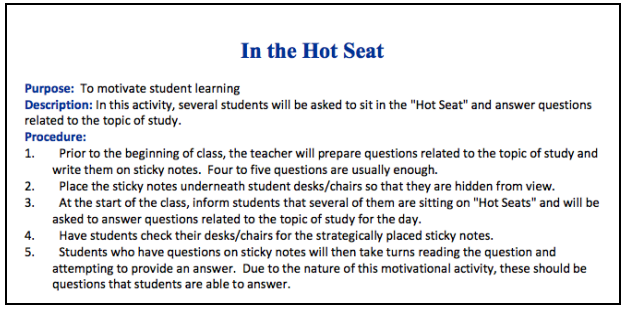
UDL Activity Bank

Multiple Means of Representation	Multiple Means of Action/Expression	Multiple Means of Engagement	Hashtag Prompt Bank

Multiple Means of Engagement	Multiple Means of Representation	Multiple Means of Action/Expression
Options for Recruiting Interest	**Options for Perception**	**Options for Physical Action**
Optimize individual choice and autonomy (checkpoint7.1)	Offer ways of customizing the display of information (checkpoint1.1)	Vary the methods for response and navigation (checkpoint4.1)
Choice writing topics Choices of mentor texts Find an emotional attachment to the content to share with the class		Snowball! Movement ideas Kinesthetic Word Web: 

Optimize relevance, value, and authenticity (checkpoint7.2)	Offer alternatives for auditory information (checkpoint1.2)	Optimize access to tools and assistive technologies (checkpoint4.2)
# hashtag prompts YouTube videos Types of Hooks 1. Stories to stimulate (personal accounts, vignettes) 2. Quirky facts (ex. What is the significance of ----) 3. Hypothetical/open-ended scenarios (ex. Imagine a world without ---- .) 4. Quotes 5. Personalize (ex. Raise your hand if you have ever ---- 6. Appeal to senses (ex. Describe a scene in great detail) 7. Personal stories (ex. “When I was 9 … “) 8. Humor 9. Pictures/objects 10. Video clips 11. Involve Them (ex. Mentimeter, socartive, Poll Everywhere, Kahoot) 12. Mad Lib It/Guess the --- Word 13. Essential questions - (ex. Why is playdough harder to play with after it’s been in the frig		Answergarden.ch Padlet.com

 **In the Hot Seat** **Purpose:** To motivate student learning **Description:** In this activity, several students will be asked to sit in the "Hot Seat" and answer questions related to the topic of study. **Procedure:** 1. Prior to the beginning of class, the teacher will prepare questions related to the topic of study and write them on sticky notes. Four to five questions are usually enough. 2. Place the sticky notes underneath student desks/chairs so that they are hidden from view. 3. At the start of the class, inform students that several of them are sitting on "Hot Seats" and will be asked to answer questions related to the topic of study for the day. 4. Have students check their desks/chairs for the strategically placed sticky notes. 5. Students who have questions on sticky notes will then take turns reading the question and attempting to provide an answer. Due to the nature of this motivational activity, these should be questions that students are able to answer.		
Minimize threats and distractions (checkpoint7.3)	Offer alternatives for visual information (checkpoint1.3)	
5 Point Scale - Work Completion	For struggling readers, provide an auditory model to go with the written text	
Options for Sustaining Effort and Persistence	**Options for Language and Symbols**	**Options for Expression and Communication**
Heighten salience of goals and objectives (checkpoint8.1)	Clarify vocabulary and symbols (checkpoint2.1) notation, and symbols (checkpoint2.3)	Use multiple media for communication (checkpoint5.1)
Display daily learning goals Reflect on daily goals Support in creating long-term goals	VisuWords This is a website that shows a visual representation for new vocabulary words that you are teaching. Shahi - Picture Vocabulary	$25,000 Pyramid Game

	Creating Drawings/Pics to Recall Vocabulary Create a Vocabulary Clip Chart Partner Pow Wow: Partner B - Tell your partner A the definition of the word using your own words. Then switch and Partner A will tell the definition in his own words. Who is doing the thinking is doing the learning? In this case, the student had to do the thinking when explaining the definition in his own words.	
Vary demands and resources to optimize challenge (checkpoint8.2)	Clarify syntax and structure (checkpoint2.2) Support decoding of text, mathematical	Use multiple tools for construction and composition (checkpoint5.2)
		Provide stickers, markers, highlighters for students to respond

		Graphic organizer Instagram Outline Create an acrostic poem
Foster collaboration and community (checkpoint8.3)	Promote understanding across languages (checkpoint2.4)	Build fluencies with graduated levels of support for practice and performance (checkpoint5.3)
Placemat		Question cue cards
Increase mastery-oriented feedback (checkpoint8.4)	Illustrate through multiple media (checkpoint2.5)	
Seven Steps to High Quality Feedback	Find YouTube videos to align with your content for the day	
Options for Self-Regulation	**Options for Comprehension**	**Options for Executive Functions**
Promote expectations and beliefs that optimize motivation (checkpoint9.1)	Activate or supply background knowledge (checkpoint3.1)	Guide appropriate goal-setting (checkpoint6.1)
Push Thinking poster	ABC Brainstorming KWL	Post daily learning targets Group 1 Goal Setting (This is just an example of a visual we made.)

Facilitate personal coping skills and strategies (checkpoint9.2)	Highlight patterns, critical features, big ideas, and relationships (checkpoint3.2)	Support planning and strategy development (checkpoint6.2)
Self-Regulation Bookmark - Front , Bookmark		Model think-alouds Prompt to “stop and think”
Develop self-assessment and reflection (checkpoint9.3)	**Guide information processing and visualization (checkpoint3.3)**	**Facilitate managing information and resources (checkpoint6.3)**
Effort Meter Quick check - how are you doing?  	Anchor charts Chunk information into smaller components Provide sentence starters, word banks	Doodle Notes Graphic Organizers Note-taking guides
	Maximize transfer and generalization (checkpoint3.4)	**Enhance capacity for monitoring progress (checkpoint 6.4)**
	4-3-2-1 (You would need to modify this to match the content/topic.) 6 Word Summary Could be used like an exit card 3-2-1 Mnemonic Devices	Peer editing Prompt kids to seek feedback Rubrics, scoring guides

Hashtag Prompt Bank

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
#MotivationalMonday - Life is tough, but so are you! Or ..... Writing is tough, but so are you! What are some motivational words that could inspire you and your classmates when things get tough?	#TryItAgain Tuesday - Sometimes when we are writing, we are asked to revise. How can you respond in a positive way if you are asked to make revisions?	#WorkHardWednesday - We know that hard work pays off. Write one word that describes how you feel after you have accomplished something by working hard.	#ThinkThroughItThursday - There are times when we are going to become frustrated. Instead of getting angry or upset, write a message that will help you and your classmates think of a solution when you are upset.	#FabulousFriday - We have finished our first full week of school. What was the most fabulous thing that happened to you this week?
#Mindset Monday - "A person who has never made a mistake has never	#TellUsSomethingTuesday - Tell us something about ...	#WiseWordsWednesday "When everything feels	#ThrowItOutThursday - If you had to throw out .... ,	#FreakyFriday - what is something that totally freaks you out?

tried anything new." ~ Albert Einstein What do you think he meant?		like an uphill struggle, think about the view from the top." What do you think this means?	how would you feel?	
#MakeAChangeMonday - if you could change one thing about ...., what would it be?	#TopTwoTuesday - What are your two favorite things about .... ?	#WiseWordsWednesday - what are some wise words you could tell someone about .... ?	#ThreeThingsThursday - What are your three favorite things about ...?	#FuturisticFriday - if you could plan for ---- in the future, what would it be?
#MarvelousMonday - what is something marvelous about .... ?	#TrendingTuesday - What are two important things that you think everyone should know about ....?	#WarmHeartedWednesday - what is something that others would feel good about ...?	#ThumbsUpThursday - Tell something you would give a thumbs up to.	#FriendlyFriday - what is something you would want your friends to know about .... ?
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