LORIO FORENSICS
Psychiatry, Psychology and Social Work Expertise

Courtney L. McMickens, MD, MPH, MHS

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Education

Bachelor of Science, Biology, Summa Cum Laude May 2005
Tuskegee University

Medical Degree, May 2010
Harvard Medical School

Master of Public Health, May 2010
Harvard Chan School of Public Health

Master of Health Sciences, June 2017
Yale School of Medicine

Residency and Fellowship Training

General Psychiatry Residency July 2010 – June 2013
Hospital of University Pennsylvania

Child and Adolescent Psychiatry Fellowship July 2013 - June 2015
Harvard Medical School/Cambridge Health

Specialized Training

Robert Wood Johnson Foundation Clinical Scholars Program, July 2015 – June 2017
Yale School of Medicine

Trauma Focused – Cognitive Behavioral Therapy, April 2015
Online Training Course

Dialectical Behavioral Therapy Skills, Chain, and Validation, June 2015
Behavioral Tech Online Training

Harvard Zuckerman Fellows Program, 2008-2009
Harvard University Center for Public Leadership

Licensure and Certification

Board Certified in General/Adult Psychiatry, American Board of Psychiatry and Neurology as of September 13, 2014

Board Certified in Child Psychiatry, American Board of Psychiatry and Neurology as of September 23, 2015

North Carolina Medical License as of June 19, 2018

Massachusetts Medical License as of May 1, 2013

Controlled Substance Registration as of May 19, 2011

Academic Appointments

Deputy Chief Medical Officer, Health Blue Care Together, a Child and Family Specialty Plan May 2025 – Present

- Manages delivery of integrated healthcare services to Medicaid-enrolled children and families involved with the child welfare system statewide in North Carolina. as assigned by the Chief Medical Officer
- Oversees the proper provision of covered services to Members, developing clinical practice standards, clinical policies and procedures, utilization management, pharmacy, population health and Care Management, and quality management

Assistant Professor of Psychiatry and Behavioral Sciences, Duke University School of Medicine January 2021 - Present

- Division of Child/Family Mental Health & Community Psychiatry
    - Treatment for child and adolescent patients with mood disorders, anxiety disorders, post-traumatic stress disorder, attention deficit hyperactivity disorder, autism spectrum disorder, and adjustment/life transition issues. Treatment modalities including but not limited to psychotherapy, environmental and lifestyle interventions and/or psychiatric medications.
    - Consulting child and adolescent psychiatrist for pediatric access line
    - Child and Transitional Age Youth Psychiatry Fellowship Preceptor

Assistant Professor of Psychiatry, Boston University School of Medicine August 2017 – July 2018

- Clinical care including assessment, diagnosis and treatment of children, adolescents and adults
    - Treatment for child, adolescent and adult patients with mood disorders, anxiety disorders, post-traumatic stress disorder, attention deficit hyperactivity disorder, autism spectrum disorder, and adjustment/life transition issues. Treatment modalities including

but not limited to psychotherapy, environmental and lifestyle interventions and/or psychiatric medications.

- Child and Transitional Age Youth Psychiatry Fellowship Preceptor

Work Experience

Deputy Chief Medical Officer, Health Blue Care Together, May 2025 – Present

- Delivery of medical services provided to children, youth and families served by the child welfare system as assigned by the Chief Medical Officer
- Direct provision of covered services to members
- Develop clinical practice standards, clinical policies and procedures, utilization management, pharmacy, population health and Care Management, and quality management

Clinical Education Training Specialist, UCLA-Duke University National Center for Child Traumatic Stress, May 2022 – May 2025

- Training and curriculum development consulting in childhood trauma for psychiatry trainees

Attending, Child and Adolescent Psychiatrist, Duke Children Evaluation Center, Duke University School of Medicine January 2022 – Present

- Clinical care including assessment, diagnosis and treatment of children, adolescents and adults
    - Treatment for child, adolescent and adult patients with mood disorders, anxiety disorders, post-traumatic stress disorder, attention deficit hyperactivity disorder, autism spectrum disorder, and adjustment/life transition issues. Treatment modalities including but not limited to psychotherapy, environmental and lifestyle interventions and/or psychiatric medications.

