

July 2025

SPRING ACHIEVEMENTS CONTINUE

Baseball advanced to the state tournament for the first time since 2011. In a thrilling first-round game, Lowell overcame a 0-4 deficit to defeat Gaston 8-5, advancing themselves to the second round and earning recognition as one of the top 16 teams in the state. Several players were also recognized with all-state honors, as voted by coaches from across Oregon:

Camden Alexander (sr) - Honorable Mention Catcher
JaMar Thurman (sr) - 3rd Team Outfield

Zak Hermansen (so) - Honorable Mention Pitcher

Softball qualified for the state tournament for the third consecutive year, facing Knappa in the first round. While their season ended there, individual achievements continued with impressive all-state honors:

Madison Thurman (jr) - 1st Team Infield

Cheyenne McNamee (sr) - Honorable Mention Catcher

Track & Field had two athletes qualify for the state meet: **Isabella Peterson** in the 100m hurdles, and **Aniah Watson** in the 200m. Both runners capped off their seasons with personal records in their events at the state championships. Their success followed a strong showing at Districts, where several teammates also made podium finishes:

Carson Ewan (so) - 6th triple jump, 7th long jump
Jax Norcutt (so) - 5th triple jump, 5th long jump
Callum Plahn (jr) - 8th 1500m, 8th 3000m
Eric Sotomayor (fr) - 5th 110m hurdles

Aubrey Gastelo (so) - 4th 400m
Isabella Peterson (sr) - 1st 100m hurdles, 5th 300m hurdles
Madeline Peterson (jr) - 5th 800m
Aniah Watson (so) - 5th 200m, 6th 100m

ATHLETES & COACH OF THE YEAR

Harley Hardison, a senior, was named Lowell High School's Male Athlete of the Year. As a two-sport Varsity athlete, Harley competed at state in both football and wrestling while maintaining a spot on the honor roll. In football, his coaches and teammates recognized his leadership as team captain, and the league honored his skill with a 2nd Team All-Conference award as a linebacker. Harley was also a team captain for the wrestling team, where he won both the District and State Championships. Additionally, he received the Outstanding Wrestler Award at the OSAA State Tournament. Over the course of a remarkable high school wrestling career, Harley earned four district championships and three state titles. But as this chapter closes, another begins; Harley will continue his wrestling career at Jamestown University in the upcoming school year.

Cheyenne McNamee, a senior, is Lowell's Female Athlete of the Year. A three-sport Varsity athlete and honor roll student, Cheyanne participated in volleyball, basketball, and softball as well as choir. In volleyball, Cheyanne helped her team reach the state tournament after a 2nd-place league finish. In basketball, she was named team captain and given 2nd Team All-Conference honors. In softball, Cheyanne was also a team captain and led her team to its third consecutive state tournament appearance while earning 1st Team All-Conference and Honorable Mention All-State honors in a new position as a catcher. These achievements rounded off a high school career defined by her incredible drive and dedication, earning Cheyanne the Standing Ovation Award, given to athletes who compete in three sports for all four years of high school while maintaining high academic and behavioral standards.

Mark Gonzales was named Lowell's Coach of the Year for his outstanding efforts with our softball team. Mark became the head coach in 2020 during the height of the pandemic, yet he didn't let the challenges prevent him from building a strong program. By 2023, he led his team to the state quarterfinals, Lowell's first appearance in nearly two decades. The success continued, with the most recent season marking his 3rd straight trip to the state tournament with Academic All-State honors. This year was particularly challenging as Mark had only nine players on his roster, leaving his team on the brink of disbanding with one ineligibility or injury. Despite this obstacle, Mark's dedication never wavered, serving them not only as coach but also the team's bus driver and groundskeeper. His tireless and exceptional effort was recognized by his peers as well, with the league's coaches voting him co-Coach of the Year.

June 2025

SPRING SPORT WRAP-UP

High School Baseball

The high school baseball team earned a spot in the state tournament (results will be in next month's issue) with an 8-2 league record, securing 3rd place, and an overall record of 13-5 heading into state. With eleven freshmen on the roster, the team quickly showcased its potential. Led by team captains **Camden Alexander** and **JaMar Thurman**, they dominated early, winning their first two games by a combined score of 49-1. Then, they went on to secure an impressive 11-game win streak in the middle of the season. The team's success off the field earned them Academic All-State honors while their success on the field earned several individual All-League awards;

JaMar Thurman (sr) — 1st Team Outfield
Carter Harris (jr) — 2nd Team Infield
Ben Thurman (fr) — 2nd Team Infield
Zak Hermansen (so) — 1st Team Pitcher

Camden Alexander (sr) — 1st Team Catcher
Barrett Straight (jr) — 1st Team Outfield
Adam Davis (so) — 2nd Team Utility
Wyatt McNamee (so) — Honorable Mention

High School Softball

Despite facing challenges with only nine athletes, our softball team pulled together to finish with a 6-6 record in league play led by team captains **Cheyenne McNamee** and **Gracie Aldinger**. The team placed 4th in the regular season but achieved a major upset in the district playoffs, defeating Umpqua Valley Christian—a team that had beat them by 10 runs twice during the season—to secure the 3rd place title and a spot in the state tournament (results will be in next month's issue). In recognition of the team's impressive improvement under tough conditions, Coach **Mark Gonzales** was deservedly voted co-Coach of the Year by his peers. Additionally, junior **Madison Thurman** was named league Player of the Year. The team also earned Academic All-State honors along with several individual All-League awards;

Gracie Aldinger (sr) — 2nd Team Infield
Cheyenne McNamee (sr) — 1st Team Catcher

Marley Plahn (jr) — 1st Team Pitcher
Madison Thurman (jr) — Player of the Year, 1st Team Infield, 1st Team Outfield

High School Track & Field

The high school track and field team had a tremendous season had a season filled with outstanding growth and achievement led by team captains **Izzy Peterson** and **Ryan Pelroy**. In addition to earning Academic All-State honors, the team celebrated individual milestones as well. **Ryder Ortiz** and **Callum Plahn** broke the school's previous 2k Steeplechase record, with Callum setting a new benchmark at 7:37.67. Be sure to check out next month's article for a summary of the team's District and State performances.

Middle School Track & Field

The middle school team contributed even more accomplishments for our track and field program. Three standout athletes, **Brenten Davies**, **Banyan Jalof**, and **Zuzana Murray**, qualified for the Meet of Champions, an elite competition featuring the top middle school athletes in the state. On top of that, two all-time records for Lowell's middle school team were broken this season; **Brenten Davies** claimed the top spot in the 100m with a time of 12.51, and **Theo Waters** (a 6th grader!) set the 800m record at 2:27.12. Our athletes also made a strong showing at the District Championships, earning numerous podium finishes;

Brenten Davies (8) — 1st high jump, 3rd 200m hurdles, 4th 100m
Banyan Jalof (7) — 3rd high jump, 3rd long jump
Emma Ellis (5) — 1st 200m, 2nd 100m
Zuzana Murray (8) — 6th 200m hurdles

Casen Gould (6) — 3rd 4x100 relay
Jackson Davies (6) — 3rd 4x100m relay, 4th javelin
Remington Hook (6) — 3rd 4x100m relay
Theo Waters (6) — 1st 800m, 1st 1500m, 3rd 4x100 relay

May 2025

JUNIOR HIGH TRACK & FIELD

Our **junior high track & field** team is led by Lyn Alexander and assisted by Brad Thronburg. Athletes (pictured below) include 8th graders Brenten Davies, Evan Gould, Tayler Griffin, Christina Henshall, Summer Howes-Smith, Kailei Marcus, Zuzana Murray, Landen Omlin, and Taylor Sheridan; 7th graders Madison Anders, Ashlyn Baszler, Peyton Courtney, Yaraileth Islas, Banyan Jalof, Bristol Miller, Jayden Murray, Christopher Sheridan, Elise Skordahl, Marshall Thronburg, Joey Webb, and Alauna Young; 6th graders Jacksen Davies, Casen Gould, Remington Hook, and Theo Waters; and 5th graders Brantley Baszler, Harper Bazzani, Linkin Dahl, Emma Ellis, Kai Franks, Russel Green-Jolley, Cash Kenworthy, and Jeremy Webb.



Join us for Districts at Oaklea Middle School on Tuesday, May 13

HIGH SCHOOL SPRING SPORTS

Please join us in supporting our high school athletes at these big events in May:

SENIOR NIGHT

Baseball & Softball: **May 5** Before the start of the 4:30 games vs North Douglas

DISTRICTS

Softball: **May 16** Round 1 (#4 seed @ #3)
May 20 Round 2 (winner Round 1 @ #2)
May 22 Round 3 (winner Round 2 @ #1)

Baseball: **May 17** Round 1 (#4 seed @ #3)
May 19 Round 2 (winner Round 1 @ #2)
May 21 Round 3 (winner Round 2 @ #1)

Track: **May 23** Meet at Illinois Valley High School

STATE

Baseball & Softball: **May 26** Round 1
May 28 Round 2
May 30 Quarterfinals

Track: **May 29-30** Meet at the University of Oregon

ACADEMIC ALL-STATE

Please join us in congratulating all of our incredible Spring sports and music teams—Baseball, Softball, Boys and Girls Track, Choir, and Band—for earning OSAA Top 10 Academic All-State honors! Even more impressive: this year, all 11 of our qualifying extracurricular teams received Academic All-State recognition—which means every one of them had a team GPA over 3.00! And get this — 9 of those teams ranked in the Top 10 for GPA in the entire state of Oregon.

Way to go, Red Devils!

April 2025

RED DEVIL WRESTLERS REIGN

Six Lowell wrestlers earned a spot in the OSAA Wrestling State Championships; senior Harley Hardison (126), sophomore Adam Davis (144), sophomore Henry Coiner (150), freshman Ben Thurman (165), senior Paul Clark (175), and junior David Finch (285). The team had an outstanding performance with every wrestler contributing points to help secure a 3rd place team finish. Additionally, four wrestlers came home with medals; Coiner and Finch earned silver, while Hardison and Clark took home gold.

Henry Coiner earned his first spot in the state tournament and made a strong debut. As an unseeded sophomore, Henry defeated the 3rd and 2nd seeded senior wrestlers in his bracket to reach the finals, where he faced a returning state champion.

David Finch reached the finals for the third time in his high school career, pinning his way through the competition. In the finals, he faced a tough challenge from a senior returning state champion.



Harley Hardison (left picture) secured his third individual title and Lowell's 124th with four decisive wins, including two tech falls, a first-round pin, and a 13-4 major decision in the finals. Harley's dominate performance earned him the tournament's Outstanding Wrestler award.

