PRACTICE LOG v.4

Sleep Start	Sleep End	Day	Start Time	End Time	Block (Technique, Theory, Songwriting, Improv)	Song/Exercise	Instrument/ Section	Practice Tasks (RP, DP, CI)	BPM	Notes

PRACTICE LOG v.4

Sleep Start	Sleep End	Day	Start Time	End Time	Block (Technique, Theory, Songwriting, Improv)	Song/Exercise	Instrument/ Section	Practice Tasks (RP, DP, CI)	BPM	Notes

SET LIST (Originals)

Start Date _____ Finish Date _____			Retrieval Practice Playthrough (based on JustinGuitar & Remembering Songs)									
Song			**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**
1	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
2	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
3	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
4	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
5	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
6	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
7	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
8	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
9	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
10	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
11	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
12	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
13	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
14	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
15	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM

SET LIST (Originals)

Start Date _____ Finish Date _____			Retrieval Practice Playthrough (based on JustinGuitar & Remembering Songs)									
Song			**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**
1	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
2	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
3	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
4	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
5	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
6	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
7	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
8	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
9	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
10	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
11	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
12	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
13	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
14	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
15	TITLE	VOX GTR BASS DRUMS - TIME DURATION KEY BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM

CAMPFIRE SONGS (Covers)

Start Date _____ **Finish Date _____**

Retrieval Practice Playthrough
(based on JustinGuitar & Remembering Songs)

	Song	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**
1	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
2	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
3	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
4	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
5	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
6	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
7	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
8	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
9	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
10	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
11	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
12	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
13	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
14	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
15	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM

CAMPFIRE SONGS (Covers)

Start Date _____ **Finish Date _____**

Retrieval Practice Playthrough
(based on JustinGuitar & Remembering Songs)

	Song	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**
1	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
2	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
3	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
4	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
5	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
6	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
7	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
8	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
9	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
10	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
11	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
12	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
13	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
14	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
15	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM

CAMPFIRE PLUS SONGS (Covers)

Start Date _____ Finish Date _____		**Retrieval Practice Playthrough** (based on JustinGuitar & Remembering Songs)									
Song		**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**
1	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
2	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
3	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
4	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
5	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
6	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
7	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
8	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
9	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
10	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
11	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
12	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
13	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
14	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
15	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM

DREAMER SONGS (Covers)

Start Date _____ Finish Date _____		Retrieval Practice Playthrough (based on JustinGuitar & Remembering Songs)									
Song		**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**
1	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
2	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
3	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
4	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
5	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
6	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
7	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
8	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
9	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
10	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
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12	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
13	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
14	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
15	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM

DREAMER SONGS (Covers)

Start Date _____ Finish Date _____		Retrieval Practice Playthrough (based on JustinGuitar & Remembering Songs)									
Song		**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**
1	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
2	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
3	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
4	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
5	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
6	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
7	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
8	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
9	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
10	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
11	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
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13	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
14	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM
15	Artist - Song Title - TIME BPM KEY Tabs - Video - Hook - Lesson GTR VOX	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM	BPM