

# Assistance and Resource Guide

Please reach out to the school social worker, Savannah Allman, at [sallman@lexcs.org](mailto:sallman@lexcs.org) or (336) 964-1556 if you need further assistance.

## Utility/Food/Housing Assistance

**Fairgrove Family Resource Center** is a non-profit organization that provides emergency cash grants and financial help. The assistance provided is for utility bills, mortgage payments, rent, food, or other critical expenses. The funds are targeted for families and individuals who are experiencing financial hardships or other emergencies. They can be reached by phone at (336) 472-7217, and the address is 159 Myrtle Dr, Thomasville, NC 27360.

**Open Door Ministries** offers assistance such as emergency rent and utility assistance. Open Door Ministries can be reached at 400 North Centennial Street, High Point, NC 27262, or by phone at (336) 885-0191.

**South Davidson Family Resource Center** is a nonprofit organization that offers many services to help families or individuals that find themselves in need. The resource center can assist families by providing an emergency food pantry, a clothing closet, and emergency financial assistance such as rent assistance and utility assistance. (Due to funding restraints these services are limited to Southern Davidson County residents.) They can be reached by phone at (336) 859-5399.

**The Cooperative Community Ministry** is a nonprofit corporation that provides assistance to address the basic needs of Davidson County residents. The organization operates a food pantry as well as provides emergency financial assistance for rent, utilities and deposits to those that qualify. They can be found at 10 W. Guilford Street, Thomasville, NC 27360 or be reached by phone at (336) 476-1842.

The **Greater Things Outreach Center** is a ministry that provides a client choice food pantry for at-home meal preparation and groceries. Clients may shop at the pantry once every two weeks and select their own food, mirroring a grocery store. The ministry is located at 6282 Old Hwy 52 N, Lexington, NC, and they can be reached by phone at (336) 619-0171.

**Davidson County Community Action** is a local organization that provides two assistance programs. The Emergency Food Assistance program allows for families to receive food every Thursday from 9AM to noon, and 2PM to 4PM. The Self-Sufficiency program is an initiative that provides comprehensive services, including employment, education, housing, and more. Clients are seen every Tuesday, Wednesday, and Thursday, from 9AM to noon, and 2PM to 4PM.

The application for both of these programs can be found on their website. The school social worker can also provide you with printed copies. Davidson County Community Action may be reached by phone at (336) 249-0234.

**Open Hands of Davidson County** is a local ministry that is partnered with multiple churches in the area. The ministry provides food, clothing, hygiene items, household items, diapers, and tents/sleeping bags as available. They can be reached at their address in Lexington at 100 E 1st St, Lexington, NC 27292, or be reached by phone at (336) 242-6142.

## **Lexington Income-Based Housing**

### **Forest Hill Apartments**

Address: 300 Forest Hill Rd, Lexington, NC 27295

Phone: (336) 387-5867

Two bedroom, three bedroom, and four bedroom apartments are offered.

The current pricing structure is:

Two Bedroom / Two Bath: \$515 - \$635

Three Bedroom / Two Bath: \$550 - \$660

Four Bedroom / Two Bath: \$695

Application Fee: \$30 per Adult Applicant

Security Deposit: One Month's Rent

Website: <https://www.upmapartments.com/find-housing/raleigh-durham/forest-hill-apartments/>

### **Hilltop Terrace Apartments**

Address: 111 North Carolina Ave, Lexington, NC 27292

Phone: (336) 248-2868

Hilltop Terrace Apartments is a multifamily rental community with 63 apartments. Apartments are rented to low- and very low-income households.

We are currently updating our applications with new guidance from HUD. Please contact the property directly for an application. Return the completed application along with supporting documents and application fee to the Leasing Center. To facilitate the quickest processing, we recommend that you schedule an appointment with us to review your application at time of submission. You may reach us at 336-248-2868.

Website: <https://www.communityhousingpartners.org/properties/hilltop-terrace-apartments/>

### **The Arbor at Cotton Grove**

Address: 100 Cotton Grove Cir, Lexington, NC 27292

Phone: (336) 300-7022

Offers 1, 2, and 3 bedroom apartments at an affordable rate.

Website:

<https://www.excelpropertymanagement.com/index.cfm/fuseaction/properties.location/locID/112/index.htm>

### **Jackson Square**

Address: 100 Jackson Square Dr, Lexington, NC 27295

Phone: (336) 843-4121

Income Restrictions:

# Persons	Annual Income
1	\$25,440
2	\$29,040
3	\$32,700
4	\$36,300
5	\$39,240
6	\$42,120

### **Club Apartments**

Address: 6 London Ct B, Lexington, NC 27292

Phone: (336) 243-1693

Offers 1, 2, 3, and 4 bedroom apartments with all utilities included.

### **Grimes School Apartments**

Address: 27 Hege Dr, Lexington, NC 27292

Phone: (336) 248-8775

Income Restrictions:

# Persons	Annual Income
1	\$29,100
2	\$33,240
3	\$37,380
4	\$41,520
5	\$44,880
6	\$48,180

### **Pleasant Village Apartments**

Address: 100 Federal Street in Lexington, NC

Phone: (336) 843-4434

### **Terrace Lane Apartments**

Address: 1 Jamaica Dr, Lexington, NC 27292

Phone: (336) 249-8936

### **Child Care Assistance**

The **Davidson County Child Care Subsidy Program** assists parents in affording safe, legal, quality child care. This program supports eligible parents with child care subsidy assistance so they can either work or attend school. Subsidy assistance can also be provided for children who need child care due to a special need or family circumstance. You can apply in person at 913 Greensboro Street, Lexington, NC 27292 and reach them by phone at 336-242-2500.