Paul Clark (right picture), who claimed his third consecutive district championship this year, carried that momentum into the state tournament, earning his first state championship and Lowell's 125th. Paul secured his title with three wins by fall, including a first-round pin in the championship match.

Congratulations to the Lowell wrestling team for continuing the legacy.

April 2025

WINTER SPORTS WRAP UP

High School Wrestling (continued from Cover) achieved a 3rd place finish at the District Tournament and added several individual district awards to their tremendous season:

Harley Hardison (sr) - 1st, 126

Adam Davis (so) - 2nd, 144

Ben Thurman (fr) - 2nd, 165

Shelby Plagmann (sr) - 4th, 138

Henry Coiner (so) - 2nd, 150

Paul Clark (sr) - 1st, 175

Wyatt Johnson (fr) - 5th, 138

Eli Pickett (fr) - 4th, 157

David Finch (jr) - 1st, 285

High School Boys & Girls Basketball added all-league recognition to their achievements this year:

Jada Cantrell (sr) - All-Defensive Team, Honorable Mention

Cheyenne McNamee (sr) - 2nd Team

Hazel Garner (sr) - 2nd Team

Gracie Aldinger (sr) - Honorable Mention

Wyatt Smith (jr) - 1st Team

Carter Harris (jr) - Honorable Mention

Jax Norcutt (so) - Honorable Mention

Junior High Boys Basketball (7-3) had a successful season led by team captains Brenten Davies and Easton Slabaugh. Brenten averaged 20 points per game, bringing both skill and leadership to the court. Easton set the tone for the team's work ethic, always the first to arrive at practice and the last to leave. Of course, their contributions were just one piece of the puzzle. Every athlete showed tremendous growth and dedication throughout the season. Or, as Easton would say, they "nailed it."

HIGH SCHOOL SPRING SPORTS

Our **high school baseball** team is led by Aaron Thurman and assisted by Lantz Cline and Cody Prom. Athletes (pictured right) include seniors Camden Alexander and JaMar Thurman; juniors Carter Harris, and Barrett Straight; sophomores Adam Davis, Zak Hermansen, Wyatt McNamee, Wyatt Pelroy, and Gabe Thurman; and freshmen Jan Arcena, Tanner Coiner, Henley Garner, Brendan Hourigan, Landon Johnson, Wyatt Johnson, Easton Lauzon, Brenden Myers, Ben Thurman, and Lukas Williams.



Our **high school softball** team is led by Mark Gonzales and assisted by Lily Oros, Patrick Aldinger, Lindsey Maher, and Rob Miles. Athletes (pictured left) include seniors Gracie Aldinger and Cheyanne McNamee; juniors McKenna Fassbender, Nevaeh Neet, Marley Plahn, and Madison Thurman; sophomores Jade Clark and Kaylie Dodson, and freshman Kyla McCart.



Our **high school track & field** team is led by Jill Chapman and assisted by Dan Goss and Cassie McCollister. Athletes (pictured left) include seniors Bryson Hoffman, Sophia Kwirant, Amelia McCollister, Ryan Pelroy, and Izzy Peterson; juniors Madeline Peterson and Callum Plahn; sophomores Savannah Baszler, Colton Crutcher, Carson Ewan, Aubrey Gastelo, Tyler Harris, Christopher Meador, Jax Norcutt, and Aniah Watson; and freshmen Gabrielle Gross, Ryder Ortiz, Eric Sotomayor, and Nate Waters.



March 2025

WINTER SPORTS WRAP UP

Junior high wrestling had a successful season with our young team taking home a 5th place finish at the district tournament with 8 finalists and 2 champions: Banyan Jalof and Zophia Fassbender.

Westen Straight (5) - 2nd place, boys 82

Sevastian Benway (5) - 4th place, boys 86

Will Coiner (7) - 2nd place, boys 92

Ben Johnson (7) - 2nd place, boys 98

Elise Skordahl (7) - 2nd place, girls 108

Jason Crawford (7) - 2nd place, boys 114

Banyan Jalof (7) - 1st place, boys 125

Zophia Fassbender (8) - 1st place, girls 165

Lilly Wiley (6) - 2nd place, girls 165

Additionally, several of our wrestlers chose to compete in the OWA Folkstyle State Championships, where Elise Skordahl (110, 14U) and Corven Floyd (190, 16U) each earned a 4th place finish.

High school boys basketball (4-6 league, 10-13 overall) had a challenging season with no seniors after losing 7 varsity athletes to graduation last year. Even with a lineup full of underclassmen, the team placed 4th in the league. Led by team captains Wyatt Smith, Jax Norcutt, and Carter Harris, the team worked hard to rebuild, demonstrating growth and grit throughout the season.

High school girls basketball (5-5 league, 10-14 overall) wrapped up their season with a fantastic 50-30 win over Culver, ending on a high note and showcasing their hard work throughout the year. With four strong seniors—Gracie Aldinger, Jada Cantrell, Hazel Garner, and Cheyanne McNamee—leading the way, the team finished 4th in league. Coach Todd felt proud of the whole team's great effort and consistent improvement this season.

Check out next month's article for basketball all-league awards as well as wrap-ups for our high school wrestling and junior high basketball seasons.

JUNIOR HIGH & HIGH SCHOOL SPRING SPORTS

High School Baseball

Head Coach: Aaron Thurman

First Practice: Monday, March 3 at 4:00 p.m.
Lowell High School baseball field

Parent Meeting: Monday, March 3 at 6:30 p.m.
Lowell High School baseball field

High School Softball

Head Coach: Mark Gonzales

First Practice: Monday, March 3 at 4:00 p.m.
Lowell High School softball field



Parent Meeting: Monday, March 3 at 4:00 p.m.
Lowell High School softball field

High School Track & Field

Head Coach: Jill Chapman

First Practice: Monday, March 3 at 4:00 p.m.
Lowell High School track

Parent Meeting: Monday, March 3 at 5:15 p.m.
Lowell High School track

Social Media:  Lowell Red Devils Track & Field
 @red_devil_track_and_field

Middle School Track & Field (5th-8th grade)

Head Coach: Lyn Alexander

First Practice: Monday, March 17 at 3:15 p.m.
Lowell High School track

Parent Meeting: Monday, March 17 at 4:30 p.m.
Lowell High School track

February 2025

FALL ALL-STATE HONORS

We are thrilled to celebrate two exceptional athletes from our football team, junior David Finch and senior JaMar Thurman, who have been named to the All-State team for their outstanding performances during the season. Their hard work, dedication, and talent have earned them well-deserved recognition as two of the best in the state.

David Finch – 2nd Team All-State Offensive Line

JaMar Thurman – 2nd Team All-State Running Back

This recognition is a remarkable achievement for both David and JaMar, and we couldn't be more proud of them. Their success is a direct result of their perseverance, and love for the game of football. Once again, congratulations to David Finch and JaMar Thurman on this incredible accomplishment!

JUNIOR HIGH BOYS BASKETBALL



Our **junior high boys' basketball** team is led by Jacob McCart and assisted by Rob Miles. Athletes (pictured above) include 8th graders Brenten Davies, Landen Omlin, Taylor Sheridan, and Easton Slabaugh; and 7th graders Cooper Aldinger, Bryson Dobson, Holden Garner, Jaxon Garrelts, Jayson Islas, Malachi Kelso, Christopher Sheridan, Bryson Smith, and Marshall Thronburg.

FEBRUARY EVENTS

Mark your calendars for these big events in February:

February 4	Wrestling Senior Night before 5:00 home duals
February 7	Basketball Youth Sport Night at halftime of the 5:30/7:00 home games
February 11	Senior Night before the start of the 7:30 girls basketball game
February 14-15	HS Girls District Wrestling at Cottage Grove High School
February 18, 20, 22	HS Basketball League Playoffs, time and location TBD
February 22	HS Boys District Wrestling at Oakridge High School at 10:00
February 24	8th Grade Night between the A and B games beginning at 4:30
February 27-March 1	HS Wrestling State at Veterans Memorial Coliseum

January 2025

JUNIOR HIGH WINTER SPORTS

Junior High Girls Basketball finished a successful season with a league championship! Led by 8th graders Tatum Clark, Tayler Griffin, Summer Kenworthy, Zayah Isley, Kailei Marcus, and Zuzana Murray, this group of athletes had an incredible hunger for the sport that Coach Jared was happy to feed. The team's insatiable drive and passion led them to request more and more non-league games in their schedule. Coach Jared felt proud of all of the girls, their growth, and their success this season and can't wait to see what their future holds.

Junior High (7-8) Boys Basketball will have their first practice on Tuesday, January 7 at 4:30 in the high school Cafetorium with a parent meeting to follow. Make sure your athlete has a current physical and is registered on ParentVue. A link can be found at lowell.k12.or.us/athletics.

Junior High Wrestling will celebrate 8th Grade Night on Wednesday, January 15 at their home dual vs Oakridge beginning at 6:00. Then, they will finish their season by hosting the District Tournament on Saturday, January 25 at Lowell High School. Please join us in celebrating the team at these big events.

HIGH SCHOOL WINTER SPORTS



Our **high school boys' basketball** team is led by Kory Roberts and assisted by Mike Neet and Kole Powell. Athletes (pictured left) include juniors Callum Plahn, Wyatt Smith, and Alex Sotomayor; sophomores Colton Crutcher, Carson Ewan, Gage Greco, Tyler Harris, Zak Hermansen, Wyatt McNamee, Christopher Meador, and Jax Norcutt; and freshmen Quentin Fuller, Henley Garner, Easton Lauzon, Ryder Ortiz, Eric Sotomayor, Walker Straight, and Lukas Williams.

Our **high school girls' basketball** team is led by Pat Todd and assisted by Ray Yarbrough, Lindsay Maher, Daniel Ray, and Patrick Aldinger. Athletes (pictured right) include seniors Gracie Aldinger, Jada Cantrell, Hazel Garner, and Cheyanne McNamee; juniors Nevaeh Neet and Marley Plahn; sophomore Jade Clark, Aubrey Gastelo, and Aniah Watson; and freshman Kylie Greer.



Our **high school wrestling** team is led by Alvin Riggs and assisted by Britt Coiner, Symon Thurman, and Jocelyn Trozelle. Athletes (pictured left) include seniors Paul Clark, Harley Hardison, Ryan Pelroy, Shelby Plagmann, and Levi Stewart; junior David Finch; sophomores Ashlynn Anderson, Henry Coiner, Adam Davis, Wyatt Pelroy, Jaymisen Webb, and Emma Zylstra; and freshmen Landon Johnson, Wyatt Johnson, Eli Pickett, and Ben Thurman.

