/nbc-out/they-lived-double-life-decades-now-these-gay-elders-are-n1255358>
- ★ The Politics of Caring for Our Queer Elders:
<https://www.advocate.com/commentary/2019/10/30/politics-caring-our-queer-elders>

b. Books/Reports:

- ★ The Stonewall Generation: LGBTQ Elders on Sex, Activism, and Aging by Jane Fleishman
- ★ Gay and Lesbian Elders: History, Law, and Identity Politics in the United States by Nancy J. Knauer
- ★ Queer Aging: The Gayby Boomers and a New Frontier for Gerontology by Jesus Ramirez-Valles

c. Organizations:

- ★ Service and Advocacy for LGBT Elders:
https://www.sageusa.org/what-we-do/?gclid=Cj0KCQiAip-PBhDVARIsAP2xc3Uu9-VpPLIhSfoB_lmO_1qSk0JpTltw6pX_A9_flb6ZVi0FxsAjuMEALw_wcB
- ★ Diverse Elders Coalition:
<https://www.diverseelders.org/who-we-are/diverse-elders/lgbt-elders/>
- ★ Older Lesbians Organizing for Change: <https://oloc.org/>

7. Class-based Intersectionality:

a. Articles:

- ★ Panel: How is the LGBT community impacted by classism?:
<https://www.outfrontmagazine.com/panel-how-is-the-lgbt-community-impacted-by-classism/>
- ★ Class Divisions in the Gay Community:
<http://pubs.socialistreviewindex.org.uk/isi78/morgan.htm>
- ★ Racism and Classism within LGBT Communities:
<https://eurweb.com/2019/09/04/racism-and-classism-within-lgbt-communities/>
- ★ Gay and Poor: The Intersection of Sexual Orientation and Socioeconomic Status:
<https://www.apa.org/pubs/highlights/spotlight/issue-32>

b. Books/Reports:

- ★ A Report on the Status of Gay, Lesbian, Bisexual and Transgender People in Education (Chapter Four):
<https://files.eric.ed.gov/fulltext/ED505970.pdf>
- ★ Poor Queer Studies: Class, Race, and the Field:
https://academicworks.cuny.edu/cgi/viewcontent.cgi?article=1173&context=si_pubs
- ★ THE (CLASS) STRUGGLE IS REAL(LY QUEER): A BILATERAL INTERVENTION INTO WORKING-CLASS STUDIES AND QUEER THEORY:
http://d-scholarship.pitt.edu/29339/1/Katherine%20Kidd%20Full%20Dissertation%20ETD_1.pdf

EDUCATIONAL VIDEOS/RESOURCES

- ★ Our Families: LGBT Asian and Pacific Islander Stories:
<https://www.youtube.com/watch?v=OJMqIEBf2IY>
- ★ LGBT WORKERS OF COLOR ARE AMONG THE MOST DISADVANTAGED IN THE U.S. WORKFORCE:
<https://www.lgbtmap.org/broken-bar-gain-lgbt-workers-of-color-release>
- ★ Nyle DiMarco & Chella Man Teach Us Queer Sign Language:
<https://www.youtube.com/watch?v=8HX0HGa-pok>

ORGANIZATIONS

- ★ Audre Lorde Project:
<https://alp.org/about>
- ★ Brown Boi Project:
<https://www.brownboiproject.org/misssion-and-values>
- ★ Immigration Equality:
<https://immigrationequality.org/>
- ★ LGBTQ Freedom Fund:
<https://www.lgbtqfund.org/>
- ★ META Center Inc:
<https://metacenterinc.org/>
- ★ Trans Justice Funding Project:
<https://www.transjusticefundingproject.org/>
- ★ Lambert House:
https://www.lamberthouse.org/giving/?gclid=Cj0KCQiAip-PBhDVARIsAPP2xc3t1jEVuNp_OkJqWAmmyeweEpxMJEpc7d40fAYzoXagVfv_mPOev0M_aAvveEALw_wcB

GOFUNDMES

- ★ Caden's Transition & Living Fund:
<https://www.gofundme.com/f/cadens-transition-living-fund?qid=5a8556bed3660f2c29a8234ee8cb2310>
- ★ Help young asian trans girl pay for her needs:
https://www.gofundme.com/f/help-young-asian-trans-girl-pay-for-her-needs?utm_campaign=pcp+share-sheets&utm_medium=copy link all&utm_source=customer

POSITIVE QUEER NEWS

- ★ In a win for trans veterans, VA adds gender identity to medical records:
<https://www.nbcnews.com/nbc-out/out-news/win-trans-veterans-va-adds-gender-identity-medical-records-rcna12270>
- ★ 'Difference makes our world interesting': The teachers helping make schools safe for LGBT children:
<https://metro.co.uk/2021/12/21/the-teachers-helping-make-schools-safe-for-lgbt-children-15796498/>
- ★ Chosen families help ease holiday stress for queer individuals:
<https://www.thepostathens.com/article/2022/01/chosen-family-holidays-winter-break-queer-experiences-lgbt-center>
- ★ 21 people who have come out in 2021:
<https://www.nbcnews.com/nbc-out/nbc-out-proud/national-coming-day-21-people-come-2021-rcna2839>