Access and Community Agreements for All LAB Events

- CART and ASL will be provided. Please let us know if you have a preferred ASL interpreter (or connect us to them before the event) and we'll do our best to book them.
- Open description of visuals will be in practice and the chat will be read aloud.
- Before, during, and/or after the event, please feel free to contact us about any access needs or desires.
- Coming and going as needed and desired is welcome.
- You're welcome to be on or off camera, stim, lie down, eat, drink, and participate in whatever way suits your needs and desires on that day.
- For lip-reading purposes we ask, if you're comfortable, to turn on your camera when speaking so your mouth is visible in frame.
- If any of LAB's access requests are in conflict with your personal needs, we ALWAYS encourage you to prioritize your needs.
- We ask that everyone keep their mic off when not actively communicating. Please also take care to avoid introducing background sounds such as loud noises, music, singing, construction sounds, sirens, etc into the space. If music is to be played at Open Call or Art Share gatherings, we let people know in advance.
- While LAB Co-Producers (Camisha and morgaine) will provide base-line access support and community care, we welcome collective effort on these fronts knowing the highest level of safety in the space is possible when we all take care of each other.
- There will be no pressure or expectation to disclose information about your health or disability. Share (or don't share) at whatever level you are comfortable. Remember and respect that not everyone will want to disclose personal info.
- If you notice you've spoken more than once and there are others who haven't spoken at all, consider hanging back a bit to give space for others to contribute. Some folks may need more time and silence to decide to jump into conversation.

- **Confidentiality**: We ask that what's shared at LAB stays at LAB. If you want to talk about your experience at LAB, we ask that you talk generally about it, rather than about specific individuals and what they specifically shared.
- For privacy reasons, Kinetic Light does not consent to the use of AI notetakers in our meetings. If this is an access barrier, please don't hesitate to contact LAB's Co-Producers at **lab@kineticlight.org**.
- Before sharing any potentially triggering information or art, we ask that you give a content warning and allow a few beats for folks to turn their volume down and do whatever is necessary to take care of themselves.
- **Safe Space**. We believe everyone has a role to play to ensure that LAB sessions offer safe space to the highest degree possible. We recognize ways that discomfort can be a great teacher, helping us to understand ways we have been conditioned to uphold systems of oppression. We encourage participants to consider discomfort as a possible call to listen more deeply. If something is said or done during a gathering that seems to compromise safety, we welcome you to say so during or after the gathering. We welcome opportunities to deepen understanding and awareness through LAB.
- **LAB Events are Harassment Free**: Any participant who attempts to share offensive content by screen share or chat or who harasses others in any way will be immediately removed from the meeting. They will also not be able to attend future LAB events.
- Lastly, we acknowledge that disability is a very large umbrella and we invite you to honor our differences.