December 2024

HIGH SCHOOL FALL SPORT WRAP-UP

High school football (4-2 league, 6-4 overall) made it to the first round of the state playoffs after a 3rd place league finish led by seniors and team captains Paul Clark, Harley Hardison, Ryan Pelroy, and JaMar Thurman. To top off a great season, several of our athletes were recognized with All-League honors;

Alex Sotomayor (jr) — Honorable Mention Defensive End
Carter Harris (jr) — 1st Team Defensive Back, 2nd Team Quarterback
David Finch (jr) — 1st Team Center, 2nd Team Defensive Tackle
Harley Hardison (sr) — 2nd Team Linebacker
JaMar Thurman (sr) — Offensive Co-MVP, 1st Team Running Back
Jax Norcutt (so) — 1st Team Kicker
Paul Clark (sr) — 2nd Team Defensive Tackle
Tyler Harris (so) — 1st Team Defensive-End, 2nd Team Offensive-Line
Zak Hermansen (so) — Honorable Mention Kick/Punt Returner

High school volleyball (6-4 league, 15-9 overall) capped off their season finishing 2nd in league and top-16 in state led by team captains Aly Curry and Hazel Garner. Additionally, many of our athletes were recognized with All-League honors;

Aly Curry (sr) — 2nd Team All-League
Hazel Garner (sr) — 1st Team All-League
Madison Thurman (jr) — 1st Team All-League
McKenna McComas (so) — Honorable Mention All-League

High school cross country had a small team this year with just five athletes, but those five athletes brought a combined total of 14 years experience. The season finished strong with 3 runners competing in the district meet, finishing with two personal records and one season best.

JUNIOR HIGH WINTER SPORTS



Our **junior high wrestling** team is led by Varney Doreen and assisted by Britt Coiner. Athletes (tournament competitors pictured left) include 8th graders Zophia Fassbender, Corven Floyd, and Landen Omlin; 7th graders Will Coiner, Jason Crawford, Bryson Dobson, Banyan Jalof, Ben Johnson, Jayden Murray, Olivia Pelroy, Elise Skordahl, Bryson Smith, and Joseph Webb; and 6th graders Ben Johnson, Elijah Johnston, Blitz Maher, and Lillian Wiley; and 5th grader Cash Kenworthy.

Our **junior high girls' basketball** team is led by Jared Neet and assisted by John Dickinson and Rob Neet. Athletes (pictured right) include 8th graders Tatum Clark, Tayler Griffin, Summer Howes-Smith, Zayah Isley, Kailei Marcus, Zuzana Murray, and Alexis Owsley; 7th graders Madison Anders, Ashlyn Baszler, Kinsley Bazzani, Peyton Courtney, Olivia Pelroy, and Alauna Young; and 6th graders Jayden Dickinson, Haylee Fulton, Annabel Heisler, Kya Naylor, Camden Neet, and Sutton Ortiz.



November 2024

STATE VOLLEYBALL & FOOTBALL

High school volleyball's state tournament begins on Saturday, November 2. Time, location, opponent, and brackets can be found at <https://www.osaa.org/activities/vbl?div=2A>. The Final 8 Tournament will be held at Ridgeview High School on Friday and Saturday, November 8 and 9.

High school football's State Championship Tournament kicks off on Friday, November 8 and 9. The bracket, including finalized dates, times, and opponents, can be found at <https://www.osaa.org/activities/fbl/brackets?div=2A>.

MIDDLE SCHOOL FALL SPORT WRAP-UP

Middle school football had a challenging season with only three 8th graders, Corven Floyd, Brenten Davies, and Taylor Sheridan. However, all three stepped up as leaders and set the tone for the underclassmen with their hard work and hustle. With their help and the guidance of coaches Pat Todd, Nick Trullinger, Kory Roberts, and Daniel Ray, the team saw huge growth and improved every week of the season.

Middle school volleyball (8-1) grew in skill level and as young women led by Coaches Jessica McCart and Jamie Kenworthy. This tremendous season reflects the hard work and dedication of the whole team and their captains Summer Kenworthy and Christina Henshall. Coach McCart said he A-team "played their hearts out. They grew as a team on and off the court." To add to that, the B-team "had an amazing season of growing and gaining skills to beat some of the toughest teams we have faced. They always encourage each other."

Middle school cross country had a fun and successful season. Sixth grader Theo Waters set the Lowell Junior High record in the 3000m with a time of 11:09.2. and finished 3rd in one meet with 267 competitors. He and his teammates all showed incredible tenacity and improvement throughout the season.

HIGH SCHOOL WINTER SPORTS

Please make sure your athletes are up-to-date on their biennial physical exams, have completed their concussion baseline tests, and are registered at https://or-lowell.edupoint.com/PXP2_Login.aspx prior to participating.

We are proud to have many multi-sport athletes and understand that the Fall post-season may overlap with the beginning of Winter sports. All athletes still competing in Fall sports will be allowed to continue until their season concludes and to join Winter sports afterward without repercussion.

High School Boys Basketball

Head Coach: Kory Roberts
First Practice: Monday, November 18 at 7:00 p.m.
Lowell High School gym

High School Wrestling

Head Coach: Alvin Riggs
First Practice: Monday, November 18 at 3:30 p.m.
Lowell High School wrestling room
Parent Meeting: Monday, November 18 at 6:00 p.m.
Lowell High School wrestling room

High School Girls Basketball

Head Coach: Pat Todd
Parent Meeting: Monday, November 18 at 3:30 p.m.
Lowell High School gym
First Practice: Thursday, November 21 at 6:00 p.m.
Lowell High School library

**"SOME PEOPLE WANT IT TO
HAPPEN, SOME WISH IT
WOULD HAPPEN, OTHERS
MAKE IT HAPPEN."**

October 2024

ATHLETIC EVENTS

October 4	Homecoming —At halftime of the 7:00 game vs. Culver
October 9	Football 8th Grade Night — At halftime of the 5:00 game vs. Oakridge
October 10	Volleyball Youth Sport Night —During the 4:30/6:00 games vs. Bonanza
October 14	Volleyball 8th Grade Night —In between the 4:30 A/B games vs. Oakridge
October 24	Volleyball Senior Night —In between the 4:30/6:00 games vs Culver
October 25	Football Senior Night — Prior to the start of the 7:00 game vs. Glide
October 26	Volleyball District Tournament — Tournament times TBD at Lowell High School
October 31	Cross Country District Championships — 11:00 at Lane Community College

JUNIOR HIGH FALL SPORTS

Our **cross country team** is led by Jill Chapman. Athletes (pictured right) include 8th graders Zuzana Murray and Kailei Marcus; 6th graders Sutton Ortiz and Theo Waters, and 5th grader Arley Marcus.



Our **football team** is led by Pat Todd and assisted by Daniel Ray, Kory Roberts, and Nick Trullinger. Athletes (pictured above, left) include 8th graders Brenten Davies, Paxton Fassbender, Corven Floyd, Xavier Islas, Landen Omlin, and Taylor Sheridan; 7th graders Will Coiner, Jason Crawford, Isaac Estrada, Jayson Islas, Banyon Jalof, Ben Johnson, Beau Mark, Derryk McNichols, Jayden Murray, Christopher Sheridan, Marshall Thronburg, and Joey Webb; and 6th graders Sevastian Benway, Malaki Fuller, Jacksen Davies, Iber Islas, Casen Gould, Ben Johnson, Elijah Johnston, Blitz Maher, and AJ Trullinger.



Our **volleyball team** is led by Jessica McCart and assisted by Jamie Kenworthy. Athletes (pictured above) include 8th graders Journee Aden, Mya Arciga, Tatum Clark, Yareli Delgado, Zophia Fassbender, Tayler Griffin, Christina Henshall, Summer Howes-Smith, Alexis Owsley, and Izabella Park; 7th graders Madison Anders, Ashlyn Baszler, Kinsley Bazzani, Peyton Courtney, Yaraileth Islas, Samantha Lesch, Bristol Miller, Olivia Pelroy, Elise Skordahl, and Alauna Young; and 6th graders Addy Brooks, Emma Davis, Arianna Delgado, Ella Korstad, Paisley Moncrief, Callie Neet, Lillian Wiley, and Ireland Williamson.

September 2024

MIDDLE SCHOOL FALL SPORTS

Registration is open and must be complete prior to participation, including the biennially required physical exam. Students can register using the QR code to the left. Please note, student school enrollment must be complete for the current school year *before* you can start the athletic registration process.



Middle School Football (6th-8th grade)

Head Coach: Pat Todd

First Practice: Tuesday, Sept. 3 at 3:30 p.m.
Lundy practice field
Parent Meeting: Thursday, Sept. 5 at 5:30 p.m.
Lundy practice field

Middle School Volleyball (6th-8th grade)

Head Coach: Jessica McCart

First Practice: Wednesday, Sept. 4 at 3:15 p.m.
Lundy Elementary gym
Parent Meeting: Monday, Sept. 9 at 5:00 p.m.
Lundy Elementary gym

Middle School Cross Country (5th-12th) practices are already underway, but it's not too late to join!

Practices: Weekdays at 4:00 p.m.
Lowell High School track

Parent Meeting: Wednesday, Sept. 4 at 5:30 p.m.
Lowell High School track

HIGH SCHOOL FALL SPORTS

Our **cross country team** is led by Jill Chapman. Athletes (pictured right) are senior Callum Plahn and freshmen Henley Garner and Ryder Ortiz.



Our **volleyball team** is led by Rachel Thurman and assisted by Ray Fassbender and Mandy Kintzley. Athletes (pictured left) include seniors Kiahna Baszler, Jada Cantrell, Aly Curry, Hazel Garner, and Cheyanne McNamee; juniors McKenna Fassbender, Matti Skordahl, and Madison Thurman; sophomores Savannah Baszler, Jade Clark, Aubrey Gastelo, Maralynn Gastelo, McKenna McComas, and Aniah Watson; and freshmen Quinn Boucher, Kyla Dobson, Gabrielle Gross, and Natalie Trullinger.

Our **football team** is led by Ray Yarbrough and assisted by Pat Todd, Mark Kintzley, Kole Powell, Brody Scott, Mark Gonzales, and Nicky Sotomayor. Athletes (pictured below) include seniors Paul Clark, Harley Hardison, Ryan Pelroy, and Jamar Thurman; juniors Ciaran Burch, Liam Burch, Saul Clark, David Finch, Carter Harris, Alex Sotomayor, Barrett Straight, and Josh Walker; sophomores Colton Crutcher, Carson Ewan, Gage Greco, Tyler Harris, Zak Hermansen, Wyatt McNamee, Jax Norcutt, Wyatt Pelroy, Brodee Rhinevault, Gabe Thurman, and Jaymisen Webb; and freshmen Brendan Hourigan, Landon Johnson, Wyatt Johnson, Eli Pickett, Eric Sotomayor, Ben Thurman, Lukas Williams, and Justin Yarbrough.



