



Capitalize the first letter of every word in your paper's title using Times New Roman font style and 14 font size

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Abstract

Objectives. The objective of research refers to the purpose or goal of a research study. It describes what the researcher intends to achieve through the study and why they are pursuing it. It should establish the scope and depth of the project, contribute to the research design, and indicate how the project will contribute to existing knowledge.

Materials and Methods. This section of the research paper provides a detailed account of the procedure that was followed in completing the experiment(s) discussed in the report. This section should include a concise description of the materials, procedures, and equipment used, including how the study was conducted, how data were collected, and what statistical and/or graphical analyses were undertaken.

Results. This is the section in which you will want to present your findings to the reader in the most clear, consistent, orderly, and concise fashion.

Conclusions. It summarizes and wraps up the ideas, presenting the key findings and insights derived from your study. It should include a concise summary of the main points discussed in the paper, including the research objectives, methodology, and results.

Keywords: Words or phrases that capture the essence of your research paper (3-6 words)

Introduction

To provide a clear and comprehensive understanding of the research to be conducted, the section should clearly outline the primary issue or debate that will be addressed in the paper. Additionally, it should include a thorough analysis of recent research and publications

related to the topic. The section should also present a hypothesis or set of hypotheses that will guide the investigation, as well as the overall purpose or objective of the study. By addressing these key elements, the reader will have a clear understanding of the scope and focus of the study.

Materials and Methods

Study Participants.

To ensure that the reader has a clear understanding of the study, it is important to provide a detailed description of the participants. This may include information such as their age range, gender identity, ethnicity, socioeconomic status, occupation, and any other relevant demographic factors. Additionally, it may be helpful to describe any inclusion or exclusion criteria that were used to select the participants, as well as any measures taken to ensure that the sample was representative of the population of interest.

Study organization.

Please provide information on the different techniques utilized and their specific objectives, along with a detailed guide on the research methodologies and step-by-step process for conducting a pedagogical experiment.

Statistical analysis.

It is required to provide a detailed description of the various methods of mathematical statistics and their purposes. The objective is to explain the application of mathematical statistical techniques comprehensively, covering topics such as probability distributions, hypothesis testing, regression analysis, and multivariate analysis. The purpose of this analysis is to enable the reader to gain a thorough understanding of the statistical techniques used to analyze data in various fields, ranging from business to science to social sciences.

Results

This section provides a detailed account of the findings of the study. It should include a concise description of the main results, including statistical analyses and graphs or tables that illustrate the findings. This will help readers to easily understand and interpret the data, and will also make it easier to identify any patterns or trends that may be present. By following this approach, the study results can be effectively communicated and the findings can be used to inform future research and decision-making processes..

Discussion

The following are the main components that should be included in an article's conclusion section:

- An overview of the main hypothesis.

- A discussion of the conclusions drawn from the study and a comparison with data from other relevant publications mentioned in the introduction.
- Justifications and comments on the importance of the study's results.
- Considerations on how the results can be practically applied.
- A conclusion on the potential for further research, based on the discussion materials.

Conclusions

This section is where you summarize and wrap up your ideas, presenting the key findings and insights derived from your study. It should include a concise summary of the main points discussed in the paper, including the research objectives, methodology, and results.

Acknowledgment

An acknowledgment statement should detail all those who helped in carrying out the research but were not recognized as contributors. It may also include personal expressions of gratitude.

Conflict of interest

If the authors have any conflicts of interest to declare.

References

References in APA style 7 should be listed in order of citation appearance, without numbering. Only references from the past five years should be cited.

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- Kuswoyo, D. D., Lahinda, J., & Syamsudin. (2020). The effects of high-intensity interval training (HIIT) in improving VO2 max football student activity unit, University of Musamus. *Enfermeria Clínica*, 30, 507–511. <https://doi.org/10.1016/j.enfcli.2019.10.130>

Table 1. Data of Students Universitas Musamus Merauke

| No | Nama | ID | Class |
|----|------|----|-------|
|----|------|----|-------|



Figure 1. Cover of MJPES