

Emergency Vehicle Kit Items

By Bored as Fuck

Items are broken down by category. You can store these items in tool boxes, trunk organizers, and bags up front with you. Some you want to keep real handy, like glass breakers and seatbelt cutters. Others can be put in the trunk, or truck bed. There are a bunch of tough, heavy-duty cases you can get for your gear, as well. From \$\$\$\$ Pelican cases, to knock-offs, to [Rubbermaid Action Packer tough boxes](#) that come in different sizes and are relatively inexpensive. Personally I'd never spend the kind of money it would take to get a similar sized Pelican case - the Action Packers are great to keep your gear in.

The Bare Minimum

- A change of clothes appropriate for the season, including 2 pairs of socks.
- If you tend to wear sandals or flip flops a lot, store a good pair of sneakers or boots in the vehicle.
- A rain jacket
- Medical kit/first aid kit.
- A spare tire, an appropriate jack, and a tire iron for the lug nuts
- Water - do not store it in plastic bottles. When they get heated in the summer, they release microplastics into the water. Store in canteens, or Water - do not store it in plastic bottles. When they get heated in the summer, they release microplastics into the water. Store in canteens, or [double-walled steel bottles like this](#). Note: If you plan on boiling water with a steel bottle, it MUST be of the single-walled variety.
- Emergency food rations, or MREs. Note: MREs degrade quickly if stored in the heat, so beware of that in the summer. The Emergency Food Rations, a little less so, but I'd switch 'em out every year or two if you keep them in the summer heat.
- Tire gauge
- Can of Fix a Flat
- Road flares, or the battery powered or reflective mini emergency road cones
- High visibility vest w/hi visibility trim
- Multitool
- Good flashlight (turn around battery so it isn't inadvertently turned on) 18650 battery preferably (can use 2 CR123s instead)

- Pen, Rite in Rain notepad, garbage bag.
- Empty gas can

Fixers and Tools

- Tire gauge
- 12V air compressor/tire pump - you will get more use out of this than you know.
- Scissor Jack
- Tire Iron
- Road flares, or the battery powered or reflective mini emergency road cones
- High visibility vest w/hi visibility trim
- Long Jumper Cables
- Good flashlight (turn around battery so it isn't inadvertently turned on) 18650 battery preferably (can use 2 CR123s instead)
- ResQMe glass break and seatbelt cutter
- Fix A Flat
- Radiator Stop Leak - This fixes pinhole radiator leaks, must have the radiator flushed once you get the vehicle going again far enough to a shop
- Fiberflex - hardens like steel, wrap around radiators or hoses.
- JB Weld - 2 part epoxy, can fix oil can leak
- Weatherguard or Protech Tool Box, or a Truck Cap if you've got a pickup truck.
- Small multipurpose tool - Leatherman Micra or similar
- Large-ish silky saw (to cut downed branches, or trees that get in your way)
- Multibit screwdriver kit
- Needle nose pliers
- Adjustable wrench
- Vice grips
- Metric and Standard sockets (small set)

Miscellaneous Supplies

- Tow shackles
- Various size bungee cords
- 20' tow rope
- Small tarp
- Space blanket
- Wool blanket
- Large Rain Jacket - 1 size too large (fixing a tire in the pouring rain sucks. Bad.)

- (2) disposable ponchos
- Vehicle entry tool (slim jim, inflator opener, etc - a friend may lock their keys in their vehicle - instead of spending \$250 for a locksmith to come, you can open it for them)
- Fire extinguisher (ABC type) - have it in an easily accessible place, it will be of no use to you at all if it's in your trunk/truck bed.
- Toilet Paper and/or Wet Wipes, and plastic bag for disposal of them (don't litter, folks)

Seasonal Dependent - It is best to re-equip the vehicle by season. Once it gets warmer, swap out the cold weather gear for a bunch more water, bug repellent, etc.

- Good, long Ice Scraper
- Snow shovel
- Kitty litter (to put down on ice to get traction), or [these traction mats \(or similar\)](#)
- Heavy winter coat, Under Armour type thermal underwear top and bottoms
- Winter gloves
- Winter boots
- Hand warmers (has shelf life)

Survival and/or Emergency Supplies

- Emergency food ration and/or MREs (e.g. Datrex DX2400F, or SOS emergency food ration) (has shelf life)
- Water - do not store it in plastic bottles. When they get heated in the summer, they release microplastics into the water. Store in canteens, or [double-walled steel bottles like this](#). Note: If you plan on boiling water with a steel bottle, it MUST be of the single-walled variety.
- Full change of clothes (change seasonally)
- Burner phone with important phone numbers written down and also preprogrammed- note: any cell phone can dial 911, regardless of whether it's activated or not.
- 2 Carabiners
- Whistle
- First Aid Kit
- Small Advil vial (has shelf life)
- Small Excedrin or Aleve vial (has shelf life)
- Antihistamine (has shelf life)
- Pepto Bismol chewable tablets (keeps better than liquid)

Frequently Used Items / Everyday Items / Easily Accessible Items

- Hand Sanitizer
- Small Tissues Pouch
- Sunglasses
- Reading Glasses (if needed)
- Pen
- Rite in Rain Notepad
- Umbrella
- Windbreaker jacket
- 2 USB Phone charging cables
- Small Trash bags (for trash on trips and if anyone gets car sick)
- Road maps
- Lip balm

Stuff to Put in a Backpack / Vehicle Go-Bag

- Backpack - 40L bag
- Emergency food ration and/or MREs (e.g. Datrex DX2400F, or SOS emergency food ration) (has shelf life)
- Dried snacks or nuts.
- Stainless steel water bottle
- First Aid Kit
- Small pack of miscellaneous medications (Benadryl, antacids, Pepto Bismol, Advil, Tylenol, Baby Aspirin, anti-burn cream, antihistamine, bug-bite cream)
- Toilet Paper
- Waterproof matches case tube & matches
- Survival blanket Mylar - SOL brand
- Water sanitizing tablets - Katadyn micropur MP1 water tablets
- Paracord/Cordage
- Fire starter - SOL FireLite striker, or Ferro rod
- Small mirror
- Knot guide - Outdoor Knots Waterproof plastic fan pack
- Outdoor Thermometer
- Compass - Suunto A-10
- Laminated state road map
- Headlamp - Black Diamond Spot (w/extra Lithium AAA batteries)
- 20 Zip ties

- Electrical tape
- Duct tape - Reditape pocket size
- Waterproof work gloves (nitrile dipped)
- Large lawn/garden trash bags (for a big sheet of disposable plastic)
- Sunscreen
- Insect Repellant (has shelf life)
- Fabric Blanket
- Fleece
- Winter mittens (Kinco 901T good low cost mitten)
- Winter hat
- Hat for sun
- Wool Socks
- White socks
- Band-Aids
- Dental Floss
- Safety pins
- Small Sewing Kit
- Tarp - 8' x 10'