Join us for Youth Sport Night during the September 20th football game vs Bonanza.

August 2024

JR/SR HIGH ATHLETIC REGISTRATION IS OPEN!

Registration is open for all middle school and high school sports and must be complete prior to participation. As always, we have no sports fees, no try-outs, and no cuts. And the registration process is easy:

1. **Complete your biennial physical exam.**
2. **Register on ParentVue using the QR code to the right or by going to https://or-lowell.edupoint.com/PXP2_Login.aspx.**
Please note, student enrollment registration must be complete for the current school year *before* you can start the athletic registration process. Once your student is registered, click the "online registration" button in the top right corner of your account and select "Athletic Registration".
3. **(High school only) Complete a biennial IMPACT concussion baseline test.**

If your student is due for a new baseline, a free test link will be emailed to you after registration.



JR/SR HIGH FALL SPORTS

High School Football

Head Coach: Ray Yarbrough

First Practice: Monday, Aug 19 at 7:30 a.m.
Lundy practice field
Parent Meeting: Tuesday, Aug 20 at 6:00 p.m.
Lowell High School football field
Social Media:  Lowell Red Devil Football, Lowell, Oregon
 @lowellreddevilfootball

Middle School Football (6th-8th grade)

Head Coach: Pat Todd

Team Camp: Thurs-Fri, Aug 15-16 at 6:00 p.m.
Lundy practice field
First Practice: Tuesday, Sept 3 at 3:30 p.m.
Lundy practice field
Parent Meeting: Thurs, Sept 5 at 5:30 p.m.
Lundy practice field

High School Volleyball

Head Coach: Rachel Thurman

First Practice: Monday, Aug 19 at 5:00 p.m.
Lowell High School gym
Social Media:  Lowell Red Devil Volleyball
 @lowell_volleyball_

Middle School Volleyball (6th-8th grade)

Head Coach: Jessica McCart

First Practice: Wednesday, Sept. 4 at 3:15 p.m.
Parent Meeting: Monday, Sept. 9 at 5:00 p.m.
Lundy Elementary gym

Middle/High School Cross Country (5th-12th grade)

Head Coach: Jill Chapman

First Practice: Monday, Aug 19 at 4:00 p.m.
Lowell High School track
Parent Meeting: Wednesday, Sept 4 at 5:30 p.m.
Lowell High School track
Social Media:  Lowell Cross Country
 @red_devil_cross_country



YOUTH SPORT CAMPS

Please support our high school football and volleyball teams as they host youth camps for kids in our community. Online registration is preferred. Links will be available on each team's social media pages.

Football Camp

Grades: Kindergarten-8th grade
Dates: Thursday-Friday, August 15-16
Times: 5:00-6:00 p.m.
Location: Lundy practice field
Cost: \$20, including a t-shirt

Volleyball Camp

Dates: Tuesday-Thursday, August 13-15
Times: 1st-5th grade—4:00-5:30 p.m.
6th-9th grade—5:30-7:00 p.m.
Location: Lowell High School gym
Cost: \$30, including a t-shirt

July 2024

SOFTBALL ALL-STATE AWARDS

Awards have continued to roll in for our outstanding softball team after yet another trip to the state tournament;

Amerika Baszler (sr) — 1st Team All-State Outfielder

Kaili Kirkhart (sr) — Honorable Mention All-State Catcher

Kassidy Matthews (sr) — Honorable Mention All-State Pitcher

Madison Thurman (so) — Honorable Mention All-State Infielder

ATHLETES & COACH OF THE YEAR

Rowan Files, a senior, was named Lowell High School's Male Athlete of the Year for the second time. As a three-sport Varsity athlete, Rowan went to state in football, basketball, and track all while maintaining a spot on honor roll. He helped his team win the football state championship and was named 1st Team All-State Tight End, 1st Team All-State Linebacker, and the All-State Defensive Player of the Year after leading the 2A division in tackles this season with 117. In basketball, Rowan earned 2nd Team All-League recognition as his team finished in the top 16 of the state tournament. And in track, Rowan was a team captain who placed in three district events (100m, 4x100m, javelin) and placed 3rd in state at the 100m. During the season, Rowan set the all-time school record for both the 100m and 200m with times of 11.2 and 22.9, respectively.



Amerika Baszler, a senior, is Lowell's Female Athlete of the Year. Amerika was a Varsity star and team captain in both volleyball and softball while also staying on honor roll. In volleyball, Amerika earned 1st Team All-League honors while playing the setter and outside hitter positions. She helped her team finish 2nd in league and 6th in state. Adding to that in softball, the team finished 2nd in league with Amerika earning 1st Team Outfielder and Player of the Year awards. Continuing to state, the team reached the top 16, where Amerika was recognized again with 1st Team All-State Outfielder honors.

Ray Yarbrough was named Lowell's Coach of the Year for his effort and success with our football team. He ended his first year as Lowell's head coach with an undefeated regular season, a league championship, and Lowell's first ever football state championship. Coach Yarbrough was also named the OACA 2A Football Coach of the Year. He is loved by his athletes and is recognized for his year-round dedication to his sport.

June 2024

SPRING SPORT WRAP-UP

High school baseball finished 3rd in the Central Valley Conference (7-8 league, 7-16 overall) and earned Academic All-State honors led by league Coach of the Year Boone Casarez. Team captains Louie Estrada and Camden Alexander, along with several of their teammates, received all-conference honors as well;

Louie Estrada (sr) — 2nd Team First Baseman
Carter Harris (so) — Honorable Mention Infield
Henry Coiner (fr) — Honorable Mention Outfield
Zak Hermansen (fr) — 2nd Team Pitcher

Camden Alexander (jr) — 2nd Team Catcher
Barrett Straight (so) — 1st Team Outfield
Adam Davis (fr) — Honorable Mention Infield
Wyatt McNamee (fr) — 2nd Team Pitcher

High school softball finished 2nd place in league play (10-4 league, 16-7 overall) and had a top 16 finish in state. Senior Amerika Baszler was named Player of the Year and was a team captain alongside Annabelle Pickett, Brooke Davis, Elizabeth Able, Kaili Kirkhart, and Kassidy Matthews. The team earned Academic All-State and individual league recognition;

Amerika Baszler (sr) — 1st Team Outfield, Player of the Year
Kaili Kirkhart (sr) — 1st Team Catcher
Cheyanne McNamee (jr) — 2nd Team Infield

Brooke Davis (sr) — 2nd Team Outfield
Kassidy Matthews (sr) — 1st Team Pitcher
Madison Thurman (so) — 1st Team Infield

High school track & field had a tremendous season. On top of earning Academic All-State honors, the team earned many podium finishes at the District meet;

Jade Clark (fr) — 5th 400m, 6th 4x100m, 4th long jump
Aubrey Gastelo (fr) — 6th 4x100m, 8th long jump
Isabella Peterson (jr) — 6th 100m hurdles
Madeline Peterson (so) — 6th 4x100m
Matti Skordahl (so) — 6th 4x100m
Aniah Watson (fr) — 7th 100m, 5th 200m

Rowan Files (sr) — 1st 100m, 4th 4x100m, 3rd javelin
Bryson Hoffman (jr) — 4th 4x100m
Jax Norcutt (fr) — 4th 4x100m, 5th long jump, 4th triple jump
Colten Wendt (jr) — 4th 4x100m

On top of that, **Rowan Files** broke both the 100m and 200m school records this season. He and **Jax Norcutt** earned spots at the State Championships where Rowan placed 3rd in the 100m and Jax finished 8th in the long jump.

Middle school track & field continued the success with many District placers;

Elisa Montes-Castro (8) — 7th 400m, 8th 4x100m
Mya Arciga (7) — 8th 4x100m
Tayler Griffin (7) — 8th 4x100m
Zayah Isley (7) — 8th 4x100m
Zuzana Murray (7) — 7th 200m hurdles
Ashlyn Baszler (6) — 7th 400m
Kinsley Bazzani (6) — 8th 100m hurdles,
4th 200m hurdles
Yaraileth Islas (6) — 7th shot put
Olivia Pelroy (6) — 8th shot put
Alauna Young (6) — 9th 400m

Ryder Ortiz (8) — 8th 400m, 5th 4x100m
Eric Sotomayor (8) — 7th 100m, 7th 200m, 5th 4x100m
Nate Waters (8) — 5th 4x100m
Brenten Davies (7) — 3rd 100m hurdles,
3rd 200m hurdles, 5th 4x100m
Banyan Jalof (6) — 4th 100m, 2nd 100m hurdles,
2nd 200m hurdles, 2nd long jump
Joseph Webb (6) — 4th javelin
Theo Waters (5) — 4th 800m

PUTTING "STUDENT" FIRST FOR OUR STUDENT-ATHLETES

Our high school baseball, softball, track, band, and choir teams all earned Academic All-State honors this season! With this achievement, our hard working athletes and musicians have now earned OSAA academic recognition in all eleven eligible activities this year. Huge congrats to our exceptional students, coaches, teachers, and supportive families!



May 2024

RECORD-BREAKING RECORDS BROKEN



On Thursday, April 11 in Pleasant Hill, Rowan Files left spectators in awe as he not only raced past competitors but also left a trail of shattered school records in his wake. With an astonishing time of 11.2 seconds in the 100m sprint, Rowan took the gold and earned a spot on Lowell High School's record board. But Rowan didn't stop there. In the 200m event, he blazed across the finish line in an astounding 22.9 seconds, surpassing even his own state championship-winning time from 2022.

What makes Rowan's achievement even more remarkable is that this isn't his first time rewriting the record books. Last year, he made history by breaking the school javelin record, showcasing his versatility and dominance across multiple disciplines. With each stride Rowan takes and each record he shatters, he continues to leave an indelible mark on Lowell, inspiring generations of track and field athletes to come.

As we celebrate Rowan's incredible accomplishments, we eagerly anticipate what the future holds for this extraordinary athlete and his teammates in the postseason. The District Championships will be held at Bandon High School on May 11, and the State Championships will be at Hayward Field on May 16-17.

May 2024

OACA COACH OF THE YEAR

Coach Ray Yarbrough has been named the OACA 2A Football Coach of the Year! This honor is awarded by the vote of coaches across the state and comes on the heels of Lowell's first ever football state championship. Mr. Yarbrough is a coach who lives and breathes the sport, always going the extra mile to create opportunities for his team to grow and succeed. From hosting weight lifting to running summer camps to attending coaching clinics (and speaking at them!), Coach Yarbrough knows no off-season. His players are inspired by his hard work and appreciate that he gets the most out of them while also keeping football fun. Congratulations, Coach Yarbrough!



