

# SAISD School Health Advisory Council

## SHAC Meeting Minutes



### Opening

The regular meeting of the SAISD School Health Advisory Council was called to order at 5:15 p.m. on January 19, 2023 at our Central Office, 514 W. Quincy by Ms. Guadalupe Cornejo.

### Present Members

Raul Salazar, Guadalupe Cornejo, Kendra Doyle, Karina Salinas, Jacquelyn Fritz, Gloria Davis, Victoria Bustos, Lt. Christina Houston, Janet Trevino, (presenter) Jason Rosenfield, (presenter) Ruth Berggreen, (presenter) Emily Atwood, Dr. Kampol, and Laura Cabrera.

### Approval of Minutes

The minutes of the previous meeting were unanimously approved. Motion to approve by Gloria Davis, second to approve by Lt. Christina Houston. Motion passed and minutes were approved at 5:19 p.m.

### Old Business

Mr. Salazar reviewed the Mission and Vision for SHAC, and he also went over the Goals for this year. Our Goals are to find new officers, update our Wellness Program and find ways to help our SHAC grow.

### New Business

#### Topic #1 Health Confianza:

Health Confianza is a collaborative effort and grant funded organization to build trust and confidence in health information and services in our community. It is funded by the Department of Health and Human Services and San Antonio Metropolitan Health District and is supported by the University of Texas at San Antonio. Health Confianza's mission is to build trust with the community to help make the best decisions for themselves and their families, with the best available resources and information, leading to improved well-being and fewer health disparities.

#### Health Confianza Curriculum Project:

- Ambassadors: they will partner with SAISD to develop relationships with the community, and train nurses to serve and address health issues, and current pandemics. It is made up of five sessions.
- Community Health Clubs: A ten session curriculum to develop peer groups that will be able to deal with pandemics such as COVID- 19. The curriculum will use fun interactive activities to find solutions, improve knowledge and practices for their health literacy.

#### Topic #2 Public Health Corps (In Conjunction with Health Confianza):

The Public Health Core program will be taking applications from Juniors and Seniors to be a part of their program that aims to educate 15-20 students in health literacy, leadership, and careers in the medical field. It will run from February to May at the University of Texas Health Campus.

SHAC Members Present branched out into groups to review Health Confianza Curriculum and vote on it.

# SAISD School Health Advisory Council

SHAC voted in favor of having the Health Confianza's Curriculum implemented in our campuses in San Antonio I.S.D.

## **Next Meeting Date**

Thursday, March 23, 2023 at our Central Office Location, 514 W. Quincy St. San Antonio, Texas.

## **Adjournment**

Motion to adjourn at 6:52 p.m. by Janet Trevino, second by Lt. Christina Houston.

Minutes submitted: Laura Cabrera

Approved by: Raul Salazar