Associate State Medical Director, North Carolina, Eleanor Health February 2021 – December 2021

- Day-to-day supervision and oversight of clinical services, as well as providing direct patient care.
- Real-time analysis and recommendations for improvement in clinical operations across multiple levels.

Psychiatrist, Eleanor Health October 2020 – January 2021

- Clinical care including assessment, diagnosis and treatment of adults with complex medical needs
    - Treatment for adults with mood disorders, anxiety disorders, post-traumatic stress disorder, psychotic disorders, personality disorders, dementia and adjustment/life transition issues. Treatment modalities including but not limited to psychotherapy, environmental and lifestyle interventions and/or psychiatric medications.
    - Virtual psychiatric practice for urgent and ongoing psychiatric conditions

Psychiatrist, Cityblock Health, Inc January 2020 – September 2020

- Clinical care including assessment, diagnosis and treatment of adults with complex medical needs
    - Treatment for adults with mood disorders, anxiety disorders, post-traumatic stress disorder, psychotic disorders, personality disorders, dementia and adjustment/life transition issues. Treatment modalities including but not limited to psychotherapy, environmental and lifestyle interventions and/or psychiatric medications.
    - Management and program design for behavioral health within an integrated medical practice model across NY, MA, and CT
    - Virtual psychiatric practice for urgent and ongoing psychiatric conditions

Child and Adolescent Psychiatrist, Novant Health Child and Adolescent Psychiatric Medicine August 2018 – December 2019

Clinic

- Clinical care including assessment, diagnosis and treatment of children and adolescents

- Treatment for child and adolescent patients with mood disorders, anxiety disorders, post-traumatic stress disorder, attention deficit hyperactivity disorder, autism spectrum disorder, and adjustment/life transition issues. Treatment modalities including but not limited to psychotherapy, environmental and lifestyle interventions and/or psychiatric medications.

Boston University School of Medicine August 2017 – July 2018

- Integrated Care Psychiatrist, Codman Square Health Center, October 2017-July 2018
- Child and Transitional Age Youth Psychiatry Preceptor January 2018-July 2018
- Psychiatry Clerkship Course Lecturer, October 2017-June 2018

Attending Psychiatrist, **Division of Child and Adolescent Psychiatry, Boston Medical Center, Boston, MA** August 2017 - July 2018

- Clinical care including assessment, diagnosis and treatment of children, adolescents and adults
  - Treatment for child, adolescent and adult patients with mood disorders, anxiety disorders, post-traumatic stress disorder, attention deficit hyperactivity disorder, autism spectrum disorder, and adjustment/life transition issues. Treatment modalities including but not limited to psychotherapy, environmental and lifestyle interventions and/or psychiatric medications.

Psychiatrist, Fair Haven Community Health Center September 2015 - April 2017

- Clinical care including assessment, diagnosis and treatment of children and adolescents
  - Treatment for child and adolescent patients with mood disorders, anxiety disorders, post-traumatic stress disorder, attention deficit hyperactivity disorder, autism spectrum disorder, and adjustment/life transition issues. Treatment modalities including but not limited to psychotherapy, environmental and lifestyle interventions and/or psychiatric medications.

Research Assistant, Harvard University Center for the Developing Child October 2009 – June 2009

Professional Memberships and Organizations

Boston University Transdisciplinary Steering Committee for Innovation in Social Work & Health, 5/2018
Center for Innovation in Social Work and Health

American Public Health Association

- Member 2015 – present

American Psychiatric Association (APA)

- APA SAMHSA Fellow Appointee to the Council on Children, Adolescents, and Their Families, 2014 – 2016
- Member 2010 – present

American Academy of Child and Adolescent Psychiatry

- Appointee to Adoption and Foster Care Committee, 2011-2017
- Member 2011 – present

Hospital of University of Pennsylvania Psychiatry Residency Steering Committee 7/2010-6/2013

Cambridge Health Alliance Graduate Medical Education Committee, 7/2013-6/2014

Harvard Medical School, Student National Medical Association

- Community Service Liaison Chair, 2006 - 2007
- Member 2005 – 2010

Harvard Medical School, Black Health Organization

- Co-Chairperson, 2006 - 2007
- Member 2005 – 2010

Harvard Medical School AIDS Action Initiative, 2005-2006

Publications

Williams, K., French, A., **Jackson, N**., McMickens, C., White, D., Vinson, S.Y. (2024). Mental Health Crisis Responses and (In)Justice: Intrasystem and Intersystem Implications. Psychiatric Clinics of North America, https://www.sciencedirect.com/science/article/pii/S0193953X24000236?dgcid=author