JUNIOR HIGH TRACK & FIELD

Our **junior high track & field** team is led by Lynette Alexander. Athletes (pictured below) include 8th graders Chayden Daniels, Gabrielle Gross, Ryder Ortiz, Eric Sotomayor, Maia Wagner, and Nate Waters; 7th graders Mya Arciga, Paxton Fassbender, Tayler Griffin, Zayah Isley, Kailei Marcus, Zuzana Murray, and Taylor Sheridan; 6th graders Ashlyn Baszler, Kinsley Bazzani, Peyton Courtney, Yaraileth Islas, Banyon Jalof, Bristol Miller, Olivia Pelroy, Elise Skordahl, Joseph Webb, Caymbrin Wendt, and Alauna Young; and 5th graders Jacksen Davies and Theo Waters.



Join us for Districts at Junction City High School on Wednesday, May 15.

HIGH SCHOOL SPRING SPORTS

Please join us in supporting our high school athletes at these big events in May:

May 9	Softball Senior Night at Lowell vs Yoncalla 4:30 p.m.
May 11	Track Districts at Bandon 10:00 a.m.
May 14, 16	Softball League Playoffs (times, dates, and opponents TBD)
May 15	Baseball Senior Night at Lowell vs Camas Valley 4:30 p.m.
May 16-17	Track & Field State Championships at the University of Oregon
May 20, 22, 24, 28	Baseball/softball State Playoffs (times, dates, and opponents TBD)

April 2024

WINTER SPORTS WRAP UP

High School Boys Basketball continues to add up the accolades. By vote of 2A basketball coaches across the state, senior Jaden Jalof received Honorable Mention All-State honors. Congratulations, Jaden!

Junior High Boys Basketball moved to a tough league this year where our 6th through 8th graders competed against 8th grade-only teams from larger schools. Still, A-team captain Henley Garner and B-team captains Easton Lauzon and Brenten Davies helped lead their teams in high-level competition. Coach Jacob McCart said, "Playing in a higher league with good competition challenged our teams, pushing us in ways that turned into learning opportunities on and off the court, making us better as a team and as individuals. No matter the victory or the record, these young men came out victorious."

HIGH SCHOOL SPRING SPORTS



Our **high school softball** team is led by Mark Gonzales and assisted by Pat Todd and Wade Davis. Athletes (pictured left) include seniors Amerika Baszler, Annabelle Pickett, Brooke Davis, Elizabeth Able, Kaili Kirkhart, and Kassidy Matthews; juniors Cheyanne McNamee, Jada Cantrell, and Gracie Aldinger; sophomores Madison Thurman, Marley Plahn, and McKenna Fassbender; and freshman Kaylie Dodson.

Our **high school baseball** team is led by Boone Casarez and assisted by Dan Casarez. Athletes (pictured right) include senior Louie Estrada; juniors Harley Hardison and Camden Alexander; sophomores Barrett Straight and Liam Burch; and freshmen Wyatt Pelroy, Adam Davis, Henry Coiner, Wyatt McNamee, and Zak Hermansen.



Our **high school track & field** team is led by Jill Chapman and assisted by Dan Goss. Athletes (pictured left) include seniors Jaden Jalof, Justin Hern, and Rowan Files; juniors Amelia McCollister, Bryson Hoffman, Colten Wendt, Isabella Peterson, and Ryan Pelroy; sophomores Ayden Medart, Callum Plahn, David Finch, Madeline Peterson, , and Matti Skordahl; and freshmen Aniah Watson, Aubrey Gastelo, Carson Ewan, Christopher Meador, Gage Greco, Jade Clark, Jax Norcutt, Marix Wendt, and Tyler Harris

March 2024

Junior High Athletes & Parents,

Spring is here, and we invite all Lowell and in-district 5th-8th grade athletes to join us in Track & Field. In an effort to remove as many obstacles to participation as possible, we will continue to have no sports fees, no try-outs, and no cuts. And the registration process is easy.

REGISTRATION

Go to https://or-lowell.edupoint.com/PXP2_Login.aspx for simple, virtual registration with ParentVue. A doctor's physical examination is required biennially and must be uploaded as a PDF. Registration, including the physical exam, must be complete prior to participation.

Contact Activities Director Cindy Neet for questions or assistance with ParentVue at 541-937-2124 ext. 100.

PARTICIPATION

Head Coach:	Lyn Alexander
First Practice:	Wednesday, April 3 at 3:15 p.m. Lowell High School track

Check out The Bridge and follow the Lowell School District Facebook page for more athletics updates. We look forward to another great season.

March 2024

HARDISON BRINGS HOME THE HARDWARE

Four Lowell wrestlers earned a spot in the OSAA Wrestling State Championships; junior Levi Stewart (106), junior Harley Hardison (120), junior Paul Clark (175), and sophomore David Finch (285). All four wrestlers earned points and contributed to Lowell's 6th place team finish. Plus, three of our wrestlers brought home medals: Paul with bronze, David with silver, and Harley with gold. *(See Page 3 for more wrestling achievements.)*

Paul Clark secured 3rd place and his first state medal. After recovering from a tough first-round loss, Paul won four straight matches, including two pins and a 10-6 win in the consolation finals.

David Finch wrestled his first state finals match and came home with 2nd place. He pinned his first two opponents. Then, in his third match, David had an incredible overtime victory over the only opponent who beat him at last year's state tournament.

Harley Hardison won his second back-to-back and Lowell's 123rd state championship. Even though Harley could have had an easy path to the championship at another weight, Harley chose instead to enter the same weight class as another returning state champion because Harley knows you have to beat the best to be the best. And Harley is the best.

Congratulations to the Lowell wrestling team. Thank you for representing our community and continuing the legacy.



March 2024

WINTER SPORTS WRAP UP

High school wrestling (*continued from Cover*) found even more success at the district tournaments with a boys' 4th place team finish and 8 wrestlers placing.

Levi Stewart (jr) - 3rd place, 106

Adam Davis (fr) - 6th place, 126

Ryan Pelroy (jr) - 5th place, 157

Paul Clark (jr) - 1st place, 175

Harley Hardison (jr) - 1st place, 120

Henry Coiner (fr) - 4th place, 144

Alex Sotomayor (so) - 5th place, 175

David Finch (so) - 2nd place, 285

Junior high wrestling added to the program's success with a 6th place team finish and nine athletes placing at the junior high district tournament including six in the finals and three champions.

Olivia Pelroy (6) - 4th place, 126

Zophia Fassbender (7) - 1st place, 161

Will Coiner (6) - 3rd place, 82

Ben Johnson (6) - 2nd place, 86

Banyan Jalof (6) - 3rd place, 104

Brendan Hourigan (8) - 1st place, 125

Eli Pickett (8) - 2nd place, 165

Ben Thurman (8) - 1st place, 165

Landon Johnson (8) - 2nd place, 187



High school boys basketball (12-4 league, 20-8 overall) made it to the State tournament for the first time since Lowell re-entered the 2A division in 2018. Lowell finished the regular season 3rd in our league and in the top 16 in the state. Our athletes also earned several All-league awards;

Jaden Jalof (sr) - 1st Team, Defensive Team

Alex Stratis (sr) - All-League Defensive Team

Wyatt Smith (so) - 2nd Team All-League

Rowan Files (sr) - 2nd Team All-League

Ryder Greco (sr) - Honorable Mention All-League

High school girls basketball (6-10 league, 8-16 overall) had a building year with a lot of promising, young talent led and encouraged by our tenacious upperclassmen. Junior Cheyanne McNamee earned 2nd Team All-League honors along the way.

JUNIOR HIGH TRACK & FIELD

Interested in coaching?

Details and the application are available online at <https://lowell.tedk12.com/hire/Index.aspx>

Interested in participating?

Make sure you are registered through ParentVue at https://or-lowell.edupoint.com/PXP2_Login.aspx and keep an eye out for more information. Practices will begin after Spring Break.

February 2024

We invite all eligible high school athletes to join us for sports this winter. In an effort to remove as many obstacles to participation as possible, we will continue to have no sports fees, no try-outs, and no cuts. And the registration process is easy.

REGISTRATION

Go to https://or-lowell.edupoint.com/PXP2_Login.aspx for simple, virtual registration with ParentVue. A doctor's physical examination is required biennially and must be uploaded as a PDF. Students will also be required to complete a Concussion Baseline Test that will be emailed to parents after they are registered. Registration, including the physical exam and baseline test, must be complete prior to participation.

Contact Activities Director Cindy Neet for questions or assistance with ParentVue at 541-937-2124 ext. 100.

PARTICIPATION

We are proud to have many multi-sport athletes and understand that the Winter post-season may overlap with the beginning of Spring sports. All athletes still competing in Winter sports will be allowed to continue until their season concludes and to join Winter sports afterward without repercussion.

High School Track & Field	<i>Coach Jill Chapman</i>
First Practice:	Monday, February 26 at 4:00 Lowell High School track
Parent Meeting:	Monday, February 26 at 5:15 Lowell High School track or HS library if raining
Social Media:	 Lowell Red Devils Track & Field  @red_devil_track_and_field
High School Softball	<i>Coach Mark Gonzales</i>
First Practice:	Monday, February 26 at 4:00 Softball field at Lundy Elementary
High School Baseball	<i>Coach Boone Casarez</i>
First Practice:	Monday, February 26 at 3:15 Lowell High School baseball field
Parent Meeting	Thursday, March 7 at 5:00 Baseball field or Cafetorium if raining

Check out The Bridge and follow the Lowell School District Facebook page for athletics updates and events. We look forward to another great season.

