



Expectations & Agreement

- ☐ I am committed to being a cheerleader for Walton-Verona. That means I am committed to my school, my coaches and my teammates.
- ☐ I understand that I will be representing my school, my coaches and my squad at all times (even outside of cheer activities) and will represent myself in a positive manner that is consistent with the values of my school and my cheerleading program.
- ☐ This includes representing myself appropriately on social media.
- ☐ I understand that school comes first and I must maintain eligibility requirements as set forth by WVUSD. If I am ineligible 2 times, I understand that a discussion about whether or not participation in cheer, at this time, is in my best interest and/or develop an agreed upon plan of action.
- ☐ I understand that I must actively participate in fundraisers and cheer-related events as these are mandatory (unless otherwise specified).
- ☐ I understand that it is my responsibility to check SportsYou regularly for updates as this will be the primary means of communication for the team.
- ☐ I will attend all practices and games and any other mandatory activities related to cheer. If there is a need to miss a cheer function, I understand that it must be approved by my coach.
- ☐ An unexcused absence is an absence in which the coach has not been notified in advance, minimum of 2 weeks, of the need to miss, therefore not able to evaluate as to whether the absence is excusable or not. An unexcused absence may also be given based on the cheerleader's reason for missing, per coach's discretion. Excessive tardiness can also result in unexcused absence(s).
 - ☐ Examples of unexcused absences include, but are not limited to, work, hair appointments, dinners, etc. Of course, we understand that things come up but we try to keep a consistent schedule and post the schedule as far out as possible so that you are able to schedule all other events/activities around cheer to the best of your ability.
 - ☐ Examples of excused absences include illness/injury with a doctor's note, school-related activities or other events at the discretion of the coach. I understand that practices/training sessions/games are mandatory beginning on July 15th. Absences after this point, for any reason (including vacations), may be deemed unexcused.
 - ☐ 2 or more unexcused absences will result in suspension from a game (sitting out in uniform).

Additional issues with attendance or tardiness could result in being excused from the team.
- ☐ If I am involved in another sport that will interfere with cheerleading practices, games and/or functions, I understand that I must get this approved by my coaches for both sports/activities. I also understand that I cannot miss 2 consecutive cheerleading activities and I cannot miss any mandatory competition practices if I am on the competitive squad.
- ☐ I understand that, if I am injured and am not able to fully participate in a practice or game due to the injury (doctor's note must be on file or may result in an unexcused absence), that I am still required to attend all practices, games and activities. If it is a game, I will be in uniform and will remain with my team (Ie, I will not be permitted to sit with friends, etc). A doctor's note is required once cleared to participate.

- ☐ I understand that, if I miss school and cannot attend a cheer function planned for that night, it is my responsibility to let my coach know as soon as possible. Not notifying a coach timely could result in an unexcused absence.
- ☐ At practices, I will arrive on time, dressed in proper practice attire and ready to cheer. This includes scheduled practice uniform. ***This means if you are due to arrive at 4:15, you are completely ready at 4:15! Again, on time really means arriving 10-15 minutes early.
- ☐ At games, I will arrive on time, dressed in my uniform and ready to cheer. Your uniform consists of not just your uniform, but also your bow, your cheer shoes and cheer socks. If you do not come ready to cheer, you may be asked to sit out. ***This means if you are due to arrive at 6:30, you are completely ready at 6:30! Again, on time really means arriving 10-15 minutes early.
- ☐ Proper attire for cheer activities is defined as follows (unless otherwise specified by the coach):
 - ☐ No Jewelry, No Gum
 - ☐ Hair should be up and out of your face before practices and games. Make-up should be neat and conservative.
 - ☐ Fingernails must be kept at SPORT LENGTH. No nail polish at games or events where you have to be in uniform. *If nails are not at the appropriate length, you will be required to sit as this is a safety violation and you will receive an unexcused absence.
 - ☐ Keep uniforms and cheer shoes neat and clean.
 - ☐ Wear only the designated uniform to school or event for which it is required. I.e, do not wear your cheerleading uniform at times not specified.
 - ☐ Squad warm-ups will be worn to/from games, unless otherwise specified.
 - ☐ I understand that the uniform belongs to WVISD and that it is my responsibility to keep it clean. I understand I may be responsible for any costs incurred for a uniform if any item is lost or damaged.
 - ☐ I understand that I am responsible for ensuring I have all necessary garments for practice outfits. I understand that if an item is lost or damaged, it is my responsibility to notify a coach as soon as possible to order a replacement.
- ☐ I understand that it is my responsibility to maintain my skills. Anything that I tried out with, I am expected to be able to perform when asked to do so, and I understand that I should be working towards progressing my skills at all times – this includes attending regular tumbling classes. If I am unable to perform these skills, I understand that my position on the team, including the competition team, may be replaced by another cheerleader.
- ☐ I understand that my position on this team is always up to the discretion of the coach and that placement on the Competition Squad is also at the coach's discretion.
- ☐ Cheerleaders who are not performing as needed or expected on the competition team may be replaced at the discretion of coaches, as the goal of the program is to put our best chance for success out on the mat at all times.
- ☐ I will maintain a positive attitude at all times and understand that a poor attitude toward my coaches, teammates, other teams, etc will not be permitted.

By signing this document, I agree to the above terms and understand that if I violate any of these rules, I may be required to sit out of a game or activity, I may be suspended from cheerleading or I may be removed from the squad for the duration of the season.

Cheerleader Name: _____ Date: _____

Cheerleader Signature: _____

Parent Signature: _____