

Tips for Creating a Home Learning Environment

As we embark on a new way of learning through remote digital learning, here are some suggestions for parents and families that we hope will be helpful in creating a home learning environment.

1. Continue Routines

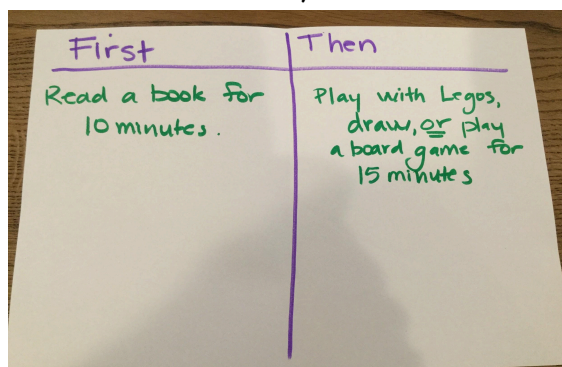
1. Continue your morning routine of having your child wake up, get dressed, and eat breakfast like they would do on a typical day.
2. Continue nighttime routines and have your child continue with their typical bedtime.

2. Set Up a Home Learning Area

1. Set up an area where your child will be completing school learning activities such as a table or desk. This could be the dining room table (consider using a bin or box to place supplies when learning time is over).
2. Make sure the area has the supplies your child needs and a clock if possible.

3. Set Up a Learning Schedule

1. Create a schedule of what your child's day of learning will look like.
2. Break longer learning activities up with movement activities (i.e., jumping jacks, dancing), calming activities (i.e., coloring, mindfulness activities, yoga), snack time, etc.
3. Visual schedules are helpful ways to show your child what the day will look like. Consider a "First, Then" visual schedule.



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4. Reinforce School Expectations and Language during Learning Times

1. Use common language and reinforce expected behaviors (i.e., Be Respectful, Be Responsible, Be Safe).
2. If needed, create a reinforcement schedule in which your child can earn a preferred activity for demonstrating expected behaviors (i.e., 5 stars = 5 minutes of a preferred activity).