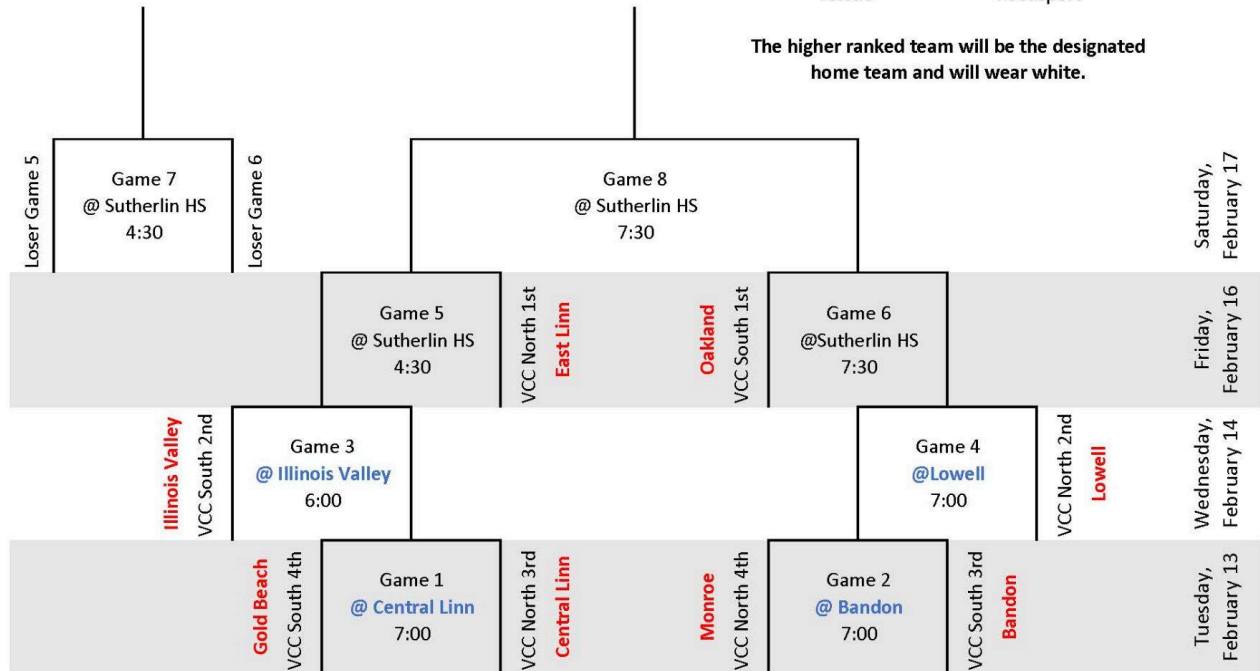
February 2024 VCC League Playoffs

Winner Game 8: 1st Place
Loser Game 8: 2nd Place
Winner Game 7: 3rd Place
Loser Game 7: 4th Place

North
1. East Linn
2. Lowell
3. Central Linn
4. Monroe
Oakridge
Toledo

South
1. Oakland
2. Illinois Valley
3. Bandon
4. Gold Beach
Waldport
Reedsport

The higher ranked team will be the designated home team and will wear white.



February 2024

FALL AWARDS CONTINUE

After outstanding performances in the Fall season, with a 6th place state finish for our volleyball team and a state championship for our football team, our student-athletes continue to be recognized with All-State awards;

Aly Curry (jr) - Honorable Mention All-State Volleyball

Annabelle Pickett (sr) - 1st Team All-State Libero, 2nd Team All-Tournament

Brody Thurman (sr) - 1st Team All-State Tight End, 1st Team All-League D-Line

Brooke Davis (sr) - Honorable Mention All-State Volleyball

David Finch (so) - 1st Team All-State O-Line

JaMar Thurman (jr) - 1st Team All-State Running Back, 1st Team All-State Corner Back,
State Offensive Player of the Year, State Championship Player of the Game

Madison Thurman (so) - Honorable Mention All-State Volleyball, 2nd Team All-Tournament

Paul Clark (jr) - 1st Team All-State O-Line, 2nd Team All-State D-Line

Rowan Files (sr) - 1st Team All-State Wide Receiver, 1st Team All-State Linebacker,
State Defensive Player of the Year

JUNIOR HIGH BOYS BASKETBALL



Our **junior high boys' basketball** team is led by Jacob McCart and assisted by Mark Gonzales. Athletes (pictured above) include 8th graders Tanner Coiner, Quentin Fuller, Henley Garner, Landon Johnson, Judah Kelso, Sawyer Landreth, Brenden Myers, Ryder Ortiz, Eric Sotomayor, Walker Straight, Ben Thurman, Nate Waters, and Lukas Williams; 7th graders Brayden Biancalana, Brenten Davies, Easton Lauzon, Gage Moncrief, Landen Omlin, Kohen Rhinevault, Easton Slabaugh, Taylor Sheridan, and Logan Smith; and 6th graders Bryson Dobson, Isaac Estrada, Holden Garner, Jayson Islas, Beau Mark, Jayden Murray, Christopher Sheridan, Kai Stapleton, Marshall Thronburg, Isaiah Wagner, Joseph Webb, and Caymbrin Wendt.

MARK YOUR CALENDARS

- Feb 8:** HS Basketball Senior Night prior to the girls 6:00 and boys 7:30 games, respectively
- Feb 9-10:** HS Boys Wrestling Districts at Lowell. Depending on bracket size, the tournament may be 1 or 2 days. A 1-day tournament would be on Feb 10. More information will be shared when available.
- Feb 13-17:** HS Basketball League Playoffs boys and girls, locations and opponents TBD
- Feb 15:** JH Boys Basketball 8th Grade Night at halftime of the 6:00 A-team game
- Feb 16-17:** HS Girls Wrestling Districts at Cottage Grove High School
- Feb 23-24:** HS Wrestling State Tournament boys and girls, at Veterans Memorial Coliseum
- Feb 23:** HS Boys Basketball State 1st Round, location and opponent TBD
- Feb 24:** HS Girls Basketball State 1st Round, location and opponent TBD
- Feb 26:** HS Spring Sports Practices Start - Make sure your athletes are registered on ParentVue.
- Feb 29-Mar 1:** High School Basketball State boys and girls, quarterfinal through championship rounds

January 2024

JUNIOR HIGH WINTER SPORTS

Junior High (6-8) Boys Basketball will have their first practice on Wednesday, January 3 at 3:15 in the Lundy Elementary gym with a parent meeting to follow. Make sure your athlete has a current physical and is registered on ParentVue. A link can be found at lowell.k12.or.us/athletics.

Junior High Girls Basketball worked hard on fundamentals this season. Coach Chittim is very proud of the entire team, but particularly wanted to recognize the four 8th graders - Chayden Daniels, Kylie Greer, River Young, and Taylor McAdams - for being encouraging leaders to the younger players. The entire team wants to thank everyone who supported the fundraiser for new uniforms. They were able to buy new jerseys, shorts, warmup shirts, and more. These items will be appreciated and enjoyed for years to come because of the community's generous contributions.

Junior High Wrestling will finish their season with their District Tournament on Saturday, January 20 at Lincoln Middle School.

HIGH SCHOOL WINTER SPORTS



Our **high school boys' basketball** team is led by Kory Roberts and assisted by Mike Neet, and Kole Powell. Athletes (pictured left) include seniors Luis Estrada, Rowan Files, Ryder Greco, Jaden Jalof, Landon Stephens, Alex Stratis, Brody Thurman, and Justus Thurman; junior Bryce Hoffman; sophomores Callum Plahn, Wyatt Smith, and Barrett Straight; and freshmen Colton Crutcher, Carson Ewan, Gage Greco, Zak Hermansen, Wyatt McNamee, and Jax Norcutt.

Our **high school girls' basketball** team is led by Janet McNamee and assisted by Rob Neet and Aly Stephens. Athletes (pictured right) include seniors Elizabeth Able, Kameron Baszler, Dani Evans, and Lilly Neet; juniors Gracie Aldinger, Jada Cantrell, Hazel Garner, and Cheyanne McNamee; sophomores Nevaeh Neet and Marley Plahn; and freshmen Jade Clark, Aubrey Gastelo, Evelyn Rogers, and Aniah Watson.



Our **high school wrestling** team is led by Lincoln Casarez and assisted by Boone Casarez and Kodye Casarez. Athletes (pictured left) include senior Kaili Kirkhart; juniors Camden Alexander, Paul Clark, Harley Hardison, Ryan Pelroy, Zander Rogers, Levi Stewart; sophomores Saul Clark, David Finch, Graycee Flesher, Ayden Medart, Alex Sotomayor, and Josh Walker; and freshmen Jade Clark, Henry Coiner, Adam Davis, Aubrey Gastelo, Wyatt McNamee, Christopher Meador, and Wyatt Pelroy.

December 2023

♪ OLD LOWELL HIGH WILL WIN OVER ALL ♪



The Lowell Red Devils won the State Football Title for the first time in school history. After earning their second straight undefeated league championship, Lowell had only one non-league loss to Weston-McEwen from Week 4. Winning State in a rematch against the TigerScots, who also defeated Lowell in the playoffs last year, only made the 74-42 victory sweeter.

Junior **JaMar Thurman** received a well-deserved Player of the Game award after gaining 618 yards and 6 touchdowns in the championship game. Additionally, JaMar secured his spot on top of OSAA's all-division stat leaderboard with the most rushing yards (2,958) and touchdowns (44) this season. Not surprisingly, JaMar was also named our league's Offensive Player of the Year.

Senior **Rowan Files** was named the league's Defensive Player of the Year and had the most tackles of all 2A players in the state with 117 this season including 9 in the championship game. On top of that, Rowan is also a force offensively. He added 2 touchdowns in the championship game on 3 receptions for 73 yards.

Senior **Brody Thurman** was the league's Lineman of the Year and had the most sacks at any division in the state with a staggering 20 including 2 added in the match against Weston-McEwen.

While many athletes earned tremendous accomplishments, the victory can only be described as an incredible team effort. Off the field, the team received Academic All-State recognition. On the field, many more of our athletes received All-League honors (see below) and worked hard to help bring Lowell the state championship.

Congratulations to all of the athletes, coaches, parents, staff, and volunteers who have played a significant role in this historic achievement. You have made our community proud.

December 2023

HIGH SCHOOL FALL SPORT WRAP-UP (continued from Cover)

High school football topped off its historic season with many outstanding All-Conference awards;

Brody Thurman (sr) — Lineman of the Year, 1st Team All-League Tight End, 1st Team All-League D-Line
Carter Harris (so) — 2nd Team All-League Quarterback, 2nd Team All-League Defensive Back
David Finch (so) — 1st Team All-League Center, 2nd Team All-League D-Line
Harley Hardison (jr) — 2nd Team All-League Linebacker
Jamar Thurman (jr) — Offensive Player of the Year, 1st Team All-League Running Back, 1st Team All-League D-Back
Justus Thurman (sr) — Honorable Mention Wide Receiver, Honorable Mention Kicker
Luis Estrada (sr) — Honorable Mention D-Line
Paul Clark (jr) — 1st Team All-League Guard, 1st Team All-League D-Line
Rowan Files (sr) — Defensive Player of the Year, 1st Team All-League Wide Receiver, 1st Team All-League Linebacker
Ryder Greco (sr) — Honorable Mention Linebacker
Tyler Harris (fr) — Honorable Mention O-Line

High school volleyball (14-2 league, 28-6 overall) capped off their season finishing 2nd in league and 6th in the state. Senior team captain Annabelle Pickett and sophomore Madison Thurman both received 2nd Team All-Tournament honors for their outstanding performances at State. Additionally, many of our athletes were recognized with All-League honors;

Aly Curry (jr) —
2nd Team All-League
Amerika Baszler (sr) —
1st Team All-League
Annabelle Pickett (sr) —
1st Team All-League Libero
Brooke Davis (sr) —
2nd Team All-League
Kaili Kirkhart (sr) —
2nd Team All-League
Madison Thurman (so) —
2nd Team All-League
Vicki Skordahl (sr) —
Honorable Mention All-League



High school cross country was made up of two athletes with exceptional dedication to the sport. Sophomore Ayden Medart, a first-time Lowell runner, improved his 5000m time by 1:30 during his first cross country season. Sophomore Callum Plahn also improved shaving 0:46 off of his 5000m personal record.

