



Eat Local Month 2026

Promotional Toolkit

Copy + paste content to participate in and share Eat Local Month!

Help us celebrate by spreading the word about September Eat Local Month! In this toolkit you'll find links to logos, graphics, photos, and more to share on your social media accounts, newsletters, and anywhere else where you might connect with the local food community.

Blurbs for digital communications (social media, newsletters, etc.)

General Sample 1

September is officially Eat Local Month in Washington State! Get out and enjoy what's fresh and in season while connecting with the land, sea, and the incredible people that make the Pacific Northwest a place of abundance and amazing flavor! There are many ways to savor the bounty we are SO fortunate to be surrounded by.



Go on a farm tour!



Visit a farm stand!



Explore a new farmers market



Learn about our region's rich seafood offerings



Enjoy a meal from one of the many farm-to-table restaurants featuring local ingredients!

Learn more at <https://eatlocalfirst.org/eat-local-month/>

@eatlocalfirst #EatLocalFirst #EatLocalMonth #GetATasteofWA

General Sample 2

Happy Eat Local Month! September is the perfect time to savor the delicious fresh flavors of Washington when many fruits and veggies are at peak ripeness. This month, we are < tell your followers how you are celebrating local food! "This month we are hosting a farm-to-table dinner" or "featuring local seafood on our menu." >

<https://eatlocalfirst.org/eat-local-month/> @eatlocalfirst #EatLocalMonth

General Sample 3

🎉 It's official! Washington has declared September 2026 as Eat Local Month! 🌱🍴 Join us in celebrating our incredible local farmers, fishers, chefs, food artisans, farmers market managers, and food system partners who work tirelessly to bring fresh, sustainable food to our communities. Let's support and uplift those who keep our food systems thriving across the state! 🙌

How will you support local farms and food this month? Tell us in the comments!

#EatLocalMonth @eatlocalfirst

Restaurant/Food Service Sample – post a photo of a menu item that incorporates local ingredients, and shout out your local sources - and PLEASE SHOW OFF your window decal! ([here's an example from one of our participants](#))

Happy *Eat Local Month*! 🌱🍴 We're proud to celebrate by showcasing the best from our local farms and producers. Check out our special **<menu item name>** featuring fresh ingredients from **<tag your farmers, fishers, and purveyors>** 🐟🌾 We're grateful for their hard work in bringing sustainable, delicious food to your plate! Support local and taste the difference!

#EatLocalMonth #FarmToTable #GetATasteofWA @eatlocalfirst

Social Media

Be sure to use the handle **@eatlocalfirst** on **Facebook** and **Instagram**. Tag us in your posts so we can share, and please like, share, and comment on ours, too! Sharing is key to the local food message reaching far and wide!

Photo and Logo Assets

Use this link to access a variety of photos and assets you can use to promote Eat Local Month: <https://share.crowdriff.com/01KYB07PS41D89defbb4126297b38e>

Links

- Eat Local Month landing page: <https://eatlocalfirst.org/eat-local-month/>
- WA Food & Farm Finder: <https://eatlocalfirst.org/wa-food-farm-finder/>
- Get a Taste of Washington State landing page: <https://eatlocalfirst.org/farm-to-table-restaurants-washington/>

- Eat Local Month Official Proclamation: [WF-Attachment-4822356-Eat-Local-Month.pdf](#)

Social Media Examples

- Restaurant: https://www.instagram.com/p/C_iwY_MMioN/
- Community Food Bank Partner: https://www.instagram.com/p/C_itrPnvQ6_/
- Producer: https://www.instagram.com/p/DART3i5BfG7/?utm_source=ig_web_copy_link