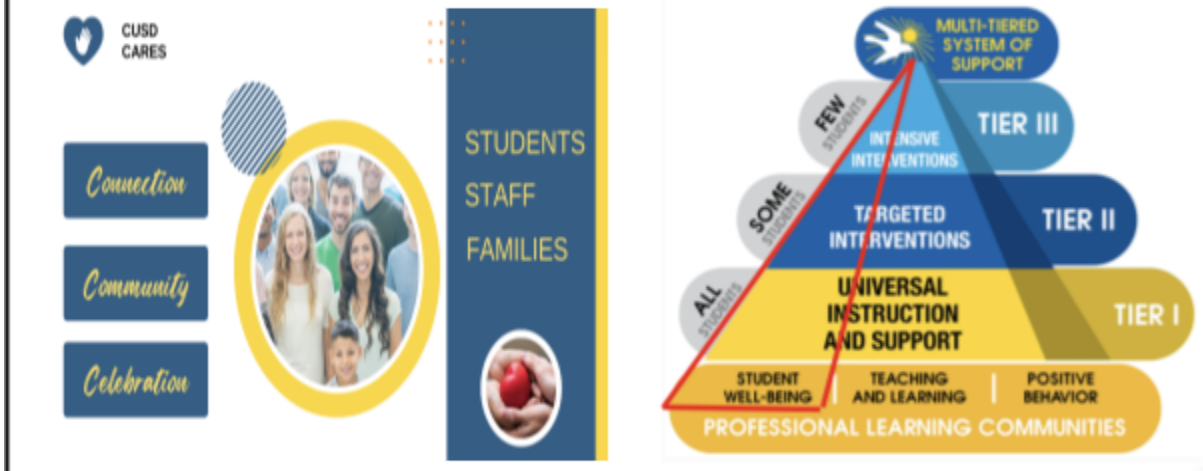
CUSD CARES (San Juan Hills HS)

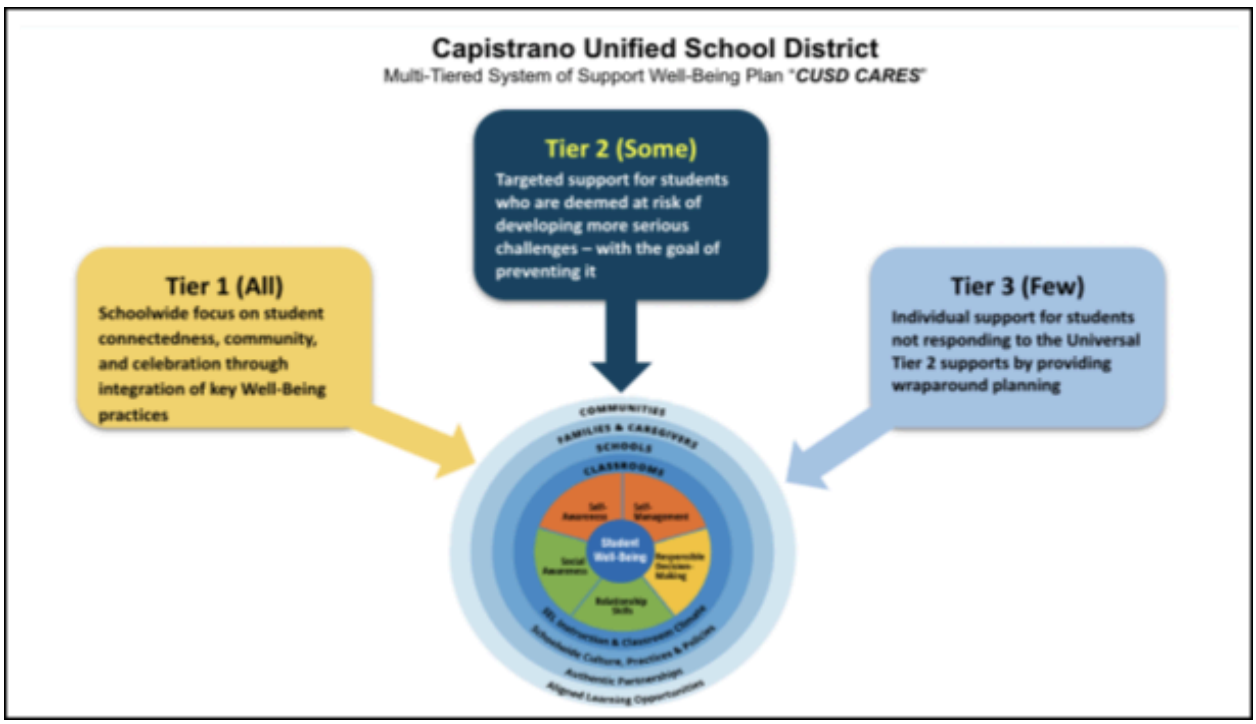
Multi-tiered System of Support (MTSS): Well-Being

