

1st UU Sing-Along Introductions

1. Hello! Welcome to the 1st Unitarian Universalist Church of Detroit. As we get settled in, we would like to invite you to sing with us. We'll begin with

_____, # ____ found in the hymnal.

That sounds great! Next is _____, # ____ . If this is familiar, don't be afraid to sing out!

2. Good Morning! This is the transitional part of our service as we prepare to worship together. Please find a hymnal near you. We will sing a few songs together, beginning with _____, # ____ .

That sounds great! Next is _____, # ____ .

If this is familiar, don't be afraid to sing out!

3. How is everybody today? We will be your song leaders today. I am _____. Let's begin with _____, # ____, found in your hymnal. This is a beautiful (*or energetic song*) that will help us settle in and prepare for worship.

That sounds great! Next is _____, # ____ .

If this is familiar, don't be afraid to sing out!

4. Welcome! Glad you decided to be with us this morning. Let's share our celebration with a few songs to help us connect with one another. Find #____ in your hymnal. (Title)_____ is one of our favorites. That sounds great! Next is _____, # ____ .

If this is familiar, don't be afraid to sing out!

5. Welcome! Group singing has been scientifically proven to lower stress, relieve anxiety, and elevate endorphins. Study after study has found that singing relieves anxiety and contributes to quality of life. It turns out you don't even have to be a good singer to reap the rewards. So let's join together in singing hymn #_____, *hymn name*.

6. Community singing is an opportunity to get comfortable being with one another. Some are more comfortable sitting, while others prefer standing. Either way is fine. Please relax and try to find your voice, so that we as a church may better find our collective voice.