Rafla-Yuan E, Moore S, Carvente-Martinez H, Yang P, Balasuriya L, Jackson K, **McMickens C**, Robles-Ramamurthy B. Striving for Equity in Community Mental Health: Opportunities and Challenges for Integrating Care for BIPOC Youth. Child and Adolescent Psychiatrist Clinics of North America, 31(2):295-312. doi: 10.1016/j.chc.2021.11.007.

Davis, N. O., Jones, K. A., French, A., Greiner, M. A., Lea, C. R., **McMickens, C. L**., ... & Maslow, G. R. (2023). Treatment and Outcomes Among North Carolina Medicaid-Insured Youth With Depression. *JAACAP Open*, *1*(3), 196-205.

Yitsege, G. G., French, A., Anand, R., **McMickens, C. L.**, & Lerebours, R. C. (2023). 5.76 High-Risk Prescribing Practices Among Children in NC County DSS Custody Facing Significant Barriers to Placement. *Journal of the American Academy of Child & Adolescent Psychiatry*, *62*(10), S283
McMickens, Courtney L., Carter, Melissa Social (In)Justice and the Child Welfare System in Shim, R., Vinson, S., editors Social (In)Justice and Mental Health, *In Press. Washington D.C.* American Psychiatric Publishing

Vinson, Sarah, Coffey, Timothy, Jackson, Nicole, **McMickens, Courtney L**., Mcregor, Brian, Leifman, Steven Two Systems, One Population: Mental Healthcare, Criminal Justice and Marginalized Populations Living with Mental Illness. *In Press.* Psychiatric Clinics Fall 2020, Published Online June 30, 2020

McMickens, Courtney L., Clayton, Ashley, Rosenthal, Marjorie, and Smith, Megan V. A Qualitative Exploration of Mothers' Experiences Receiving Mental Health Services in a Supermarket Setting. Matern Child Health J. DOI 10.1007/s10995-018-2646-3.

McMickens, Courtney L., Landers A.J. (2018) Depression. In: Vinson S., Vinson E. (eds) Pediatric Mental Health for Primary Care Providers. Springer, Cham

Kornfield, Sara L., Moseley, Marian, Appleby, Dina, **McMickens, Courtney L.**, Sammel, Mary D., and Epperson, C. Neill. Posttraumatic Symptom Reporting and Reported Cigarette Smoking During Pregnancy. *Journal of Women's Health*. February 2017, doi:10.1089/jwh.2016.5928

Scott VC, Kenworthy T, Godly-Reynolds E, Bastien G, Scaccia J, **McMickens C**, Rachel S, Cooper S, Wrenn G, Wandersman A. The Readiness for Integrated Care Questionnaire (RICQ): An Instrument to Assess Readiness to Integrate Behavioral Health and Primary Care. *Am J Orthopsychiatry*. 2017 Apr 10. doi: 10.1037/ort0000270

Rappaport, N., Pollack, W.S., Flaherty, L.T., Schwartz, S.E.O., & **McMickens, C.** (2015) "Safety Assessment in Schools: Beyond Risk: The Role of Child Psychiatrists and Other Mental Health Professionals." *Child and Adolescent Psychiatric Clinics of North America* 24(2): 277-289

Bell, S., **McMickens, C.**, & Selby, K. AIDS (Biographies of Disease). Silver, J (Ed.) Greenwood, Santa Barbara, 2011.

Koulen, P., Duncan, S.R., Liu, Cohen, E.N., Yannazzo, J. S., McClung, N., Lockhart, C. L., Branden, M., & Buechner, M. (2005) "Polycystin-2 Accelerates Ca2+ Release from Intracellular Stores in C. elegans." *Cell Calcium* 37: 593-601.