Purpose

Goal: Effectively support all students' and staff's well-being and have a positive impact on student outcomes by intentionally developing "***connections***, *a sense of* ***community***, *and regular opportunities for* ***celebration***"

- ***Connection:*** *Creating a school environment where students feel connected to their peers and the adults on campus through meaningful, daily interactions*
- ***Community:*** *Establishing an inclusive school community by developing a sense of safety and belonging for students, staff, and parents, through events, programs, and organizations*
- ***Celebration:*** *Highlighting the uniqueness of students and staff through moments that acknowledge their contributions and achievements*





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Multi-tiered System of Support (MTSS): Well-Being

Tier 1 - Universal (All Students): *Schoolwide focus on student connectedness, community, and celebration through integration of key "Well-Being" practices:*

- **High School intramural sports and activities during school day**
    - Intramural sports & activities via ASB such as Spirit Weeks, pep rallies, dodgeball, E-sports, pingpong, etc.
- **Staff training (WPC and Orange County Department of Education)**
- **Kindness Week, Mental Health Week, Unity Week, Multicultural Week & Fair**
- **"You Belong Here" attendance campaign**
- Increased opportunities for middle and high school students to take CCA courses that align with their interests
- Five Star system for encouraging student participation in activities (Secondary)
- Counselor support through Second Step and Cultural Proficiency Lessons
- Positive Behavior Support Tier 1 Strategies and Interventions
- School examples:
    - *Collective Commitments*
    - *BRAND of Instruction*
    - *Intentional welcome for all new students and staff*
        - *New Hire Orientation*
    - *Staff and students participate in spirit activities and other school events*
    - *PBIS, academic, and extracurricular student recognitions*
        - *Student of the Month, Spirit of the Stallion, Golden Horseshoe Award, PBIS Back-to-School Videos (RFTB 101) & Talking Points,*

Tier 2 - Targeted (Some Students): *Targeted support for students who are at risk of developing more significant challenges*

- **Wellness Rooms**
- **Staff Mentor**
- Targeted group counseling (Counselors & Intervention Specialists)
- Targeted tutoring referral to math support class
- Referral to counselor
- SST meetings
- Restorative Practices
- Wellness and Prevention Center counseling 5 days a week
- PRYDE Counseling 4 days a week
- Positive Behavior Support Tier 2 strategies and interventions

Tier 3 - Intensive: *Individual and intentional support for students not responding to the Tier 2 supports by providing comprehensive planning and services*

- **Individual 1:1 Counseling**
- **District Support Team (counselors, psychologists, High School Family Lead Administrators, and District Staff)**
- County and outside mental health referral (with parent consent)
- Partnership with family, health provider, and school site team
- Possible assessment for specialized learning
- Home Visits
- SJHHS School examples:
    - *Frequent, calendared Individual meetings with mentor, counselor, or administrator*
    - *Home visits*
    - *Individual discussions (Counselor)*
    - *Student-Family-Site-District collaboration*