JUNIOR HIGH WINTER SPORTS



Our **junior high wrestling** team is led by Varney Doreen and assisted by Jason Pickett. Athletes (pictured left) include 8th graders Tanner Coiner, Brendan Hourigan, David Islas, Landon Johnson, Wyatt Johnson, Eli Pickett, and Ben Thurman; 7th graders Paxton Fassbender, Zophia Fassbender, Corven Floyd, and Landen Omlin; 6th graders Will Coiner, Jason Crawford, Banyan Jalof, Ben Johnson, Jayden Murray, Olivia Pelroy, and Joseph Webb; and 5th graders Iber Islas and Blitz Maher.

Our **junior high girls' basketball** team is led by Chelsea Chittim and assisted by Sierra Roberts. Athletes (pictured right) include 8th graders Chayden Daniels, Kylie Greer, Taylor McAdams, Ceilidh McNichols, Natalie Trullinger, and River Young; 7th graders Tatum Clark, Tayler Griffin, Summer Howes-Smith, Zayah Isley, Kailei Marcus, Zuzana Murray, and Alexis Owsley; and 6th graders Madison Anders, Ashlyn Baszler, Kinsley Bazzani, Peyton Courtney, Yaraileth Islas, Olivia Pelroy, Elise Skordahl, and Alauna Young.



November 2023

ON TO STATE!

High school volleyball will compete in the 2-day Volleyball State Championship Tournament at Ridgeview High School in Redmond. Their first game will be at 10:00 a.m. on Friday, November 3 against Oakridge. Brackets can be found at <https://www.osaa.org/activities/vbl?div=2A>.

High school football will host Clatskanie in the first round of Football State Championship Tournament, which begins the first weekend of November. The bracket, including dates and times, can be found at <https://www.osaa.org/activities/fbl/brackets?div=2A>

MIDDLE SCHOOL FALL SPORT WRAP-UP

Middle school football (5-0 league, 5-1 overall) took 1st place in their league with their second straight undefeated conference schedule led by Coach Wade Davis and Assistant Nicky Sotomayor. Coach Davis is very proud of how the 8th graders, including team captains Ben Thurman, Eli Pickett, and Walker Straight, stepped up this year after graduating 14 players the prior season and worked to play as a team.

Middle school volleyball (5-4) grew in skill level and as young women led by Coaches Jessica McCart and Jamie Kenworthy. After last year's 1-win season, finishing in the upper half of the league reflects the hard work and dedication of the team and captains Lexi Owsley, Kyla Dobson, Ashlyn Baszler, and Elise Skordahl. Coach McCart said of her team, "They challenged each other and supported each other. We end the season with our heads held high and looking forward to next season."

Middle school cross country had a fun and successful season. Each athlete on the team set personal records, and two new Lowell Junior High School records were set by 7th grader Zuzana Murray; 13:21.3 in the 3000m and 15:35.0 in the 3200m. Coach Jill Chapman is very proud of her team and enjoyed working with them.

HIGH SCHOOL WINTER SPORTS

Please make sure your athletes are up-to-date on their biennial physical exams, have completed their concussion baseline tests, and are registered at https://or-lowell.edupoint.com/PXP2_Login.aspx prior to participating.

We are proud to have many multi-sport athletes and understand that the Fall post-season may overlap with the beginning of Winter sports. All athletes still competing in Fall sports will be allowed to continue until their season concludes and to join Winter sports afterward without repercussion.

High School Boys Basketball



Head Coach: Kory Roberts

First Practice: Monday, November 13 at 7:00 p.m.
Lowell High School gym

High School Wrestling

Head Coach: Lincoln Casarez

First Practice: Monday, November 13 at 3:15 p.m.
Lowell High School wrestling room



Social Media:  Lowell Red Devils Wrestling, Lowell, Oregon
 @lowell_wrestling

High School Girls Basketball

Head Coach: Janet McNamee

Parent Meeting: Monday, November 6 at 6:00 p.m.
Lowell High School gym

First Practice: Monday, November 13 at 4:00 p.m.
Lowell High School gym

Social Media:  Lowell Red Devil Girls Basketball
 @red.devils.basketball

October 2023

We could not be prouder of our Lowell High School volleyball team as they head into the state tournament. Join us in supporting them as we host the first round of state playoffs **Saturday, October 28 at 2:00 p.m. at home versus Stanfield.**



For all state playoff games, OSAA sets event management policies including ticket pricing and purchasing. Admission is \$10 for adults and \$6 for children 5 and up. Download the *OSAA Live* app by scanning the QR code to the left or by searching “OSAA Live” in your app store to purchase tickets, shop state merchandise, access championship programs, and more. Cash sales will also be available on site. All card sales must be made through the app.

Please remember that as our athletes reflect positively on our community, we want to reflect positively on them as well. All cheers, comments, and actions must be in direct support of our team and must never be negative toward our athletes, coaches, officials, or opponents.

We look forward to seeing you and cheering on Devils Volleyball this Saturday.

October 2023

Lowell Athletes & Parents,

We invite all eligible junior high athletes to join us for sports this winter. In an effort to remove as many obstacles to participation as possible, we will continue to have no sports fees, no try-outs, and no cuts. And the registration process is easy.

REGISTRATION

Registration is now through ParentVue at https://or-lowell.edupoint.com/PXP2_login.aspx. After school registration is complete, click the “online registration” button in the top right corner of your account and select “2023-2024 Athletic Registration.” The registration process must be complete and the biennial physical exam must be uploaded prior to participating in practices or contests.

If you have any questions about this process or need help with registration, please contact Activities Director Cindy Neet at 541-937-2124 ext. 100 or cneet@lowell.k12.or.us.

PARTICIPATION

Junior High (5-8) Wrestling *Coach Varney Doreen*

Parent Meeting: Friday, October 20 at 5:30 p.m.
Lundy Elementary gym

Junior High (6-8) Girls Basketball *Coach Chelsea Chittim*

First Practice: Thursday, October 19 at 3:30 p.m.
Lowell High School library

Parent Meeting: Thursday, October 19 at 5:00 p.m.
Lowell High School cafeteria

Junior High (6-8) Boys Basketball *Coach Jacob McCart*

The season will begin in January, but it’s not too early to sign up! Please register on ParentVue and keep an eye out for more details as the season approaches.

October 2023

ATHLETIC EVENTS

We are constantly grateful for the community support for our athletes and their coaches, and we hope you will continue your support by joining us in celebrating these big events in October:

- October 4 **Football 8th Grade Night**—At halftime of the 4:30 game vs. Oaklea
- October 5 **Volleyball Youth Sport Night**—During the 4:30/6:00 games vs. East Linn
- October 6 **National Coach Appreciation Day**—Don't forget to thank your coaches!
- October 12 **Volleyball Senior Night**—In between the 4:30/6:00 games vs Central Linn
- October 18 **Volleyball 8th Grade Night**—In between the 4:30 A/B games vs. Oakridge
- October 27 **Football Senior Night**—At halftime of the 7:00 game vs. Oakridge

Our cross country and volleyball teams will also begin their district playoffs this month. Please see the tentative schedules on The Bridge's calendar and stay tuned for more details on the Lowell School District Facebook page.

JUNIOR HIGH FALL SPORTS

Our **cross country team** is led by Jill Chapman and assisted by Cody Brooks. Athletes (pictured right) include 8th graders Henley Garner, Ryder Ortiz, and Nate Waters; 7th graders Kailei Marcus and Zuzana Murray; and 5th grader Theo Waters.



Our **volleyball team** is led by Jessica McCart and assisted by Jamie Kenworthy. Athletes (pictured right) include 8th graders Kyla Dobson, Taylor McAdams, Elisa Montes Castro, Natalie Trullinger, and River Young; 7th graders Journee Aden, Mya Arciga, Yareli Delgado, Zophia Fassbender, Tayler Griffin, Summer Smith, Alexis Owsley, and Izabella Park; and 6th graders Madison Anders, Ashlyn Baszler, Kinsley Bazzani, Peyton Courtney, Yaraileth Islas, Samantha Lesch, Olivia Pelroy, Elise Skordahl, and Alauna Young.



Our **football team** is led by Wade Davis. Athletes (pictured left) include 8th graders Tanner Coiner, Brendan Hourigan, David Islas, Landon Johnson, Wyatt Johnson, Eli Pickett, Eric Sotomayor, Walker Straight, Ben Thurman, Lukas Williams, and Justin Yarbrough; 7th graders Paxton Fassbender, Corven Floyd, Xavier Islas, Taylor Sheridan, and Cormac Taafe; and 6th graders Will Coiner, Jason Crawford, Isaac Estrada, Banyon Jalof, Ben Johnson, Beau Mark, Derryk McNichols, Christopher Sheridan, Kai Stapleton, Marshall Thronburg, and Joey Webb.



September 2023

MIDDLE SCHOOL FALL SPORTS

REGISTRATION

Registration is open for all middle school sports! Please make sure your athletes are up-to-date on their biannual physical exams and registered at https://or-lowell.edupoint.com/PXP2_Login.aspx prior to participating.

PARTICIPATION

Football (6-8) *Head Coach: Wade Davis*
Location: Lowell practice field (behind Lundy)
First Practice: Tuesday, September 5 at 5:30 p.m.
Parent Meeting: Tuesday, September 5 at 7:00 p.m.

Volleyball (6-8) *Head Coach: Jessica McCart*
Location: Lundy Elementary gym
First Practice: Wednesday, September 6 at 3:15 p.m.
Parent Meeting: Wednesday, September 6 at 5:15 p.m.

Cross Country (5-8) *Head Coach: Jill Chapman*

The season is already underway, but it's not too late to join! Contact Coach Jill for more information.

HIGH SCHOOL FALL SPORTS

Our **cross country team** is led by Jill Chapman and assisted by Cody Brooks. Athletes (pictured right) are sophomores Ayden Medart and Callum Plahn.



Join us for Homecoming during the September 29th football game vs Waldport.

