



June 2024

Dear Parents and Student Athletes,

My name is Amanda Bocca and I would like to take this opportunity to introduce myself as the Varsity Girls Swimming and Diving Assistant Coach for the 2024-2025 season. In partnership with Port Washington School District's Swimming and Diving team, alongside Coach Lennon and Coach Zizic, we look forward to a great season.

Regarding tryouts, all students must have completed the following:

1. Registration through **[**Arbiter Sports \(Family ID\) ***](#)**, which is accessible through the **RHS Athletic Department Website**.
2. A current [physical exam](#) on file via the nurse's office. You can upload your child's physical exam form directly to your FamilyID account or send it to the school nurse.
3. Valid ImPACT concussion test.
4. A completed [self-medication form](#), if applicable.

Our season will start on Monday, August 26, 2024. The schedule is as follows:

Date	Time	Location	Tryout/Practice
Monday, August 26th	8:00AM-10:00AM	Port Washington Yacht Club	Tryout
Tuesday, August 27th	8:00AM-10:00AM	Port Washington Yacht Club	Tryout
Wednesday, August 28th	8:00AM-10:00AM	Port Washington Yacht Club	Tryout
Thursday, August 29th	8:00AM-10:00AM	Port Washington Yacht Club	Practice
Friday, August 30th	8:00AM-10:00AM	Port Washington Yacht Club	Practice
Saturday, August 31st	8:00AM-10:00AM	Port Washington Yacht Club	Practice
Sunday, September 1st	No Practice		
Monday, September 2nd	8:00AM-10:00AM	Port Washington Yacht Club	Practice

Please join **SportsYou** for all important updates and scheduling changes with access code:
3M6ZHCJF

UPDATED - MEETING DATE AND TIME

Monday, August 19th
5:00PM

To join the video meeting, click this link: <https://meet.google.com/dpf-eyyi-upg>
Otherwise, to join by phone, dial +1 929-277-6384 and enter this PIN: 899 639 335#
To view more phone numbers, click this link: <https://tel.meet/dpf-eyyi-upg?hs=5>

Please note, transportation is not provided for the above schedule. For questions or concerns, please reach out to the Roslyn Athletic Office, or Ms. Bocca at abocca@roslynschools.org.

We look forward to seeing you at tryouts!

Girls Swimming and Diving Coaching Staff

Coach Lennon, Assistant Coach Zizic, and Assistant Coach Bocca
abocca@roslynschools.org