

SHOREGALS



SHOREGAL GAMEDAY

Our 34th Season



Game 7 vs. Elyria

Wednesday September 9, 2026

Varsity 7:00 p.m.

ALHS Memorial Stadium

Records:

2025 – Elyria 7-10-0

2026 – 3-2-0

2025 - Avon Lake 6-9-5 (District Finalist)

2026 – 1-3-1 JV 1-3-0

Last Game/Next Game:

Elyria – 12-0 win over Lorain

Next game – 9/12 vs. Westlake

Avon Lake – 0-0 draw with Revere

Next game – 9/12 at Bay

Players to Watch:



For Elyria –

#1 Ehlaia Simmons - she is a senior forward/midfielder and had 15 goals and 9 assists last season and has 3 goals with 2 assists already this season.

#9 Elaina Martinez - she is a sophomore forward who had 16 goals and 5 assists last year and has 7 goals and 1 assist so far this year.

#8 Olga Adams - she is a junior midfielder who had 2 goals with 1 assist last year and has 2 goals with 2 assists this season.

#10 Amy Heflin - she is a sophomore midfielder/defender who had 7 goals and 5 assists last year.

#11 Piper Scheithauer – she is a junior defender/midfielder and functions as a sweeper on defense roving around the backline cutting off goal scoring opportunities.

Their GKs this year are **Kaylah Konst** who is a sophomore and **Geylian Del Valle Merced** who is a junior. They are splitting halves in the goal so far and both are in their first year as starters.

Game Preview:

This is a program that has struggled for a long time now both with their results on the field and in numbers of players. They have yet another new coach this year in **Hannah McCray** and that is probably a good thing for this program. She is a former Elyria player and has been assistant coaching the last few years so she brings some continuity and cares about the program and it shows on the field as they will come into this game with a winning record. Their formation looks to be a 4-4-2 with basically a flat four across the back. Up front they have **#9 Elaina Martinez** who is their leading scorer and **#1 Ehlaia Simmons** who is a senior and has become a pretty good player. They will move Simmons into a center midfield spot also and the ball will be at her feet a lot. This should be a very spirited SWC game!

All Time Series:

We have never lost to Elyria in a series that dates back to 1995 and stands at 16-0-0 in favor of the Shoregals.

Coaching Staffs:

Elyria – Head Coach **Hannah McCray** is in her 1st year. Asst.Coach – **Maritza Torres** – 1st year

Avon Lake – Co-Head Coach **Doug Buczak** – 3rd year; Co-Head Coach – **Dino Sansotta** – 7th year, Assistant Coaches - **Emma Kovach-Urig** – 3rd year, **Brad Urig** – 1st year

A Look Back at the 2025 Game vs. Elyria:

On a night when the Shoregals were facing Pioneers, it was Avon Lake who rode a wagon train to the Elyria goal in a 5-1 win. The 'Gals rifled 29 shots at the Pioneers with 20 on goal to produce their 5 tallies. It might have been higher if not for some outstanding saves by Elyria GK Jayden Daberkow.

In the first half, AL got on the board quickly just 3 minutes in when **Camryn Koski** sent a corner kick perfectly to the far post where **Kate Murray** was waiting to head it right in for 1-0 lead. Elyria would level the score 9 mins later when **#9 Elaina Martinez** would send a nicely placed cross into the box which **#1 Ehlaia Simmons** would head into goal. The Shoregals would regain the lead when **Sophia Lewis** gathered in a loose ball in the Elyria end and one touched it over to **Cam Koski** who sent a diagonal pass to a charging **Kate Murray** for the eventual game winner and a 2-1 lead.

The story of this half and really the entire game was offsides calls against Avon Lake. Most likely a school record 12 offsides were whistled against the Shoregals some of which **HC Doug Buczak** politely took exception with 😊. When the 'Gals managed to stay onside, they continued to pepper the Elyria goal with shots. Elyria had another good chance with 12 mins to go when another crossing pass found #1 Simmons in the box, but AL GK **Catherine Fazio** made a diving stop to thwart that attempt. With just under 10 mins to go in the half, **Koski** sent a pass forward to **Kate Murray** who eluded a couple of Elyria defenders to send a pass over to **Callie Lengel** who sent a high blast into the net for her first Varsity goal!!! 😊😊😊 This would give the Maroon & Gold a 3-1 advantage that they would carry into halftime.

