

VOORHEES HIGH SCHOOL
WINTER SPORTS PRACTICE & TRYOUT INFORMATION 2024-25 SCHOOL YEAR

- If you have questions regarding the process, please feel free to address those questions directly to the head coach.
- All signups will be done through ASPEN.
- All prospective winter athletes must have a valid physical dated within a full calendar year prior to the start date of their sport.
 - o Paperwork should be submitted by November 1st to ensure everything is processed on time for the first practice.
- Athletes will not be allowed to participate in practice unless all paperwork has been completed.

All coaches can be reached via email or you can contact the Athletic Department at 908-638-2107. Unless otherwise indicated, each coach's email is structured with his or her first initial and last name, followed by "nhvweb.net". Example: Kevin Schafer is kschafer@nhvweb.net

SPORT	COACH	STARTING DATE	PRACTICE TIME & LOCATION	PRESEASON MEETING
Wrestling	TBD	Monday 11/25	Wrestling Room – 3:10	TBD
Girls Basketball	Caitlin Reilly	Monday, 11/25 (all levels try-outs)	Main Gym and Back Gym 3:10-5:30 or 5:30-8:00	10/21/24 Virtual Meeting http://meet.google.com/wco-zqcb-gdf
Boys Basketball	Kevin Schafer	Monday, 11/25 (all levels try-outs)	Main Gym and Back Gym 3:10-5:30 or 5:30-8:00	October 28th, room 250 at 2:30.
Girls Swimming	Brittany Napholz	Monday, 11/25	Raritan Valley Community College	October 30th in Room 333 @ 2:30pm
Boys Swimming	Michael Hanley	Monday, 11/25	Raritan Valley Community College	October 30th in room 333 @ 2:30pm
Girls Indoor Track	Dave deWoldfe	Monday, 12/2	Concession Area Outside of the Gym – 3:10	October 30th at 2:30pm in Room 250.
Boys Indoor Track	Dave Raupp	Monday, 12/2	Concession Area Outside of the Gym – 3:10	10/30/24 in room 135 at 2:30.
Winter Cheerleading Wrestling (Competition)	Meghan Garofalo	Monday 11/27	Back Gym - 3:10-5:00	October 28th at 2:30 in room 161
Winter Cheerleading Basketball	Kim Holthaus	Monday, 11/27	Back Gym - 3:10-5:00	October 28th at 2:30 in room 161
Girls Fencing	Kate Morgan	Monday, 12/2	New Cafe – 3:10	October 24th. New Cafe, Main Cafe
Boys Fencing	Scott Clawson	Monday, 12/2	Main Cafe – 3:10	October 24th. New Cafe, Main Cafe
Ice Hockey	Paul Martori	Monday, 11/25	Flemington Ice; Split between North and Voorhees	October 9th in room 223 @ 2:30pm
Unified Basketball	Rebecca Colangelo	Friday 1/3	Main Gym – 2:30-3:10	October 30 room 162

DIRECTOR OF ATHLETICS – Brian Baumann

DIRECTOR OF STUDENT ACTIVITIES – Marc McGeehan

TRAINERS – Keith Skinner & Steve Syrstad

SCHOOL NURSES – Patricia Tomczyk & Melissa Frey