

Title: Professional Teeth Whitening Candidacy | Do You Qualify?

Meta: Wondering if you qualify for professional teeth whitening? Visit Dr. Dadon-Harris to see if you're an ideal candidate for professional teeth whitening!

Professional Teeth Whitening Candidacy in Henderson, NV

Who Qualifies for Professional Teeth Whitening?

At Green Valley Dental Center, our [dentist in Henderson, NV](#) knows a bright, white smile can help boost your confidence and enhance your appearance. However, not everyone is suitable for [professional teeth whitening](#).

Your dentist will perform a comprehensive examination and evaluation to determine if you qualify for professional teeth whitening. From there, your dentist will determine which teeth whitening treatment is right for you. Call **(702) 896-8933** to learn more and schedule a consultation with Dr. Dadon-Harris.

Candidacy Factors for Teeth Whitening Treatments

Health Requirements

Before undergoing any dental procedure, including professional teeth whitening, ensure you're in good oral health. You won't qualify if you have **underlying dental problems** such as gum disease, cavities, or exposed tooth roots. These issues can cause tooth sensitivity and pain during and after whitening. Your dentist will examine your teeth and gums before recommending professional teeth whitening.

Age Restrictions

Professional teeth whitening is generally recommended for individuals **18 years and older**. This is because the enamel on the teeth of children and teenagers is still developing and can be more sensitive to the whitening agents used during the procedure. Additionally, professional teeth whitening isn't suitable for baby teeth.

If your child has discoloration, it indicates a more severe issue. Rather than covering up the problem, we recommend parents take their children to the dentist to discover and treat the root cause.

Pregnancy

We don't recommend this treatment if you're **pregnant or breastfeeding**. Pregnancy causes oral health changes to the point that receiving the treatment seems impractical or complicates the process. Although there's no evidence that professional teeth whitening is harmful during pregnancy, it's best to be cautious and wait until after giving birth or finishing breastfeeding.

Extensive Dental Work

If you have **dental restorations** such as veneers, crowns, or bridges, you may not be a suitable candidate for professional teeth whitening. The whitening agents used in the procedure won't whiten dental restorations. This is because dental restorations are immune to stainings. If you have these restorations, your dentist will recommend other options to improve the appearance of your smile.

If you're planning to receive dental restorations, we recommend you whiten your teeth so your dentist can match the color of your restoration.

Other Considerations

- **Tooth Sensitivity:** If you have sensitive teeth, professional teeth whitening may not be suitable for you. The whitening agents used in the procedure can cause sensitivity and pain in individuals with sensitive teeth.
- **Severe Health Problems:** If you have severe health problems such as oral cancer or gum disease, professional teeth whitening may not be recommended. It's essential to discuss any underlying health conditions with your dentist before undergoing any dental procedure.

Frequently Asked Questions

Is professional whitening permanent for teeth with root canals?

Teeth that have undergone root canals can be whitened, but the results may not be as long-lasting. The lack of a living nerve pulp means teeth with root canals can discolor faster.

Can I get my teeth whitened if I have gum disease?

No, if you currently have gum diseases like gingivitis or periodontitis, professional teeth whitening isn't recommended until the gum disease is treated. The whitening agents can further irritate inflamed gums.

What if I have amalgam or metal fillings, can I receive professional teeth whitening?

You can still qualify for professional whitening if you have amalgam or metal fillings. However, be aware that these fillings will not change color to match your newly whitened teeth.

Green Valley Dental Center Can Give You a Shining Smile

Call our Henderson, NV, office today at **(702) 896-8933** to schedule your consultation with Dr. Dadon-Harris.

Green Valley Dental Center welcomes patients from surrounding areas such as Boulder City, Paradise, and Las Vegas. We eagerly anticipate helping you achieve your dream smile!