

Ingredients

- 1 lb. ground turkey
- 1/2 cup crumbled feta cheese
- 1/4 cup sun-dried tomatoes, diced
- 5 oz. frozen spinach, defrosted and squeezed dry and roughly chopped
- 1 tsp. garlic powder
- large pinch of Kosher salt
- fresh cracked pepper

Directions

1. Combine turkey, feta, sun dried tomato, spinach and seasonings in a mixing bowl.
2. Form into 4-5 burger patties set aside (or freeze if making in advance).
3. Pre-heat grill, grill pan or broiler. Cook for 3-4 minutes per side or until golden brown and cooked through.

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