

HERE'S HOW OUR CHALLENGE WORKS:

Star Bulletin Board

Stars are put up on the bulletin board on the fourth floor every one to two weeks to announce accomplishments of consecutive days of practicing. We make stars for 30, 60, 100, 200 & 300 days, as well as one year (365 days). After one year, we celebrate two more milestones: two years (730 days), and finally 1000 days.

How Do We Start?

It's as simple as identifying a start date for the 100 Days Challenge with your child. There's no need to alert anyone that you've begun. Children find it very motivating to look at the star board on the 3rd floor and imagine their own names on it. You might consider taking a visit to look at it together. [Here are two examples of charts](#) you can use, or you can make your own. You can also find [cute printouts](#) online. If 100 days feels like a lot at first, introduce the idea, but say, "let's try 10 days and see how it goes!" Plan a little celebration after each 10 days of practice. When you've either reached the milestone days below, or you can anticipate reaching a milestone, submit a form well in advance of your child's recital.

What are the awards?

- **Submissions Due 2 weeks before your child's recital:**
 - **30 and 60 Days:** Your name and accomplishment is announced at your next recital.
 - **100, 200, 300, 400, 500, 600, 700, 800, 900 Days:** Recital announcement plus a certificate.
- **Submissions Due 4 weeks before your child's recital:**
 - **One Year (365 Days) and Two Years (720 Days):** Recital announcement, a certificate, and a trophy.
 - **1000 Days:** Recital announcement, a certificate, and your name is added to the plaque in the 4th floor hallway.

How do you submit your practice milestones?

Parents can use this **online form** when their child reaches a practice milestones by clicking the link or scanning this QR code:



Requirements

1. Parents identify a start date for the 100 Days Challenge with their child.
2. Make sure to discuss with your PRIVATE TEACHER what is required for a day of practicing. This will vary depending on the child's age, level, and attention span. LISTENING and at least three REVIEW pieces or (three skills for pre-twinklers) are recommended guidelines for a day of practicing to count!
3. Children must practice CONSECUTIVE DAYS. Double practicing does not qualify for missed days.
4. There must be instrumental playing.
5. If the child is sick enough to stay home from school, then just listening to the Suzuki recording "counts".
6. Students with lessons + group/theory on the **same** day are not required to practice on that day.
7. Students with lessons, and group/theory on **different** days must practice on those class days in addition to their classes.
8. Any exceptions should be approved by your teacher AND department head. Exceptions can be made during travel vacations, especially for piano & bass students for whom it is impossible to bring an instrument. Alternate requirements might include Puppy Packet or other theory games, composing music, listening to the Suzuki recording, a musical activity, body motions that help with playing the instrument, rhythm practice (with and without a metronome), singing the Suzuki repertoire with solfege, etc.