

ACADEMIC SUCCESS PLAN

This worksheet is designed to help you succeed. Be honest with yourself about the obstacles you face and the commitment and effort you are agreeing on.

Student Information

Name:

Student ID#:

Email:

School:

Academic Major(s):

Academic Minor(s) (if applicable):

Academic Advisor:

Previous Semester GPA:

Cumulative GPA:

Identify Your Top Three Obstacles

In reflecting on your academic performance, identify the obstacles that negatively impacted your grades. Prioritize and number your top three obstacles with #1 being the biggest obstacle to your academic success. You may identify more than three but prioritize only your top three.

Academic

☐Ineffective study skills

☐ Ineffective time management skills

☐ Unprepared for assignments/exams

☐ What worked in high school doesn't work anymore

☐ Hard to concentrate/daydreaming

☐ Difficult courses/not prepared for course level

☐ Unable to understand course content

☐ Registered for too many courses

☐ Did not participate in class

Other

_____
_____
_____

Major/Career

☐ Uncertain about current major

☐ Changed major one or more times

☐ Unsure what jobs are associated with major

☐ No clear career goals

☐ Not sure why I am studying

Other

_____
_____
_____

Personal/Other

☐ Financial difficulties

☐ Health problems

☐ Use or abuse of alcohol or other substance(s)

☐ Possible learning exceptionality

☐ Difficulty sleeping at night

☐ Pressure, stress, anxiety, or tension

☐ Excessive time spent online (Facebook, YouTube, Gaming, etc.)

☐ Lack of motivation

☐ Working too much (#hours/week ___)

Other

_____
_____
_____

Other

_____
_____
_____

Family/Social Adjustment

☐ Personal relationship issues

☐ Interpersonal violence

☐ Family situation

☐ Moved away from home/homesick

☐ Difficulty adjusting to tertiary education life

☐ Hard to make friends/loneliness

Develop a Success Plan

From above, copy your top three obstacles (with #1 representing your biggest obstacle); next, describe the plan you will follow to overcome the obstacle; then, list any challenge(s) that you may encounter and how you will minimize each challenge.

Obstacle Example: ineffective study skills	**Success Plan** Describe what you will do to be successful Example: review resources at the writing center	**Potential Challenges** Example: maintaining contact with my professors	**Strategies to minimize challenges** Example: communicate with professors
1.			
2.			
3.			

Course Presence

Course Presence is correlated with academic success. Indicate your overall pattern of online presence during the most recent semester

☐100-90% ☐ 89-80% ☐ 79-70% ☐ 69-60% ☐ Less than 60%

Academic Support Resources

List the resources that you used last semester and the resources you will use in the upcoming semester and continue to use to help you succeed (examples are the course professor, academic advisor, tutoring, classmates, writing center, etc.)

Resources used last semester:

Student Commitment

I agree to:

- Complete and submit all assignments on time and maintain an online presence in every course. In the event of an unforeseen circumstance (illness), I agree to notify my professor(s) and/or the Dean's Office.
- Meet with an academic advisor, course professor, and utilize academic support services, as necessary. I understand that it is my responsibility to communicate appropriately.
- Read and respond to my Charisma e-mail on a regular basis for correspondence and updates from advisors, professors, and other university personnel.

WHEN YOU'VE COMPLETED THIS DOCUMENT, SAVE AND REFER TO THIS THROUGHOUT THE SEMESTER

OFFICE OF STUDENT AFFAIRS

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