

Fraser Public Schools

NEW COURSE PROPOSAL

2026

Submitted By: Sheila Doss

Date: 1/19/2026

NAME OF COURSE: Ready for Life

DEPARTMENT: Special Education

SCED Code: 22114 (Personal and Professional Skills)

Certification: Grade level endorsement

RATIONALE FOR NEW COURSE: This course is designed to provide high school students with disabilities the practical knowledge, functional skills, and real-world experiences necessary for successful transition to adulthood. Many traditional academic courses do not directly address daily living, community participation, employment readiness, or independent functioning. Students often leave school without opportunities to practice these skills in authentic environments. This course intentionally fills that gap.

DESCRIPTION OF COURSE:

This course is designed to support students with disabilities who are working toward a Certificate of Completion. Within the elective course, students will explore job opportunities, understand the difference between personal and work expectations, develop workplace skills and communication strategies, and learn how to function on their own in the home.

General education students would be permitted to take this course as an elective to support the learning of our Certificate of Completion students and have the potential to work on some of their own skills in these settings.

Ready for Life: Units of Study:

Unit	Skills
Job Exploration	Identifying interests Understanding job types Work expectations
Workplace Skills	Following directions Time-on-task Workplace behavior
Professional Communication	Job applications Interviews Email & phone etiquette

Unit	Skills
Home & Independent Living	Cleaning Laundry Simple cooking
Health, Wellness & Safety	Doctor visits Medication safety Emergency response
Household Maintenance & Home Care	Basic home safety awareness Cleaning and upkeep routines Simple repairs and maintenance Knowing when and how to ask for help

Evaluation/Grading Policies:

Each student's individual grade is based on the combination of the following components...

- ✓ **Participation:** Full effort/engagement in daily class activities & giving one's best personal effort.
- ✓ **Overall behavior & following rules:** Demonstrating a positive attitude and actions, respecting the teacher, peers and property, and practicing good citizenship, based on individual abilities and expectations
- ✓ **Arriving to class on time and prepared**

Assessment Methods

- Performance-based tasks
- Checklists & rubrics
- Teacher observation
- Student self-reflection
- Photo/video evidence

Classroom Communication:

Weekly class information will be found on Canvas

REQUIREMENTS OR PREREQUISITES:

- Special Education Students who are earning a Certificate of Completion
- GE students approved to take the course as an elective

Curricular Materials

- Teacher prepared materials around [Transition Rating Scales](#): Employment, Rec and Leisure, Home Living, Community, and Post-Secondary
- Resources from the [Department of Labor's Office of Disability Employment Policy](#)
- [MITTIN presentation and resources](#)

- Curricular Strategies from [MADE 2 FADE](#)

Send to: Kyle Ray, Assistant Superintendent