Caramel Apple Upside Down Cake

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Ingredients

For the Caramel and Apples:

- 4 tablespoons unsalted butter, plus more for the pan
- 3 cups sugar
- 5 tablespoons light corn syrup
- 1 cup heavy cream
- 4 large Golden Delicious apples (1 3/4 to 2 pounds)

For the Batter:

- 3 cups all-purpose flour
- 2 teaspoons baking powder
- 1/2 teaspoon baking soda
- 1 teaspoon salt
- 1/2 teaspoon ground cinnamon
- 1/2 cup sour cream
- 1/3 cup fresh orange juice
- 1 tablespoon vanilla extract
- 1 stick unsalted butter, softened
- 1 1/2 cups sugar
- 3 large eggs

Directions

- 1. Butter a 9-by-3-inch round cake pan.
- 2. Make the caramel: Cook the sugar and corn syrup in a large skillet over medium-high heat, stirring occasionally, until the sugar is dissolved and the mixture is dark amber, 7 to 10 minutes.
- 3. Reduce the heat to medium. Carefully add the cream and 4 tablespoons butter (it will splatter) and cook, stirring, until combined, about 3 minutes.
- 4. Remove the skillet from the heat and let sit 1 minute. Pour 1 1/2 cups caramel into a glass measuring cup and set aside.
- 5. Pour the remaining caramel into the prepared pan and set aside until set, about 30 minutes.
- 6. Cut 3 apples into quarters and cut out the cores with a paring knife. (*I also peeled the apples*)
- 7. Arrange the pieces skin-side down in the pan (overlapping them slightly) to

- form a ring about 1/2 inch from the edge. Save any pieces that do not fit for later.
- 8. Halve the remaining whole apple crosswise. Scoop out the seeds with a melon baller or measuring spoon, leaving the stem on the top half. Chop the bottom and any of the leftover quartered apples into pieces; set aside.
- 9. Arrange the apple top, stem-side down, in the center of the pan. If the quartered apples shift, just push them back into place.
- 10. Preheat the oven to 350 degrees F.
- 11. Make the batter: Whisk the flour, baking powder, baking soda, salt and cinnamon in a medium bowl.
- 12. In a small bowl, whisk the sour cream, orange juice and vanilla.
- 13. Using a stand mixer with the paddle attachment, beat the butter and sugar on medium-high speed until light and fluffy, about 5 minutes.
- 14. Crack the eggs into a small bowl. Slip them into the mixer bowl, one at a time, and beat until the mixture is pale and creamy, about 5 more minutes. Scrape down the bowl and beater with a rubber spatula.
- 15. With the mixer on low speed, add half of the sour cream mixture, then half of the flour mixture. Repeat.
- 16. Turn off the mixer and scrape down the bowl with a rubber spatula; finish combining the batter by hand.
- 17. Spread the batter over the apples in the pan. Top with the chopped apple. (I added the chopped apples to the batter)
- 18. Bake on the middle oven rack until the cake is brown on top and springs back when pressed, 1 hour to 1 hour 20 minutes (don't worry if the top is dark).
- 19. Cool in the pan on a rack.
- 20. Bring 1 inch of water to a simmer in a skillet wide enough to hold the cake pan. Carefully run a sharp knife around the inside of the pan several times, then rest the pan in the water to soften the caramel, about 8 minutes. Remove the pan from the water and dry. (I skipped this step and inverted the cake immediately while it was still hot from the oven)
- 21. Invert a plate on top of the cake, then flip over the cake and plate. Using pot holders or a towel, wriggle the pan off.
- 22. Soften the reserved 1 1/2 cups caramel in the microwave, about 2 minutes. Drizzle the cake with some of the caramel. Slice and serve with the rest.
- 23. Enjoy!