

# Milf-Shake/Stud Flavor List

List of Milf-shake and Stud-max flavors and. Flavors in **PINK** are milf-shake exclusive, flavors in **BLUE** are stud-max exclusive and **GREEN** are either available in both male or female forms or stand alone flavors with their own unique qualities.

## Basics of both flavors

<b>Milf-Shake Benefits</b>	<b>Stud-Max benefits</b>
Extreme breast growth and ass expansion	Height increase
Increased lactation	Increased muscle growth and mass.
Fuller lips	Increase in strength, stamina and endurance
Hip and thigh growth	More masculine features, often described as "ruggedly handsome"
Height increase	Increase in penis and testicle size and girth.
Increases firmness and bounciness of both breasts and ass	Increased cum production and quality with overall virility improvements
Extreme hair growth	Increased Libido
Increased libido	Increased female-attracting pheromone production
Dramatically increased fertility	
Increased male-attracting pheromone production	

Disclaimer: Milf-Shake and Stud-Max products are known to be incompatible with each other and have many rare and unforeseen effects. Milf-shake Formulas have been known to "genderbend" males into females and Stud-Max vice versa. These scenarios happen in roughly one in ten people. Milf-Shake Inc is not in any way responsible for loss of erectile members, permanent de-futafication, bouts of euphoria, extraordinary increases in libido, or gender change. All complaints regarding other unusual transformation effects should be forwarded to our legal department.

## Ranges of Effect

There are three categories of affect any Milf-shake inc product will have on a subject. While rare outlier effects are known to happen, the formulas provided to the public are designed to reduce the chance of any chaotic outcome as much as possible. It is important to note that not all flavors will have the same level of reaction to a subject, one flavor may cause a stage 3 reaction while all others cause only a stage 1.

### **Stage 1 reaction, AKA Standard reaction**

The Subject goes through minor changes. Nothing more than a foot in high change, 75 lb in weight gain or loss and no additional body parts will be added. This generally includes women that may drink Milf-shake to gain a cup size or two and men who gain slight muscle mass. These subjects tend to keep their effects initially but will need to continue drinking the product to avoid “wear and tear” issues (sagging breasts and diminished muscle mass etc)

### **Stage 2 reaction, AKA Greater reaction**

Subjects that go through a stage 2 reaction will see far more extreme changes than a stage 1. They will experience up to a foot or more in height change, more than 75 lb in weight change and will have minor additions to their body’s overall form (horns, tails, claws, etc). They will also often experience changes to their physical age. It is not uncommon for a woman in her 60’s who undergoes a stage 2 reaction to appear to be a 18 year old by the end of their change. Further consumption of the product will have the same effect as a stage 1.

### **Stage 3 reaction, AKA Amative reaction**

Subjects who experience a stage 3 reaction are changed almost entirely from their former physical form, making them almost if not completely unrecognizable to their prior self. Any transformation that exceeds 2 feet in height change, 150 lb in weight change and/or extreme physical change is classified as a stage 3 reaction. Unlike the other two stages, subjects no longer require any further milf-shake product to stay in their physical state and will experience a vastly reduced aging process. While they still age and experience “wear and tear” it is only a third of that of subjects with stage 1 and 2 outcomes. Despite no longer requiring the product in question, subjects have been known to develop an increased enjoyment of the taste and consumption Milf-shake products.

Important notes on Volume -

Volume has an important role to play in the effects of a product on a subject. Subjects who spread out one “dose” of a product over a long period will see slower changes compared to those who take the “dose” all at once or over a very short period of time.

## Formula Pre-generators

Formula Pre-generators are the secret origins of the Milf-Shake and Stud-Max brands. These two potent substances are of ancient and alien in origin, with both having extreme stage 3 quality of transformations on a subject.

### **Amalthea potion**

Product #: 000-01Alpha  
Category: Generator  
Range: Stage 3  
Status: Classified Status

The original formula created in ancient Greece. Said to be gifted to the worshipers of the ancient goddess Amalthea after they had pleased her or as a reward for a trial. The myths state that the potion will turn any woman into her “true nurturing form.”

