

# USE OF CHANGING ROOMS AND SHOWERING FACILITIES BRIEFING AND POLICY

Rothbury Lawn Tennis Club strives to ensure that all children are safeguarded from abuse and have an enjoyable tennis experience.

This document sets out the Rothbury Lawn Tennis Club policy for the acceptable use of our changing rooms.

1. Groups of children will not have sole use of changing rooms as these facilities are shared by other clubs within Rothbury Recreation Club. We therefore advise all children and vulnerable adults to come already changed into suitable clothing for tennis and to go home afterwards to change/shower etc.
2. If adults and children need to share our changing rooms, they will do so at different times.
3. Under no circumstances will adult staff, coaches or volunteers change or shower at the same time as children using the changing rooms.
4. Mixed gender groups of children will have access to separate changing rooms, or use the same changing room but at different times.
5. If we are made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth, we will work with them and their parents/carers (where it relates to a child) to make reasonable adjustments to changing arrangements to suit their needs.
6. Mobile phones and other electronic devices must not be used in changing rooms.
7. For children, a DBS checked member of staff or volunteer, or a person with parental/caring responsibility, will wait outside the changing rooms to allow them to call for assistance, if required.
8. Where no changing facilities are available, children, parents and travelling teams/players will be made aware prior to the game and advised to make alternative arrangements and to take appropriate additional clothing, e.g. tracksuits etc.

Agreed by the Committee: 16 October 2025

Review date: 16 October 2027