Presentations

McMickens, Courtney. Increasing Access to Child and Adolescent Psychiatry for Children Involved with Child Welfare : The North Carolina Psychiatry Access Line (NC-PAL) Child Welfare Collaborative, NCPA/NCCCAP 2023 Annual Meeting, Myrtle Beach, SC, September 2023

McMickens, Courtney. Recognizing Signs of the Misuse of Controlled Substances, Spring Open Forum, North Carolina Pediatric Society [CME Lecture], April 2023

McMickens, Courtney (co-presenter)**.** Addressing Adolescent Substance Use: A Trauma-Informed, Culturally Responsive, and Systems-Thinking Approach, 2023 Addiction Medicine Conference, Governor's Institute [Invited Plenary Co-presenter], March 2023

McMickens, Courtney. "Recognizing Signs of the Misuse of Controlled Substances", NCPeds Spring Open Forum, April 2023

McMickens, Courtney and Angela Tunno. "Addressing Adolescent Substance Use: A Trauma-Informed, Culturally Responsive, and Systems-Thinking Approach", Plenary: 2023 Addiction Medicine Spring Conference, April 2023

McMickens, Courtney and Angela Tunno. "Applying the Trauma-Informed, Culturally Responsive, and Systems-Thinking Mindset to Adolescent Substance Use", Workshop: 2023 Addiction Medicine Spring Conference, April 2023

McMickens, Courtney., Gary Maslow, Lisa Amaya-Jackson, Charlene Wong, and Brooks Keeshin. "Child Welfare Interventions and System Transformation to Improve the Lives of Children and Families Who Experience Trauma." In Journal of the American Academy of Child &Amp; Adolescent Psychiatry, 61:S60–S60. Elsevier BV, 2022. https://doi.org/10.1016/j.jaac.2022.07.257

McMickens, Courtney. "Child Welfare Interventions and System Transformation to Improve the Lives of Children and Families Who Experience Trauma", Clinical Perspective, AACAP/CACAP 2022 Annual Meeting (co-presenter), October 2022

McMickens, Courtney. "Recognizing Trauma: Children and Families", Lecture, Public Psychiatry Fellowship Lecture Series, Columbia University Department of Psychiatry/ NYS Psychiatric Institute, March 2021

McMickens, Courtney."Child Welfare: Intersection of Structural Inequities"; Morehouse School of Medicine Department of Psychiatry & Behavioral Sciences Grand Round Series, February 2021

McMickens, Courtney. "Recognizing and Addressing Structural Factors Influencing Mental Health of Black American Youth". Clinical Perspectives Presentation. American Academy of Child and Adolescent Psychiatry. Chicago, IL, October 2019.

Samuels, Elizabeth (Chair), Ray, Natasha, **McMickens, Courtney**, Agnoli, Alicia and Tinney, Barbara. "Community Based Participatory Research: The Good, the Bad, and the Ugly". Roundtable Discussion. 2017 Critical Histories and Activist Futures: Science, Medicine, and Racial Violence. New Haven, CT, February 2017.

McMickens, C., Rosenthal, M., Clayton, A, and Smith, M. "Characterizing Mothers' Experiences of Stress Management Treatment in a Supermarket Setting". Accepted Poster Presentation. RWJF Clinical Scholars Program 2016 Annual Meeting. Atlanta, GA, November 2016.

Grimes, Katherine, Hou, Sherry, **McMickens, Courtney**, and Cook, Benjamin. "Disparities and Super-Spenders: Under and Over-Utilization in Children's Mental Health" at Academy Health 2016 Annual Research Meeting. Poster
presentation. Boston, MA. June 2016

Wrenn, Glenda (Chair), Hoffman, Christopher, **McMickens, Courtney**, Simon, Kevin, and Frye, Elizabeth. "Leading System Change Toward Integrated Care: Unfunded, Not Ready, Unsure? Start Here". Presented Workshop. APA 2016 Annual Meeting. Atlanta, GA. May 2016

McMickens, Courtney (Chair), Arditti, Joyce, Dube, Anish, Everett, Mia, and Anderson, Otis. "The Kids Are Not All Right: Mental Health Impact of Parental Incarceration". Presented workshop. APA 2016 Annual Meeting. Atlanta, GA. May 2016.

