

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ✓/	1 ▾	Find 10 prospects
2. ✓/	1 ▾	Email 10 prospects
3. ✓/	1 ▾	Write one piece of copy
4. ✓/	2 ▾	Make progress in the crypto campus
5. ✓/	1 ▾	Clean ps4 and connect new ps4 controller and prepare to sell it tomorrow
6. ✓/	1 ▾	Play well water polo match
7. ✓/	1 ▾	Read the bible
8. ✓/	2 ▾	Improve at chess
9. ✓/	1 ▾	Review a piece of copy
10. ✓/	2 ▾	Watch water polo match
11. ✓/	1 ▾	Go out
12. ✓/✗	2 ▾	
13. ✓/✗	2 ▾	
14. ✓/✗	3 ▾	
15. ✓/✗	3 ▾	
16. ✓/✗	3 ▾	
17. ✓/✗	3 ▾	
18. ✓/✗	3 ▾	
19. ✓/✗	3 ▾	
20. ✓/✗	3 ▾	

Day Number: 3

Date: 18/03/2023

Start Of The Day - Time: 9 am

	 3 Things That I Am Excited To Have In The Future? 
1.	Financial freedom
2.	A1 water polo
3.	planche

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 1 am: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 2 am: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 3 am: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 4 am: Task \$	
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 Intention 	
 Reflection 	

 5 am: Task 	
 Intention 	
 Reflection 	

 6 am: Task 	
 Intention 	
 Reflection 	

 7 am: Task 	
 Intention 	
 Reflection 	

 8 am: Task 	
 Intention 	
 Reflection 	

 9 am: Task 	Find 10 prospects
 Intention 	
 Reflection 	v

 10 am: Task 	Email 10 prospects
 Intention 	
 Reflection 	v

 11 am: Task 	Write one piece of copy
 Intention 	
 Reflection 	v

 12 am: Task 	Review a piece of copy
 Intention 	
 Reflection 	v

\$ 1 pm: Task \$	Clean ps4 and connect new ps4 controller and prepare to sell it tomorrow
🔔 Intention 🔔	
✍️ Reflection ✍️	v

\$ 2 pm: Task \$	Play well water polo match
🔔 Intention 🔔	
✍️ Reflection ✍️	v

\$ 3 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 4 pm: Task \$	Make progress in the crypto campus
🔔 Intention 🔔	
✍️ Reflection ✍️	v

\$ 5 pm: Task \$	Improve at chess
🔔 Intention 🔔	

 Reflection 	v
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\$ 6 pm: Task \$	Watch water polo match
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 Intention 	
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 Reflection 	v
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\$ 7 pm: Task \$	Go out
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 Intention 	
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 Reflection 	v
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\$ 8 pm: Task \$	
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 Intention 	
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 Reflection 	
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\$ 9 pm: Task \$	
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 Intention 	
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 Reflection 	
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💰 10 pm: Task 💰	
🔔 Intention 🔔	
✍️ Reflection ✍️	

💰 11 pm: Task 💰	Read the bible
🔔 Intention 🔔	
✍️ Reflection ✍️	v

💰 12 pm: Task 💰	Sleep
🔔 Intention 🔔	
✍️ Reflection ✍️	v



End-Of-The-Day Report:



🧠 What Did I Learn Today? 🧠
New crypto stuff

NEW What Do I Plan To Do Differently Tomorrow? NEW

NEW What Do I Plan To Do The Same Tomorrow? NEW

 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 

 What Tasks Were Left Undone? 

Brain Dump: