

Physiotherapy KSBs

Please note these can be found as below on your Pebblepad (e-portfolio) Template. You should be working towards achieving these throughout the course- you will need to provide examples of evidence of how you have developed or met these in your e-portfolio

Domain	Knowledge	Skills	Behaviours
Physiotherapy Practice	(K1) The structure and function of the human body in the context of health, disease, disorder and dysfunction, across the lifespan.	(S1) Assess individual needs, using clinical-reasoning skills to diagnose and plan (e.g. to deliver advice or treatment, or make a referral)	(B1) Take responsibility and be accountable for your decisions and actions as an autonomous practitioner.
Physiotherapy Practice	(K2) The biomedical, psychological, behavioural, physical and social science basis of physiotherapy practice.	(S2) Use and advise on a range of physical and psychological approaches (including manual therapy, exercise, physical activity, clinical technologies and equipment) to optimise function, movement, mobility, independence and well-being	(B2) Be sensitive to the needs, preferences and goals of individuals, working with them, their family and carers to plan and keep progress under review.
Physiotherapy Practice	(K3) Physiotherapy approaches to whole body systems including musculoskeletal, neurological, cardiovascular and respiratory systems, to enhance movement and to minimise loss of function.		(B3) Keep accurate, timely records of the care that you deliver.
Physiotherapy Practice	(K4) Theories and approaches underpinning holistic assessment, rehabilitation, re-ablement, self-management and behaviour change.		(B4) Comply with all relevant health and safety requirements.

Physiotherapy Practice	(K5) Approaches to inclusive communication, engagement and partnership-working.	(S3) Design and deliver individual and group rehabilitation activities.	(B5) Raise and act on concerns about issues that may compromise safety, quality and risk
Physiotherapy Practice	(K6) The significance of population and patient health care trends for physiotherapy practice and service delivery.	(S4) Manage a clinical caseload to meet identified needs and contribute to client service delivery individually or as part of a team.	
Physiotherapy Practice	(K7) The evolving evidence base underpinning physiotherapy.	(S5) Promote health and well being, advising on reducing the risk or effects of illness and supporting individuals to achieve reasonable, person specific goals e.g. walking following a stroke, self-management of a long-term breathing problem, reducing the risk of falls.	
Physiotherapy Practice	(K8) Approaches to enabling access to appropriate physiotherapy services in line with need e.g. triage, self-referral.	(S6) Include health technologies in how you deliver advice and interventions, in line with individual needs and available/accessible resources e.g. exercise apps.	
Physiotherapy Practice	(K9) Ways to evaluate and develop physiotherapy practice and service delivery through patient outcomes, clinical audit and data collection.	(S7) Use a range of communication approaches, in line with people's needs, to provide information, advice and solutions to patients, carers, health care professionals and those to whom you delegate activity	

Physiotherapy Practice	(K10) How to use a range of research methods to explore and develop physiotherapy.	(S8) Use contemporary quality evidence to inform your practice.	
Physiotherapy Practice	(K11) The political, social and economic factors impacting on health and social care and physiotherapy service delivery.	(S9) Effectively evaluate professional practice to inform personal and service development.	
Physiotherapy Practice	(K12) The legislative and clinical governance frameworks in which physiotherapy is delivered.		
Physiotherapy Practice	(K13) The limits of your scope of practice and seek guidance where appropriate to ensure safe and effective interventions.		

Domain	Knowledge	Skills	Behaviours
Values and Beliefs	(K14) The ethics and values underpinning UK physiotherapy practice and professionalism.		(B6) Engage with and fulfil the ethics, values and behaviours that underpin physiotherapy practice and professionalism.
Values and Beliefs	(K15) The legal, regulatory and professional requirements and		(B7) Take a person-centred approach to how you make decisions and act, including how you contribute to

	standards to which you need to adhere as a physiotherapist		delivering physiotherapy and evaluate value and impact.
Values and Beliefs	(K16) The significance of your behaviour outside your physiotherapy role for your personal standing and the profession's reputation.		(B8) Fulfil all legal, regulatory and professional requirements and standards relating to being a physiotherapist.
Values and Beliefs	(K17) How to engage with people in non-discriminatory ways, obtain informed consent, maintain confidentiality, uphold data security, and appropriately report any issues that may impact on your own capacity and capability to practice.		(B9) Demonstrate an inclusive, culturally aware approach to your physiotherapy practice and act as an advocate where appropriate.

Domain	Knowledge	Skills	Behaviours
Development of self and others	(K18) Your responsibility to engage in career-long learning to maintain and develop your competence and scope of practice.	(S10) Facilitate learning through designing and delivering activities for patients, students, colleagues etc.	(B10) Reflect on your practice and learning, actively engage in supervision, acting on feedback from others, be self-aware and identify areas for your own development.
Development of self and others	(K19) HCPC and CSP regulatory, professional and employment requirements to demonstrate your professional development.		(B11) Advocate for the physiotherapy profession through your actions and communication.

Development of self and others	(K20) Developments in physiotherapy, their significance and implications for your practice.		(B12) Demonstrate leadership in how you engage and interact with others.
Development of self and others	(K21) Theories and approaches to leadership and management		
Development of self and others	(K22) (P) How to design and deliver learning activities for individuals and groups, to meet intended learning outcomes.		

Domain	Knowledge	Skills	Behaviours
Professional Engagement	(K23) Available professional peer support networks relevant to your career and areas of professional interest.		(B13) Engage in professional networking, recognising its importance for your own and others' professional development.
Professional Engagement	(K24) How to search, appraise and use literature and other resources relating to physiotherapy practice.		(B14) Keep up-to-date with developments in physiotherapy practice, models of service delivery and the profession's evidence base
Professional Engagement	(K25) Share information, ideas and solutions to contribute to knowledge transfer and quality improvements.		(B15) How you can share information, findings and ideas with others in a range of formats and through a range of media.

Professional Engagement	(K26) The dynamic, evolving nature of physiotherapy, including in international, inter-professional and policy contexts.		(B16) Respect and engage with the role and contributions of others who contribute to meeting health and social care needs.
Professional Engagement	(K27) Models of health and social care delivery, including multi-disciplinary teams and inter-agency collaborations.		

KSBs Module by module:

[Level 4](#)

[Level 5](#)

[Level 6](#)