Dr. Sophie Brynhildr first discovered the recipe and rituals needed to produce the potion during an excavation of an ancient temple devoted to Amalthea in 1969. While normally not a superstitious person, Dr. Brynhildr never dismissed ancient rights as pure fiction. She knew that ancient people could be far more clever and intelligent than modern society gave them credit for. She was able to successfully produce a patch of the Amalthea potion and started testing small amounts on animals to no success. It wasn't until she made the brave, or stupid, choice to test a small amount on herself.

The effects of the Amalthea potion are some of the most predictable yet chaotic of any Milf-shake formula. While there is almost always the common milf-shake classic effect, each individual goes through their own special transformation. In addition the Amalthea potion has some more radical but predictable effects on its subject. Including but not limited to; an increase in lifespan to around 300 years, a minor to major positive change in demeanor and a radical change in how the subjects body handle reproduction.

### **Bezoar of Min**

Product #: 000-02Alpha  
Category: Generator  
Range: Stage 3  
Status: Classified Status

Recreated by studying records of a “trial of Min.” Derived from a bezoar created by an [REDACTED] this stone-like substance is the basis of all milf-shake inc “male enhancement” products. The bezoar itself can be ground up and served with water to produce the standard stud-max effects, but the results are...inconsistent. Extremely so. The ancient trial of Min was a test of a man's character and desires. It was written the righteous and merciful

would be granted great “boons” to reflect their character, why the evil and malicious would be “cast out of the brotherhood of men.” While still other effects may reflect the subject's desire and “ideal male form.” There is also a high amount of “bull like” qualities that show in in subjects, such as bull horns and tails.

Like the “Amalthea Potion” subjects may see in increase in lifespan, a change to a more positive demeanor and changes to how their reproductive system works.

## Classic Formulas

Classic formulas are a the first publicly sold flavors.

### **Milf-Shake Classic**

Product #: 000-01A

Category: classic formula

Range: Stage 1, 2 and 3

Status: Public

The first public formula created by Milf-Shake Inc. Designed to have far more controlled outcome than the Amalthea potion, the classic flavor of Milf-shake focuses on the basic transformations that milf-shakes are intended to cause. While around 90% of subjects experience a stage 1 reaction, it is possible for subjects to experience a full range of all 3 stages of effect. With 8% experiencing stage 2 and around 2% experiencing up to stage 3 effects.

### **Stud-Max Protein Shake Classic**

Product #: 000-01B

Category: classic formula

Range: Stage 1, 2 and 3

Status: Public

The first public formula of the Stud-Max brand from Milf-Shake Inc. As with Milf-Shake classic, this formula is designed to provide a consistent outcome of the basic benefits of the Stud-Max brand of drinks. The comparisons continue as this drink has been known to have a wide range of effects on different people.

## “Fresh Plague” Formulas

After the company's initial success with Milf-Shake and Stud-Max, an illegal takeover of Milf-Shake Inc took place and a nefarious plan was put into motion. Only one flavor was produced during the “fresh plague” period.

## **Fresh-Shake**

Product #: XXX-03C

Category: BANNED

Range: Stage 2 and 3

Status: discontinued, banned and outlawed

For a short period after its initial release, Milf-shake Inc was taken over by a cabal of fashion moguls. This cabal, known as "Dame Mince" took control of the company through illegal means in order to maintain the public perception of "thin is good." The drink they created, dubbed "fresh-Shake" caused subjects to become incredibly thin and emaciated. Due to the public health crises caused brought light to their illegal takeover of the company. Eventually "Dame Mince" was ousted and control returned to the original owners.

### Notes

Dame Mince hostile takeover

- Dame Mince create Fresh
- Fresh causes widespread anemia, vomiting plagues, and death
  - Dame Mince taken to court, and famously the defense and prosecution were made to each drink their respective company's drink. Following this startling example, the judge ruled in their favor.
  - Following this, the particularly insane leader of the cabal used the massively overproduced reserves of Fresh on the populace, releasing it from planes in an attempt to prove the superiority of being thin. Casualties were innumerable.
  - following the Fresh Plague, it was found that the hostile takeover of Milfshake Inc hadn't even been legal, as numerous insider trading and falsification cases were found to have taken place.