The Lexington YMCA offers an **After School Discovery Program** for children attending Charles England, Davidson Charter Academy, Lexington Middle School, Pickett, South Lexington, Southmont, and Southwest. All city schools and DCA will be bused to the YMCA for care. Southmont will have care on site. The weekly rate is \$65 (YMCA member) or \$80 (non-member), but the YMCA offers financial aid to qualifying families. Assistance is awarded on the basis of financial need and is dependent on the YMCA's available funds. We consider household income and number of legal dependents as primary criteria. For those that qualify, an award will be issued that will assist with membership, after school program or summer camp fees. Contact the YMCA by phone at (336) 249-2177 for more information.

### **Mental Health and Counseling**

(If you find yourself or your child experiencing a mental health emergency, please contact the 24-hour mobile crisis hotline or proceed to the nearest emergency room.)

**24-Hour Crisis Hotline (866) 275.9552 - Daymark Mobile Crisis Hotline**  
**National 24/7 Suicide & Crisis Lifeline - Dial 988**

**Lovren Child and Family Development** offers specialized therapy for people of all ages. They specialize in play therapy, sand tray, creative expressive play, EMDR, Trauma-Focused Cognitive Behavioral Therapy, Family Therapy, and parenting issues. They also address adolescent issues, family violence, trauma, grief and loss. Their office is located at 264 Greensboro St Ext, Lexington, NC 27295 and they can be reached by phone at (336) 236-7347.

**Daymark Recovery Services** is a non-profit organization established to provide comprehensive behavioral healthcare services as defined by those in the community in need of mental health or substance abuse treatment options. They provide Substance Abuse Outpatient Treatment, Mental Health Outpatient Treatment, Substance Abuse Intensive Outpatient Treatment (SAIOP), Psychiatric Services/Medical Services, Emergency Services (Advanced Access), Mobile Crisis

Management, DWI/DWLR Services, and Intensive In-Home Services. They are located at 1104 S Main St Ste A, Lexington, NC 27292 and can be reached by phone at (336) 242-2450.

**Monarch** is a trauma-informed company that provides innovative support to thousands of people with intellectual and developmental disabilities, mental illness and substance use disorders in North Carolina. They offer a variety of behavioral health services such as Outpatient Services, Telehealth Services, Tailored Care Management Services, Crisis Services, Urgent Care Services, Assertive Community Treatment Team (ACTT) (adults only), and Intensive In-Home Treatment. Their office is located at 820 Grimes Blvd, Lexington, NC 27292. For appointments or information on behavioral health services, call (866) 272-7826.

**Nazareth Child & Family Connection** serves individuals with mental health, substance abuse, and developmental disability needs. Nazareth provides psychological testing, marriage and family counseling, couples counseling, therapy for mental health disorders, addiction treatment, substance abuse intensive outpatient programs, and medication-assisted therapy utilizing suboxone. Nazareth Child & Family Connection operates daily by appointment, though emergency walk-ins may be accommodated as needed. Hours of operation are flexible to assure that patients receive services at the times most often requested. Their office is located at 16 E Center St, Lexington, NC 27292 and they can be reached by phone at (336) 300-7614.

**RHA Health Services** offers a wide array of mental health and substance use services for adults and children, including facility-based services in their offices and community-based services and crisis services to serve people where they are. Their Lexington facility is located at 310 N Main St, Lexington, NC 27292 and can be reached at (336) 422-1100.

### **Autism/ABA Supports**

**Cross River Therapy** provides ABA therapy for children ages 1-21 who are on the autism spectrum. They provide therapy in-home, in the community, or as a school-based support. They accept a variety of insurance plans, including NC Medicaid. Reach out to the office directly to verify insurance coverage. You can view resources and book a free consultation at their website <https://www.crossrivertherapy.com/>. They can be reached by phone at (919) 375-0475.

**Discovery ABA Therapy** provides in-home, school-based and center-based ABA therapy in Lexington. The agency accepts most insurance plans, including NC Medicaid. Reach out to the office directly to verify insurance coverage. Discovery ABA also provides functional assessments, social skills groups, and parent/family training and support. They can be reached by phone at (704) 440-3580.

**Above and Beyond Therapy** provides ABA therapy services for children ages 1-18 who are on the Autism spectrum through comprehensive assessments and personalized treatment plans. Above and Beyond Therapy provides home-based, center-based, and school-based supports, as well as parental empowerment. The agency accepts most insurance plans, including NC Medicaid. Reach out to the office directly to verify insurance coverage. They can be reached by phone at (877) 651-3287.

The **Davidson County Chapter of the Autism Society of North Carolina** hosts a support group on the third Saturday each month and provides a place for families of children and adults with autism to meet, share, and learn about autism. The group meeting is located at the Lexington Library 602 S. Main St., Lexington, North Carolina 27292. The agency can be reached by phone at (800) 442-2762

**The Arc of Davidson County** is a nonprofit organization focused on providing support for individuals with intellectual and developmental disabilities. The organization provides individual and systems advocacy, an inclusive summer camp for school-age children with an IEP, respite care services, and resources and referral assistance. They are located at 1900 S Main St, Lexington, NC 27292, and they can be reached by phone at (336) 248-2842.