

Community Resources

Michigan COVID Counseling

'Be Kind to Your Mind' says you can talk about the strain from COVID with trained counselors who are available for free if you call 888-535-6136 and press 8, or visit Michigan.gov/StayWell."

Oakland County Youth Mobile Crisis Team

877-800-1650

Hours: 7 days a week, 2 P.M. - 10 P.M., including holidays

The Mobile Crisis Team travels throughout Oakland County to meet children, youth, or young adults where they are in the community when they are experiencing a crisis. This service is for individuals between the ages of 0 to 21 who need support during a mental health crisis. The mobile team, provided by New Oakland Family Centers, helps individuals when experiencing situations such as social isolation, loss of coping skills, suicidal thoughts, self-harm, aggression, dangerous or impulsive decision-making, or property destruction. As a Medicaid-funded service, individuals must have Medicaid or be presumed Medicaid eligible, and be located within Oakland County.

Easter Seals

For current individuals accessing Easter Seals services, Easterseals is offering telehealth. This process can be completed through a smartphone, tablet or computer. For those individuals that do not have access to the Internet, Easterseals is offering telephonic services. This will be done on a case-by-case basis. People can call 248-475-6300 to get set up for an appointment.

For new/potential clients, call Easterseals office at 248-475-2150 to get scheduled for an intake. Easterseals will offer intake using telehealth and will continue to provide services using a telehealth platform. For those individuals that are utilizing their psychiatrist/doctors, they are using telehealth as well. People can call 248-475-6300 to get an appointment.

[NAMI](#)

24-hour Mental Health Hotline, text NAMI to 741741, or visit their website

New Oakland Family Centers

During the current response to the COVID-19 virus in Michigan, New Oakland Family Centers remain **OPEN** for **FACE to FACE** (PHP) program and outpatient services. **Telephone and televideo psychiatric and therapy services have been expanded significantly.** Key safety precautions have been reinforced to ensure services are provided within the requirements, recommendations and guidelines of state and local public health authorities. Transportation services will continue on normal schedules.

	The Clarkston office number is (248) 620-6400.
Common Ground	call or text 1-800-231-1127, online chat @ https://commongroundhelps.org/ Sliding scale mental health services. They even offer a mobile youth crisis unit to provide services directly to at risk youth homes.
YWCA	Domestic Violence/Sexual Assault Hotline - 24-hour crisis hotline, call 810-238-7233
OLHSA	Oakland Livingston Human Services Agency - services for financial crisis, housing crisis, health crisis, senior citizen care, veteran care, call for information 248-209-2600, or visit their website.
United Way's 211 Assistance Line	housing support, financial assistance, food banks, etc., call 211, text your zip code to 898211 or visit their website.
Oakland County Guide to COVID-19	how to social distance/quarantine/isolate, how to properly wash your hands, how to stop the spread of germs, etc., visit their website
Oakland Community Health Network	non-emergency call 248-464-6363
Oakland County Nurse On Call	(800) 848-5533 or email noc@oakgov.com