## Phase 001 Flavors

Phase 001 flavors are the first flavors made after the events of the "Fresh Plague." While demand was still high for the classic flavors, consumers had a wide array of tastes the company wished to satisfy. The original flavors gained their "classic" titles during the phase 1 era to better point out the fact they were the original flavors.

## **Reset, AKA the "fresh" cure**

Product #: 001-000

Category: phase 001

Range: Stage 1, 2 and 3

Status: on prescription

The "Fresh Plague" caused mass amounts of death and sickness across the world and while normal milf-shake flavors cured the damage, many people wished to simply go back to the way they were before. To accommodate the demand Milf-shake inc created Reset, a very low cost formula that was intended to reverse the effects of not only the "fresh" plague but also other

Milf-shake inc products. Reset is technically Milf-Shake inc most sold and consumed drink of all time, but it is not advertised as such due to the sensitive nature of the events behind it's creation. It also tastes like milf-shake classic so it has that going for it.

### **Classic Formula Relaunches**

Product #: 000-02A,B

Category: phase 001

Range: Stage 1, 2 and 3

Status: Public

Technically there were no changes made to the original formulas when re-launching both Milf-shake and Stud-max with the "classic" rebranding. But after the events of the "fresh plague" there was a need to inform the consumer that these flavors were the originals and not a new version of the older drinks they knew and loved. See the classic entrees for full details on these two drinks.

### **Savage Warrior (AKA Milf-Shake Amazon and Stud-Max Barbarian)**

Product #: 001-02A,B

Category: phase 001

Range: Stage 1, 2 and 3

Status: Public

The Savage warrior line of protein drinks is intended to turn subjects into tall muscle bound warriors. There is both a Milf-shake (amazon) and Stad-Max (Barbarian) version of this flavor. Each one providing the standard milf-shake and stud-max benefits but also providing height growth, up to 7'5 feet tall, and a increase in muscle mass. WARNING: like most things in life, muscle mass must be maintained through exercise. One cannot simply continue drinking muscle providing drinks and expect to keep their mass.

### **Milf-shake Shortstack**

Product #: 001-03A

Category: phase 001

Range: Stage 1, 2 and 3

Status: Public

After the success of the "Savage warrior" line of drinks. "Shortstack" was created as the company' first attempt at making a more specialized drink for a target audience. Shortstack will cause the subject to start shrinking in height but gain an extreme hourglass figure. Original intended to only have a small target consumer base, this drink has become far more popular than expected. To the point there is a special division of the company was made to further "shortstack research, marketing and social awareness."

## Phase 002 Flavors

With the success of the the phase 1 relaunches and new flavors, milf-shake inc decided to continue making more specialized flavors to meet growing demand.

### **Mythic**

Product #: 002-01A

Category: phase 002

Range: Stage 1, 2 and 3

Status: Public

Mythic is the first “specialized” Milf-shake brand drink brought to market. Mythic will turn the subject into one of many different types of “mythical creatures.” Orcs, goblins, elves and so on. The end result is somewhat random but most subjects are happy with the end result. The most common comment is along the lines of “This really reflects my inner self.” There are a small amount of subjects who are unsatisfied with their transformation, but those are usually people who believed they were something else entirely on the inside (IE a man turning into a slender elf despite thinking he would turn into a big strong ogre.)

### **Mythic offshoot flavors - Orc Orchard, Goblin berry, Elven cream, Dwarven Brew ect**

Product #: 002-01B,C,D,E,F ect

Category: phase 002

Range: Stage 1, 2 and 3

Status: Public

Created to meet demands from the public after the release of Mythic. Seasonal speciality flavors were created with much more focused transformations. Orc Orchard turned subjects into orcs, goblin berry into goblins and ect. These products have seasonal releases that have become highly anticipated by fans of each flavor.

