



SWIMMING CHAMPIONSHIPS

ST PETERS SCHOOL, CAMBRIDGE

THURSDAY 28th MARCH 2024 9.30am – 2.00 pm

9.00 am - Time Keepers meeting, swimmers can warm up

RACE PROGRAMME

(25 metre pool)

Race Order Year 7 Girls Year 7 Boys Year 8 Girls Year 8 Boys

Individual Events

50m Backstroke

100m Breaststroke

50m Butterfly

100m Freestyle

50m Breaststroke

100m Individual Medley (Fly, Back, Breast, Free)

50m Freestyle

100m Backstroke

Relay Events:

4 x 25m Freestyle relay Year 7 Year 8

4 x 25m Medley relay Year 7 Year 8

INDIVIDUAL EVENTS

Two entrants per school per individual event

Competitors may enter up to 5 year group individual races. The relay is not counted as an individual event.

All heats will be timed and quickest times win – no finals.

RELAYS

Only one team per school in each relay - one Year 7 team and one Year 8 team

Relay teams can be made up of any gender mix.

They must be from the year group with the exception that Y7 children can swim up in the Y8 team if you don't have enough Y8 children – but children cannot swim in both the Y7 and Y8 team.

EVENT RULES

Championship Awards

Year 7 Boys

Year 7 Girls

Year 8 Boys

Year 8 Girls

Champion Schools: Under 100 pupils 100 – 300 pupils Over 300 pupils

Any enquiries:

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Swimming rules

Please refer to the rules on the website – these are up to date from the FINA website.