

Food and Other Recommends While You Visit #Ferguson

Recommendations compiled primarily by @bdoulaoblongata and @MusicOverPeople. These are majority black-owned businesses.

In Ferguson

Cathy's Kitchen (MUST VISIT)

250 S. Florissant Rd.

[314-524-9200](tel:314-524-9200)

Cathy's always has a nice diverse crowd. People from all around the community are regulars here and enjoy her specials. The Memphis Gumbo is one of the best things on the menu.

Ferguson Burger Bar (MUST VISIT)

9120 West Florissant Ave

[314-388-0424](tel:314-388-0424)

The Burger Bar - new to West Florissant - has already become extremely popular. The food is made fresh to order and the owners are extremely friendly. Try their have an amazing turkey burger!

Natalie's Bakery (MUST VISIT)

100 S. Florissant Rd.

[314-398-3951](tel:314-398-3951)

Natalie is an amazing baker! There are cupcakes and cakes already made just in case you want to grab something sweet. You can always place an order and pick it up at your convenience.

Children's City Discount Clothing

301 S. Florissant Rd

[314-524-9877](tel:314-524-9877)

The prices in this store are extremely reasonable. If you are coming from a place where it is always warm and need to grab your sibling/child winter wear for the marches, this is the perfect place to go.

Outside of Ferguson

Mom's Kitchen (MUST VISIT)

507 Goodfellow Blvd, St Louis, MO 63112

[\(314\) 389-0916](tel:314-389-0916)

SweetArt Bakery and Cafe (MUST VISIT)

2203 S. 39th St

[314-771-4278](tel:314-771-4278)

SweetArt is one of the best vegan/vegetarian bakeshops in St. Louis. SweetArt specializes in vegan and non-vegan baked goods including cakes, cupcakes, and scones. During lunch they offer a vegan and vegetarian menu that even the earnest meat eater would love. Saturday mornings you can stop by before 11 am and have their award winning breakfast—and make sure to try a 'Big Momma Roll'.

PHAT BOYS BBQ (MUST VISIT)

300 St Ferdinand, Florissant MO 63031, [\(314\) 801-7181](tel:314-801-7181)

Carrie's Corner Market
4500 Athlone 63115
[314-381-5556](tel:314-381-5556)

Diversity Gallery
1010 N. Sarah St.
[314-721-3361](tel:314-721-3361)

Diversity Gallery is an eclectic boutique and hair salon. You can find homemade perfume oils and potpourri, body care, and hair care products.

Progressive Emporium
1108 North Sarah St.
[314-875-9277](tel:314-875-9277)

Progressive Emporium is an amazing place for Black culture, resources and information. There are a variety of great books to choose from. Make sure to have on red, green & black to get 20% off.

InStages Home Décor
4300 Manchester Ave
[314-533-8368](tel:314-533-8368)

Malawi Aquatics
11619 West Florissant Blvd.
[314-830-6460](tel:314-830-6460)

Malawi Aquatics sells African-imported fish, various reptiles and also sets up fish tanks. The prices are reasonable and even if you don't want to buy anything, it is a great place to go into and look around.

African Naturals
South Kingshighway Rd
[314-768-0710](tel:314-768-0710)

African Naturals is the go to shop for hair care and body care products. Here you can find many of the best brands specializing in natural hair including Oyin, My Honey Child, Nubian Heritage, and Karen's Body Beautiful. They also carry many products and literature for holistic healthcare practices.

Debbie's Delights
5033 Riverview Blvd, Saint Louis, MO, 63120
[314-382-2260](tel:314-382-2260)

One Time Supply Co.
4614 Macklind Ave, Saint Louis, MO, 63109
[314-287-9966](tel:314-287-9966)

Elite Blendz Barbershop
5759 Chippewa St., Saint Louis, MO, 63109
[314-352-5363](tel:314-352-5363)

Lucky African Hair Braiding
8624 Natural Bridge Rd, Saint Louis, MO, 63121
[314-423-2220](tel:314-423-2220)