### **Bishonen Pops**

Product #: 002-03A

Category: phase 002

Range: Stage 1 and 2

Status: Public

First of the phase 2 products more specialized for men. Bishonen pops were designed for men who wanted a sleeker look but retain the “other” benefits of Stud-max. The subject will lose body hair, gain a more slender frame while still retaining a healthy muscle mass. The subject will also gain more feminine facial features to the point they could pass as female. The end result is described as a “Pretty boy” body and face.

### **Elevation Series**

Product #: 002-04A,B

Category: phase 002

Range: Stage 1 and 2

Status: On request

During phase 2 there was a single request from consumers and fans that just kept showing up in all polls, suggestion slips and feedback forms, "I like this, but I just wish I was a little taller." In response the Elevation series of supplements were made. Both in Milf-shake and Stud-max formulas, these daily tablets will increase the height of the subject. Due to the nature of how much taller the subject wants to be, more precise amounts must be given out. While intended to only increase height, due the nature of Milf-shake and Stud-max additional effects may occur.

### **Deja-vu series**

Product #: 002-05A,B

Category: phase 002

Range: Stage 1, 2 and 3

Status: Public (waiver must be signed)

The most revolutionary and world changing product created by Milf-shake inc, the Deja-vu series changes how humans age. Deja-vu products will de-age a subject by adjusting their genetic age to an ideal 300 year lifespan. While normal milf-shakes and stud-max may make a subject look younger by making them look more attractive, Deja-vu actually takes their body to a healthier part of their lifespan by extending it. These changes do not just affect the body but also the mind. Many subjects have reported being less closed off to new ideas and being able to learn faster as they did when they were younger.

NOTE: a waiver must be signed before selling Deja-vu Milfshake or Stud-max shakes as unlike most flavors the effects of Deja-Vu can not be reversed, even with reset.

### **Stud Forte**

Product #: 002-06A

Category: phase 002

Range: Stage 1

Status: Public

Stud Forte is a specialized formula of Stud-max that focuses entirely on penis size growth. Even after the production of the classic stud-max formula there was a demand for an additional "booster" customers could use to further increase their penis and ball size.

### **Stud Forte Reset**

Product #: 002-06B

Category: phase 002

Range: Stage 1

Status: public

Due to the nature of men and their penis size, many customers took too much of Stud Forte and ended up learning that massive genitals wasn't as amazing as they imagined. Because of the



high demand and high regret of the Stud Forte flavor, a specific version of reset was made specifically to reset the subject back one dosage.

### **Other Side**

Product #: 002-07A,B

Category: phase 002

Range: Stage 3

Status: on prescription and waiver

*Other Side* is the first milf-shake formula designed to have a guaranteed stage 3 result. It will cause the subjects physical gender to change. This isn't merely a change in appearance; internal changes to the consumer's organs and even their very dna is changed in a matter of as little as a minute. While a wide range of mental and personality changes have been documented, a majority of subjects do not undergo large changes.

Due to the nature of the extreme changes this formula provides and the fact it can not be undone by *Reset*, *Other Side* is only given out by a Milf-Shake inc licensed nurse and only after a thorough screening process.

### **Cornucopia**

Product #: 002-08A,B

Category: phase 002

Range: Stage 2

Status: on prescription and waiver

With the greater demand for fertility and virility aids springing up a few years after the "Fresh Plague," Milf-shake inc designed a line of milf-shake and stud-max formulas to increase the breeding capabilities of customers. These formulas do much more than just increase the chances of conception though, they overhaul the entire reproductive process.

For the male reproductive system Stud-max Cornucopia will not just cause a increase in the production of sperm and the health of the sperm, but will transform the sperm in function. It still only require one sperm to fertilize a female egg, but all left over sperm will start to merge and create a form of stem cells after a fertilized egg is detected. These new cells, a form of Schima cell, will go to either the mother or child, assisting where needed.

For the female reproductive system Milf-Shake Cornucopia will heavily alter the womb and ovaries. Instead of only two ovaries and a preset number of eggs, a "grape vine" of ovaries will grow and start producing eggs indefinitely. In addition the womb will grow in size and possibly gain multiple chambers, allowing for multiple pregnancies from different partners to take place at the same time. These modifications cause the subject to no longer undergo the normal female cycles and they will no longer have periods.

