

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ☒ /X	1 ▾	Find 3 Prospects
2. ☒ /X	1 ▾	Reach out to 1-2 prospects with high quality value
3. ☒ /X	1 ▾	Watch morning power up call
4. ☒ /X	1 ▾	Send follow up emails
5. ☒ /X	1 ▾	Review student and professional copy
6. ☒ /X	1 ▾	stretch
7. ☒ /X	1 ▾	chess
8. ☒ /X	1 ▾	
9. ☒ /X	2 ▾	
10. ☒ /X	2 ▾	
11. ☒ /X	2 ▾	
12. ☒ /X	2 ▾	
13. ☒ /X	2 ▾	
14. ☒ /X	3 ▾	
15. ☒ /X	3 ▾	
16. ☒ /X	3 ▾	
17. ☒ /X	3 ▾	

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
18. ✓/✗	3 ▾	
19. ✓/✗	3 ▾	
20. ✓/✗	3 ▾	

Day Number: 3

Date: 3/16/23

Start Of The Day - Time: 5 am

	 3 Things That I Am Excited To Have In The Future? 
1.	Deciding which supercar to take out
2.	Family being proud of me
3.	Proving there is a way to work outside the standard

 **Hour-By-Hour**

Tracking: 

[Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?

 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?
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My War Mode Words:

- 1. I Am Acting With No Limits To My Abilities!***
- 2. I Am Being All That I Can Be, Every Hour And Every Day!***
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!***
- 4. I Am Being Enthusiastic About Completing Each Task!***
- 5. I Am The Best Copywriter In The World!***

(Delete Any Boxes Below That Are Before The Time That You Start Your Day In Your Own Copy)

\$ 5 am: Task \$	Wake up, shower, eat
 Intention 	Get ready for day
 Reflection 	Woke up at dead 5, got up way faster than normal even tho I went to bed at like 11.

\$ 6 am: Task \$	Gym
 Intention 	Get huge
 Reflection 	Sucessfully got huge.

\$ 7 am: Task \$	Gym + boxing
🔔 Intention 🔔	Get dangerous
✍️ Reflection ✍️	Finished weights, only did like 5 min of boxing. I do much better boxing later in the day.

\$ 8 am: Task \$	Start school
🔔 Intention 🔔	Be nice to people, network
✍️ Reflection ✍️	School started: built better relationship with; Ms.Mattew

\$ 2 pm: Task \$	Leave school, eat while watching power up
🔔 Intention 🔔	Mentally hype self for rest of day
✍️ Reflection ✍️	food take a long time to eat, watching power up now, 1 prospect

\$ 3 pm: Task \$	Find 3 prospects
🔔 Intention 🔔	Prep for scaling outreach
✍️ Reflection ✍️	Found 3 prospects

\$ 4 pm: Task \$	Follow up emails/ review professional copy emails; box
🔔 Intention 🔔	Increase open/reply rates, learn from the best
✍️ Reflection ✍️	Sent follow up emails, did some good boxing drills, reviewed 2 emails

\$ 5 pm: Task \$	Send at least 1 outreach with value; go for drive/walk
🔔 Intention 🔔	Wow my prospect
✍️ Reflection ✍️	Finished outreach early, went for a nice drive to think

\$ 6 pm: Task \$	Finish outreach, stretch, right tomorrow's plan, review student copy
🔔 Intention 🔔	Improve well being and marketing IQ
✍️ Reflection ✍️	Did some boxing instead of stretching, running a little late but have plenty of time; may send another outreach. Wrote tmr plan

\$ 7 pm: Task \$	Dinner, Finish unfinished reflections, dinner. If time, start 8pm
🔔 Intention 🔔	Eat, wrap up
✍️ Reflection ✍️	Ate dinner, finished reflections. Reviewed student copy Starting 8pm

\$ 8 pm: Task \$	Get ready for bed, write reflection, post today's report and tomorrow's plan, put
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	tomorrow's day link in weekly report
 Intention 	Finish day, sleep, accountability
 Reflection 	Forgot I had homework so we are staying up late. All else is good



End-Of-The-Day Report:



 What Did I Learn Today? 
Boxing tips, review copy for inspiration not just to learn from others mistakes, remember my physics conversion sheet

 What Do I Plan To Do Differently Tomorrow? 
Set aside time for homework If I get any

 What Do I Plan To Do The Same Tomorrow? 
Go on a drive/walk (walk is more time efficient)

 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 
Friends/parents

 What Tasks Were Left Undone? 

Brain Dump:

I hate school fr. I don't want to get a secure middle class job. I want more. I will risk my safe middle class life for an amazing wealthy one.