

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Milk and dairy: yes	Milk and dairy: yes	Milk and dairy: yes	Milk and dairy: yes	Milk and dairy: yes	Milk and dairy: yes	Milk and dairy: yes
Cereals: yes	Cereals: yes	Cereals: yes	Cereals: yes	Cereals: yes	Cereals: yes	Cereals: yes
Meat, fish and eggs: yes	Meat, fish and eggs: yes	Meat, fish and eggs: yes	Meat, fish and eggs: yes	Meat, fish and eggs: yes	Meat, fish and eggs: yes	Meat, fish and eggs: yes
Fats: no	Fats: yes	Fats: yes	Fats: yes	Fats: yes	Fats: yes	Fats: yes
Sweets: no	Sweets: no	Sweets: no	Sweets: no	Sweets: no	Sweets: no	Sweets: yes
Fruits and vegetables: no	Fruits and vegetables: yes	Fruits and vegetables: no	Fruits and vegetables: no	Fruits and vegetables: yes	Fruits and vegetables: yes	Fruits and vegetables: yes

Ramón me puedes decir si está bien la tarea, y si tengo que subir la primera parte de la tarea también al blog.