Having one parent who has taken Cornucopia will not only greatly increase the chances of pregnancy but will also cut the time needed for gestation. If only the father takes Cornucopia,

the pregnancy will last only six to seven months. In addition if continued intercourse is had with a man who has taken cornucopia, the woman may find the excessive exposure to “smart cells” has changed her womb as if she has taken Cornucopia as well. If a mother is the only one to have taken Cornucopia the pregnancy will last five to seven months and the chance of multiple children greatly increases.

Further research is required, but experiments where both parents take Cornucopia have lead to pregnancies as short as four months.

### **Milk-Max**

Product #: 002-09A

Category: phase 002

Range: Stage 1

Status: Public

Milk-Max increases the subjects breast milk production, breast milk nutritional quality and breast milk taste. As a side effect the subjects breasts will also become larger and firmer as they turn into small dairy farms. The flavor of the milk produced seems to be different based on the subject but generally stay the same between family members. This has caused “family brands” to pop on the market as dairy farms specialized in “adult milk” started to form shortly after this formula's release.

### **Bust-Up, Bust-Up Reset**

Product #: 002-10A,B

Category: phase 002

Range: Stage 1

Status: Public

Bust-up is another formula designed to increase the size of one aspect of the subject, specifically the breasts. Much like stud-forte, this formula was created due to a demand by customers to further push the size of their breasts without any additional modifications. There is also a reset variant of the Bust-Up formula, intended to take the subject back to the breast size they were before their last dose of Bust-Up.

### **Bottoms-Up, Bottoms-Up Reset**

Product #: 002-11A, B

Category: phase 002

Range: Stage 1

Status: Public

One of the few and true “gender neutral” formulas that works the same for both men and women, Bottoms-Up will increase the size and firmness of the subjects buttox. Some hip growth has been recorded but this has always had more to due with the body accommodating larger

posteriors. This flavor includes a reset version to better control to achieve the subject's desired results.

## Pase 003 Flavors

As phase 2 came to an end and many if not most mainstream requests had been filled, the milf-shake inc scientists turn their attentions to even more niche and specialised formulas.

### **Hair Rejuvenation (Rapunzel and Leo)**

Product #: 003-001A,B

Category: phase 003

Range: Stage 1

Status: Public

While most of the research for hair growth and hair restoration where done during phase 2, the formulas themselves were not released until the giant marketing push done at the beginning of phase 3. Named hair rejuvenation internally, the public names are based on the subset of male and female formulas, named "Milf-Shake Rapunzel" for more feminet hair and "Stud-max Leo" for more masculine hair.

### **Brainiac**

Product #: 003-002A,B

Category: phase 003

Range: Stage 2 or 3

Status: on prescription and waiver

One of the most controversial flavors brought out during phase 3. The brainiac stud-max and milf-shake formulas will increase the intelligence of the subject by a mild to incredible amount but may also decrease their inhibitions or "common sense" by an equal or great value. This has lead to what has been internally called a "Brainiac Bimbo" effect, where the subject could recite  $\pi$  to the 100th digit but not why having sex with their boyfriend's brother and best friends was not a good idea. Extreme caution is taken when prescribing the brainiac formula to anyone.

### **Generation-Hip**

Product #: 003-003A,B

Category: phase 003

Range: Stage 3

Status: emergency use only

A more specialized version of the "Deja-vu" formula, generation-hip has also been called the "reset button." It will not only reset a subjects physical age to 18 years, but also reset them





### **Sporty Build Sports Drinks**

Product #: 003-006

Category: phase 003

Range: Stage 1 or 2

The Sporty Build line of sports drinks was created to help Milf-Shake inc diversify their their products. Most flavors up until then has focused on giving curves and adding muscle, the sporty build line was created to provide subjects with lean and functional results. Giving the subject a “sporty” slim yet muscular build and is one of the few drinks that tend to decrease breast size in woman. It was a natural hit amongst athletes despite being outlawed by most leagues at release. Due to the mass use and lack of negative effects (huge endorsement deals didn’t hurt either) many sports leagues soon found that it was better to work with the brand than against it. To help ease tensions in the sporting community the flavors were changed to not outright “give” the perfect body but assist those working out and training for the perfect sports bod. Today both the milf-shake and stud-max brands of the Sporty Build drink used by athletes the world over.

