

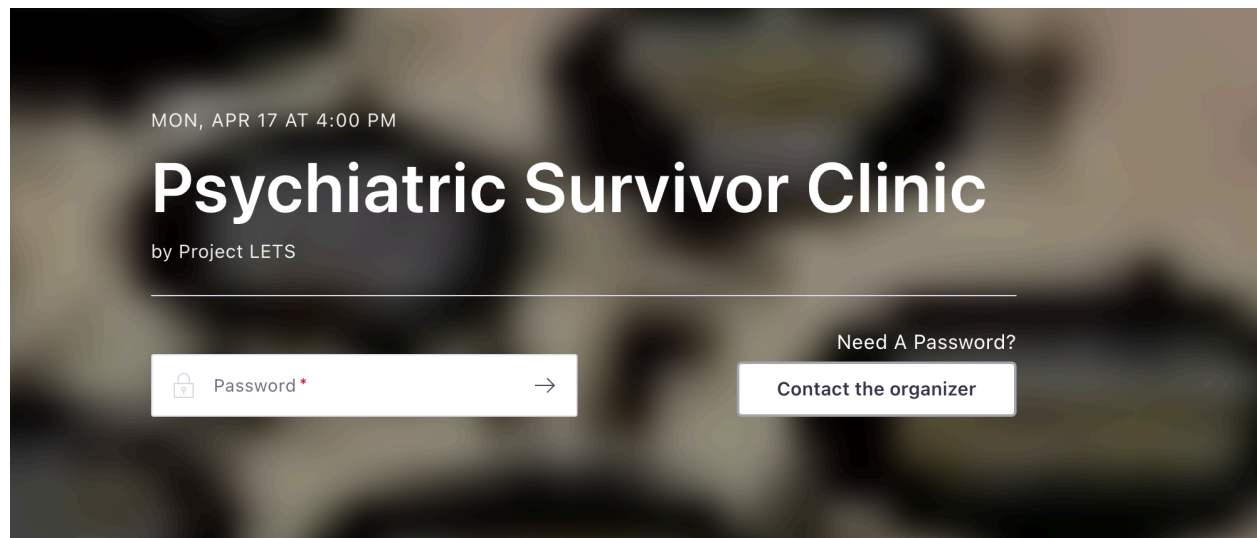
# PS Clinic: April 2023 Registration Instructions

**\*Please read fully before registering\***

## About the Psychiatric Survivor Clinic:

Project LETS is launching our first Psychiatric Survivor Clinic — open to anyone who has been harmed by psychiatry and psychiatric treatment. This space will offer opportunities for community care and peer support, strategizing and discussion, skill-sharing, and co-reflecting.

## Link to Register:



## Link to register:

<https://www.eventbrite.com/e/psychiatric-survivor-clinic-tickets-601387745937>

**\*\* PASSWORD:** psclinic

**Please do not share this link with other folks. This registration process is only open to people who submitted interest last year. There will not be enough space for everyone (we have 28 spots per cohort/14 spots per facilitator). We will have additional clinics in the future.**

Project LETS  
Updated April 1, 2023

### **There are 4 cohort options to choose from:**

*Please ignore the Eventbrite date, which says the clinic is only on Monday April 17th!*

#### **Monday's (4-6 PM EST / 1-3 PM PST)**

*April 17th, April 24th, May 8, May 15th, May 29th, June 5th*

#### **Tuesday's (5-7 PM EST / 2-4 PM PST)**

*April 18th, April 25th, May 9th, May 16th, May 30th, June 6th*

#### **Friday's (6-8 PM EST / 3-5 PM PST)**

*April 21st, April 28th, May 12th, May 19th, June 2nd, June 9th*

#### **Saturday's (12-2 PM EST / 9-11 AM PST)**

*April 22nd, April 29th, May 13th, May 20th, June 3rd, June 10th*

***\*No sessions the week of May 1st or May 22nd\****

### **How to Register:**

- **Determine which cohort you would like to be a part of** based on your availability and your facilitator preference (*more information below*).
- When you select your tickets, you will **choose your cohort section and your facilitator preference**.
- There is a **limited number of spaces** per cohort and per facilitator.
- Share any **access needs** you have.

### **Selecting your facilitator:**

During the clinic, you will be able to breakout into smaller groups (loosely led by one of our facilitators). At this time, these are **not** closed identity based groups (*for example: you do not need to be a specific race, gender, or ethnicity to attend any group*).

**However, we ask you to select a group and facilitator that most closely aligns with your interests, experiences, and/or identities:**

- **CHANIKA:** AAPI psych survivors, artists and creators
- **MEL:** Psychiatric Medication Information, Disability Justice, International Mad Movements, Crisis Support, Complex Trauma

- **JENNY:** LGBTQ+ folks; survivors of gender-based violence, chronic suicidality, complex trauma
- **TASHA:** Black psych survivors, spiritual crises, autistic/ND psych survivors, multiple survivors (sexual trauma+psych), queer psych survivors, femme psych survivors

### Here is our facilitator's schedule:

- **Monday Cohort:** Jenny and Mel
- **Tuesday Cohort:** Chanika and Tasha
- **Friday Cohort:** Mel and Tasha
- **Saturday Cohort:** Jenny

Please keep in mind that our facilitators are all Mad, Disabled, and neurodivergent psychiatric survivors. **There may be days where your facilitator is not available.** In that case:

- We will attempt to cover the space with another facilitator
- You can attend another session that week with your facilitator
- We may reschedule depending on the section's preferences.

**Additional questions or access needs?** E-mail [support@projectlets.org](mailto:support@projectlets.org)