In the second half, the shot barrage would continue along with more offsides whistles. Once again, just 3 mins into the half, AL would find the back of the net. This time **Cam Koski**, who would have 7 shots on goal in the match, took a pass from **Kate Murray** and then did a spin move to unleash a rocket into the upper left side of the net to move the AL lead to 4-1. The scoring in this contest would be closed out when **Cam Koski** sent a long pass forward to **Kaitlyn Warner** who knocked it into the left side of the net to give AL the final margin of victory at 5-1.

In JV action, the Shoregals got a 5-0 win. But, the good news in this match was that Elyria was able to field a JV team. It has been many years since they have had a JV squad. Granted, it was a 9v9 game, but still their numbers are up and that bodes well for the future of their program which makes the SWC that much better. **Madison Ford** had quite a night for herself as she scored 4 goals in the match. **Ellie Gorsuch** would chip in with another goal and **Emma Schroeder** was credited with two assists. **Ella Luczak** was in goal and recorded her 5th shutout of the year. The JV record now moves to 5-1-1 on the season.

Did you know???

For Elyria – that founded in 1830, Elyria High is notable for being the first chartered high school west of the Allegheny Mountains. That famous alumni include **Vic Janowicz** – 1950 Heisman Trophy winner from Ohio State, **Tianna Madison Bartoletta** – 2016 Olympic Gold Medalist in the Long Jump & 4 X 100 meter relay. That the Elyria high school stadium underwent a huge refurbishment program in 2018 that included putting in new turf. A football game vs. Avon Lake was the first event in the new stadium and an Avon Lake girls soccer game was the second event. That Elyria High School athletic teams have joined the SWC starting in the 2021-2022 school year. Nickname: Pioneers and their mascot is known as Petey the Pioneer.

For Avon Lake – that we are the 16th largest school in Div. III for the current season with about 475 girls. In comparison, Elyria is another mammoth high school with approx. 930 girls - almost double the size of Avon Lake and is in Div.I.

Shoregal Spotlight:

In our next two spotlights, we are going to highlight our two legacy players on the Varsity this season and their mothers....

This time we would like to recognize the Mother/Daughter combo of **Theresa Lengel** and **Callie Lengel**.

Callie is a sophomore midfielder for the Shoregals. She is in her second year on the Varsity. She was named All Lorain County Honorable Mention last season.

Her mother – **Theresa Lengel** – who may be better known as the Principal at Troy Intermediate school was quite a soccer player herself. In her high school and college days she was known by her maiden name – **Theresa Roach** and played at powerhouse Strongsville High School from 1992-1995. As a point of reference, our Shoregal soccer program was started in 1993. While at Strongsville, she played all four years on the Varsity and tallied 52 goals and 28 assists in her career. Theresa still holds the Strongsville record for most goals in a single game with 5. She was named to multiple years of All-Conference and All-Greater Cleveland teams and was awarded All-Ohio First team status her senior year.

After high school, she headed off to Mercyhurst University on scholarship where she was named Great Lakes Intercollegiate Athletic Conference (GLIAC) Freshman of the Year in 1996, the conference Player of the Year in 1997 and was a four time first team All-Conference member. In addition, she was named Female Athlete of the Year for 1999-2000. During her four years from 1996-1999, Mercyhurst went 52-21-2 and Theresa is still one of the greatest offensive players in their program history all culminating in her election to the Mercyhurst Athletic Hall of Fame in 2006.

Also, as many of you know, Callie has a sister Olivia who also was a three year letterwinner for the Shoregals and was a key part of two SWC championship teams. She now is playing at Division I Northern Kentucky Univ. and is a starter on defense.

The Lengels are quite a soccer family and we are blessed to have them in Avon Lake!!!

Next time we will meet a Shoregal multi-sport athlete back in her day and her freshman daughter.....

Theresa (Roach) Lengel at Mercyhurst....



Callie Lengel in action.....



Olivia Lengel in action for Northern Kentucky.....



