

LESSON 8 - SKILLS FOR EFFECTIVE COMMUNICATION

Warm Up:

Describe what "Good Communication" means to you. What does it look like, sound like, and feel like?



Communication = _____

I-messages:

- _____

- _____

- _____

- _____

- _____

Communication Skills

When you speak:

1. _____
2. _____
3. _____
4. _____

When you listen:

1. _____
2. _____
3. _____

Take turns speaking and listening.

Vocabulary Terms:

Aggressive

Assertive

Body language

Communication

I-message

Nonverbal

Passive

Passive-aggressive

Verbal