Vancouver Lake Rowing Club Swim Test Form 2025



I certify that	has successfully
completed the following:	
edge of the pool without the B) Swim 100 yards. Any stroke you demonstrate the ability to rostrokes if necessary.	'
	Date:
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This form is required of all Vancouver Lake Rowing Club rowers. (Adult and Students) Test must be given at public swimming pools under the supervision of a Water Safety Instructor certified by the American Red Cross.

_ Pool Location/Facility