### **Assertive Devil**

Product #: 003-007

Category: phase 003

Range: Stage 1, 2 or 3

Status: Public

Assertive Devil was developed in an attempt to make more mild and controllable personality changes in a subject.. The concept was simple, give the subject more confidence and assertiveness in their life, while still providing the basics benefits of Milf-shake and stud-max brand drinks. Initial results were very promising, but as testing continued an unforeseen side effect started to show itself. If the subject embraced their new confidence and assertiveness to an extreme, “demonic” like traits started to appear. Traits like horns and devil tails at first, but then red skin, fangs and even wings would start to show themselves. Despite these unintentional transformations in the subject, the formula was approved. Since the subjects did not lose agency during their changes and subjects took the greater changes as “warning signs” of too much pride and ego, the flavor was not considered a threat or a “personality death” formula. IMPORTANT NOTE: Assertive Devil is reversed by and reverses the effects of the “Patient Angel” formula.

### **Patient Angel**

Product #: 003-008

Category: phase 003

Range: Stage 1, 2 or 3

Status: Public

Patient Angel was created shortly after the “assertive devil” product went into beta testing. Not only to counter the effects of “assertive devil” but to provide a counter to the product as a whole. Where “assertive devil” will give the subject confidence with little to mild effect on other personality traits, “patient angel” will provide the subject with more patients. Physical “angelic” traits also occur in subjects, ranging from bronze skin, golden eyes, feathery wings and what has been described as “unworldly beauty.” Much like the formula that patient angel was created along side, scenarios dubbed “sainthood” did occur, where the subject became almost saintly in action and thought. But even during these scenarios the personality of the subject remained mostly intact and the flavor was not in risk of causing “personality death.”

IMPORTANT NOTE: As noted in the “assertive devil” entry, “patient angel” is the counter to and countered by “assertive devil” flavor.

### **Cosplay’s Delight**

Product #: 003-009

Category: phase 003

Range: Stage 1, 2 or 3

Status: public but purchased through a Milf-Shake affiliated costume store.

First created during R&D’s most recent “pop culture” push, cosplay’s delight isn’t a specific formula so much as a specifically made mixture service designed to provide subjects with a look to match a fictional character. As part of the paid package the customer will also receive a costume to match the desired character and their new measurements. It is important to note that this service provides only pre-made options and none are intended to look like a real life person, only fictional characters.

**Important Note:** The cosplay’s delight service project also created a “archetype” schoolgirl and young man formulas that inadvertently made a more popular version of milf-shake dejavu and generation hip. With all of the physical benefits but with none of the mental. Sometimes R&D seems to overthink things it seems.

### **Machina**

Product #: 003-009

Category: phase 003

Range: Stage 3

Status: In clinical trials. Future unknown

The most advanced “formula” to date, machina turns the subject into a what has been dubbed a “bio-android.” More organic than artificial machinery, but not 100% organic and visibly recognizable as so. This is due in part to the fact the formula itself is more nano-machine tech than traditional formula. As for the transformation itself, there are 3 phases. In phase 1 the subject will undergo a more extreme classic milf-shake or stud-max transformation, in phase 2 circuitry lines and metallic colors will start to show on their skin and during. Phase 3 has the subjects skin turn completely metallic and completely covered in circuitry. During phase 2 and 3

the subject will undergo a significant increase in intelligence and change in personality. These changes in personality include having a more positive demeanor and outlook on the future, to the point of borderline "personality death." Due to the many drastic physical and mental changes, the machina formulas are currently still undergoing testing and it is unsure at this time if they will be made open for public use.

## Phase XXXX Flavors

Phase XXXX refers to flavors created in secret and are classified. Flavors made for world governments or that are just too dangerous that knowledge of them is too risky to be obtained by the general public.