Crusto, Cynthia, **McMickens, Courtney**, and Mitra, Monika. "Effects of Violence and Trauma on Vulnerable Populations". Harvard Health Equity and Leadership (HEAL) Conference 2016. Panel Presentation. Boston, MA. April 2016

Duncan, Alison (Chair), Brymer, Melissa, Sidhu, Shawn S., **McMickens, Courtney**, and Webster, Cecil. "Zero Day: Assessment of School Shooters and Implications for Intervention". Media Theater presentation. AACAP 62nd Annual Meeting. San Antonio, TX. October 2015.

Coche, J., Baron, S., Galbraith, J., Lee, D., Dalke, K., Suberman, T., and **McMickens, C**. "Psychiatry Treats Troubled Times: Training Group Therapy at Penn." Presented workshop. AGPA Annual Meeting. Boston, MA. March 2014.

McMickens, C., Rappaport, N., Pollack, W., Schwartz, S., and Flaherty, L. "Safe to Return: A Retrospective Study of School Safety Assessments". Poster Presentation. Harvard Psychiatry Research Day. Boston, MA. March 2014.

Lee, T. (Chair), **McMickens, C**. (Co-Chair), Harmon, D., Lang, J., Wilson, B. and Jensen, P. "Innovative Systemic Interventions in Child Welfare and Foster Care." Clinical Perspectives. AACAP 60th Annual Meeting. Orlando, FL. October 2013.

Kalofonos, I. (Chair), **McMickens, C.** (Co-Chair), Du, B., Hansen, H., Bromley, E., Metzl, J. "Beyond Cultural Competency: Engaging Trainees in Critical Thinking About Culture, Social Justice, and

Mental Health." Presented workshop. APA Institute on Psychiatric Services. Philadelphia, PA. October 2013.

McMickens, C. (Chair), Kestenbaum, C., Benton, T., Kraus, L., Galanter, C., and Khan, C. "A Career in Child and Adolescent Psychiatry: From a Developmental Perspective". Presented workshop. APA Annual Meeting. San Francisco. May 2013.

Rose, M. (Chair), Gillis, A. (Co-Chair), **McMickens, C**.; Rahiem, F., Baharanyi, H., Shah, N., and Padilla, A. "Positive psychiatry: A strength-based recovery model focused on under-represented minorities in medical school and residency". Presented workshop. APA Annual Meeting. San Francisco. May 2013

Casiano, D. and **McMickens, C.** "Maternal Wellness Initiative: Integrative Mental Health Care for Mothers-To-Be". Lecture. BPA Transcultural Psychiatry Conference Montego Bay, Jamaica. November 2012

Lockhart, C., Worthen, H., & Hoosain, E. Assessment of the Effectiveness of HIV Lay-Counselors and TB DOTS Supporters in Municipal Clinics in Port Elizabeth, South Africa. Sixty-Seventh Soma Weiss Medical & Dental Student Research Day. Poster Presentation. Harvard Medical School. Boston, Massachusetts. April 2007

Worthen, H., Lockhart, C., Pierre, C., Taylor, C., Floy, S., Olivet J., & Olivet, H. "International Health Issues: Southern Africa." Cambridge Hospital Medical Grand Rounds. Cambridge Health Alliance. August 2006.

Awards

2018 Most Distinguished Alumna Award recipient, College of Arts and Sciences Tuskegee University, Fall 2018

Laughlin Fellow, American College of Psychiatrists, February 2014

American Academy of Child and Adolescent Psychiatrists (AACAP), Educational Outreach Program for General Psychiatry Residents 2010

Women's Enlightenment and Empowerment Award Tuskegee University May 2005

Student of the Year, Tuskegee University Student Government Association, May 2005

Activities and Community Service

Talk on Trauma-Informed Practices for Child Care Providers, All Our Kin Staff meeting, January 2016

Talk on Aggression and School Violence, The Guidance Center, Riverside Community Care, Jan 2014

What to Expect from Your Baby: Normal Early Childhood Development at Helen O. Dickens Center, Hospital of University of Pennsylvania, Jan 2013

Intern, Massachusetts Coalition of School-Based Health Center, January 2009 – May 2009

National Service Project. Student National Medical Association. San Francisco, California. April 2007

Program Coordinator, Girls Achieving in Life and Science Harvard Medical School, Office of Enrichment Programs, September 2006 – March 2007

Current as of December 1, 2025