Our **football team** is led by Ray Yarbrough and assisted by Mark Kintzley, Kole Powell, Brody Scott, and Chad Smith. Athletes (pictured left) include seniors Luis Estrada, Rowan Files, Ryder Greco, Brody Thurman, and Justus Thurman; juniors Paul Clark, Harley Hardison, Ryan Pelroy, Zander Rogers, and Jamar Thurman; sophomores Ciaran Burch, Liam Burch, Saul Clark, David Finch, Taylor Gielish, Carter Harris, Alexander Sotomayor, Barrett Straight, and Josh Walker; and freshmen Colton Crutcher, Carson Ewan, Gage Greco, Tyler Harris, Zak Hermansen, Adrian Islas, Wyatt McNamee, Christopher Meador, Jax Norcutt, Wyatt Pelroy, and Koda Robert.

Our **volleyball team** is led by Rachel Thurman and assisted by Ray Fassbender and Mandy Kintzley. Athletes (pictured right) include seniors Amerika Baszler, Kameron Baszler, Brooke Davis, Kaili Kirkhart, Annabelle Pickett, and Vicki Skordahl; juniors Kiahna Baszler, Aly Curry, Hazel Garner, Cheyanne McNamee, and Oztyn Straight; sophomores Lily Almeida-Savio, McKenna Fassbender, Matti Skordahl, and Madison Thurman; and freshmen Savannah Bell, Jade Clark, Kaylie Dodson, Aubrey Gastelo, McKenna McComas, Evelyn Rogers, McKinzley Seeley, and Aniah Watson.



August 2023

Junior High Athletes & Parents,

Fall sports are in motion, and we invite all eligible middle school athletes to join us. In an effort to remove as many obstacles to participation as possible, we will continue to have no sports fees, no try-outs, and no cuts. And the registration process is easy.

REGISTRATION

Go to https://or-lowell.edupoint.com/PXP2_Login.aspx for simple, virtual registration with ParentVue. A doctor's physical examination is required bi-annually and must be uploaded as a PDF. Registration, including the physical exam, must be complete prior to participation.

Contact Activities Director Cindy Neet for questions or assistance with ParentVue at 541-937-2124 ext. 100.

PARTICIPATION

Football (6-8)

Head Coach: Wade Davis

Location: Lowell practice field (behind Lundy)
Pre-Season Conditioning: Monday, August 21 at 5:30 p.m.
First Practice: Tuesday, September 5 at 5:30 p.m.
Parent Meeting: Tuesday, September 5 at 7:00 p.m.

Volleyball (6-8)

Head Coach: Jessica McCart

Location: Lundy Elementary gym
First Practice: Wednesday, September 6 at 3:15 p.m.
Parent Meeting: Wednesday, September 6 at 5:15 p.m.

Cross Country (5-8)

Head Coach: Jill Chapman

Location: Lowell High School Track
First Practice: Monday, August 14 at 4:00 p.m.
Parent Meeting: Monday, August 14 at 5:30 p.m.

Look in The Bridge, follow the Lowell School District Facebook page, and check the Athletic Bulletin at lowell.k12.or.us/athletics for more athletics updates. We look forward to another great season.

August 2023

ATHLETIC REGISTRATION IS OPEN!

Registration is open for all middle school and high school sports! As always, we have no sports fees, no try-outs, and no cuts. And the registration process is easy:

1. Complete your bi-annual physical exam.

To remove barriers, Orchid Health will be performing sport physicals in the Lundy Elementary gym on August 9. Insurance will be accepted or \$25 self-pay. Call 541-782-8304 to reserve a spot.

2. Register on ParentVue at https://or-lowell.edupoint.com/PXP2_Login.aspx.

Click the "online registration" button in the top right corner of your account and select "2023-2024 Athletic Registration". Note: Student enrollment registration must be complete for the current school year before you can start the athletic registration process.

3. (High School only) Complete an ImPACT concussion baseline test.

A free test link will be emailed to you after registration. Computers will also be available on August 9 in the Lundy gym to take the test if needed.


PARTICIPATION

Football

Head Coach: Ray Yarbrough

First Practice: Monday, August 14 at 8:00 a.m.
Lowell practice field (behind Lundy)

Parent Meeting: Wednesday, August 16 at 8:00 p.m.
Lowell High School football field


Social Media:  Lowell Red Devil Football, Lowell, Oregon

Volleyball

Head Coach: Rachel Thurman

Parent Meeting: Monday, August 7 at 7:00 p.m.
Lowell High School gym

First Practice: Monday, August 14 at 8:00 a.m.
Lowell High School gym



Social Media:  Lowell Red Devil Volleyball

Cross Country

Head Coach: Jill Chapman

First Practice: Monday, August 14 at 4:00 p.m.
Lowell High School track

Parent Meeting: Monday, August 14 at 5:30 p.m.
Lowell High School track

Social Media:  Lowell Cross Country
 @red_devil_cross_country

Look in The Bridge, follow the Lowell School District Facebook page, and check the Athletic Bulletin at lowell.k12.or.us/athletics for more athletics updates. We look forward to another great season.

August 2023

Sport Physicals

All Students Welcome



orchid health
oakridge clinic

8/09

At Lundy
Elementary Gym

- Bring insurance
- Self-pay, \$25
- Spots limited
- Call ahead for reservation



CLEM POPE, PA-C

CALL OAKRIDGE ORCHID HEALTH CLINIC
TO SCHEDULE



(541) 782-8304



Lundy Elementary Gym

45 S Moss St, Lowell 97452



July 2023

JULY ATHLETIC OPPORTUNITIES

Registration for the 2023-2024 junior high and high school sports will open on July 17. Please make sure your athletes have their bi-annual physicals completed, and keep an eye out for more information.

In the meantime, our amazing coaches are volunteering their time this summer to help your athletes grow! These events are all for Lowell athletes entering into the grade ranges listed below. Please contact the coaches for more information.

CHAMPIONS ARE MADE
IN THE OFFSEASON

MIDDLE SCHOOL

Weightlifting *Led by Coach Ray Yarbrough*
Wednesday, July 5, 6:00-8:00

Volleyball *Led by Coach Jessica McCart*
Open Gym at Lundy Elementary School
Friday, July 14 & 28, 5:00-7:00

Girls' Basketball *Led by Coach Janet McNamee*
Open Gym at Lowell High School
Tuesdays & Thursdays, July 4-20, 3:30-5:30

Wrestling *Led by Coach Lincoln Casarez*
Open Mat at the Lowell Wrestling Room
Tuesdays, Wednesdays, and Fridays, July 4-14, 5:30-7:30

HIGH SCHOOL

Weightlifting *Led by Coach Ray Yarbrough*
Wednesday, July 5, 6:00-8:00

Football *Led by Coach Ray Yarbrough*
Pre-Camp at Lowell High School
July 11-14, 6:00-8:00 p.m.
Team Camp at Lowell High School
July 17-20, 9:30a.m.-9:00p.m.

Volleyball *Led by Coach Rachel Thurman*
Open Gym at Lowell High School
July 3, 5, 10, 12, 3:30-5:30
Varsity Summer League at Umpqua Community College
July 6, 11, 13, 17, 18, 20 (times vary)

Girls' Basketball *Led by Coach Janet McNamee*
Open Gym at Lowell High School
Tuesdays & Thursdays, July 4-15, 3:30-5:30

Boys' Basketball *Led by Coach Kory Roberts*
3 on 3 Tournament at Lowell High School
Saturday, July 29 at noon

Wrestling *Led by Coach Lincoln Casarez*
Open Mat at the Lowell Wrestling Room
Tuesdays, Wednesdays, and Fridays, July 4-14, 5:30-7:30

July 2023

HIGH SCHOOL SPRING SPORT WRAP-UP

High school baseball finished 4th in the Central Valley Conference (8-6 league, 13-8 overall) led by team captain Jaxon Alexander. Jaxon and several of his teammates received well-earned all-conference honors;

Jaxon Alexander (sr) — 2nd Team Infield
Justus Thurman (jr) — 2nd Team Outfield

Hayden Vaughn (sr) — 2nd Team Pitcher
Camden Alexander (so) — 2nd Team Catcher

High school softball had a historic season. Team captains Lydia Plahn and Esperanza Guzman-Fields led the team to a 2nd place league finish (17-3 league, 22-4 overall) and then all the way to the state quarterfinals for the first time in nearly two decades. Additionally, the team earned Academic All-State honors as well as individual league recognition;

Esperanza Guzman-Fields (sr) — 2nd Team Infield

Kenadee Hermansen (sr) — 2nd Team First Base

Lydia Plahn (sr) — 1st Team Designated Player

Amerika Baszler (jr) — 2nd Team Outfield

Kaili Kirkhart (jr) — 1st Team Catcher

Cheyenne McNamee (so) — 2nd Team Infield

Maddy Thurman (fr) — 1st Team Outfield

High school track & field showed a lot of growth throughout the season with many new PRs and some podium finishes at the District meet;

Rowan Files (jr) — 1st 100m, 2nd javelin, 4th 200m

Izzy Peterson (so) — 5th 400m, 5th 100m hurdles, 6th 300m hurdles

Elizabeth Stewart (so) — 7th 1500m

David Finch (fr) — 7th discuss

Callum Plahn (fr) — 3rd 3,000m

On top of that, **Rowan Files** earned a spot at the State Championships where he placed 4th in the 100m and 2nd in javelin with a school record-breaking throw of 171'5".



ATHLETES & COACH OF THE YEAR

Rowan Files was named Lowell High School's Male Athlete of the Year. Rowan, a junior, was a three-sport Varsity athlete participating in football, basketball, and track all while maintaining straight A's this year. He helped his team into the football state quarterfinals and was named 1st Team All-League and 3rd Team All-State as a tight end as well as 1st Team All-League and 2nd Team All-State as a linebacker. Additionally, Rowan placed in three district Track events: 1st in the 100m, 2nd in javelin, and 4th in the 200m. Rowan continued to Track State where he finished 4th in the 100m and 2nd in javelin, breaking the school's javelin record.



Lydia Plahn, a senior, is Lowell's Female Athlete of the Year in addition to being named Valedictorian with a 4.00 GPA. While also participating in Band and ASB, Lydia earned Varsity letters and was a team captain in all three sport seasons; volleyball, basketball, and softball. Lydia helped her team compete in the state tournaments for both volleyball and softball. She was recognized with 1st Team All-League and Honorable Mention All-State honors in volleyball as well as 1st Team All-League honors in softball as a Designated Player.

Pat Todd was named Lowell's Coach of the Year for his effort and success with our football team. He ended his last year of coaching with an undefeated regular season, a league championship, and Lowell's first ever spot in the 2A state tournament, where they went all the way to the quarterfinals. Coach Todd is loved by his athletes and was recognized by the other football coaches as the league Coach of the Year as well.