



Blood and Body Fluid Exposure Protocol

(Source: Adapted from <https://sf.gov/ohs-blood-and-body-fluid-exposure>)

Exposure to blood and body fluid has the potential, though rare, to cause infection, including Hepatitis B virus, Hepatitis C virus, and HIV.

- **Immediately wash the affected area** thoroughly with soap and water
 - Skin: wash with soap and water
 - Eyes/Nose/Mouth: flush with water and normal saline (if available).
 - Do not inject disinfectants or caustics (e.g. bleach) into the wound
 - **Seek medical attention right away**
 - If SFUSD student was injured: contact parents/guardians and recommend student be seen by a medical provider ASAP
 - If SFUSD staff was injured: Call Blood and Body Fluid Exposure Hotline @ 628-206-6581 or 415-469-4411
 - Medications, vaccinations and laboratory work may be recommended
 - SF General Hospital Urgent Care Clinic or Emergency Department @ 1001 Potrero Avenue can evaluate injuries if other care is not available
 - **Record the details of the exposure**
 - When, where and how the injury/exposure occurred
 - Which site on the body was injured/exposed
 - Type of sharp involved if any (e.g. syringe, scalpel, broken test tube, etc.)
 - Amount of blood or other visible material on the sharp
 - Any available information on the source (e.g. the person who originally used the sharp), including health status
 - The exposure details will be useful to the medical provider evaluating the risk of exposure to any blood borne pathogens
 - **Sharp Disposal**
 - Carefully dispose of needle wearing gloves into sharps container or glass bottle
 - Dispose of sharps container/glass bottle at local pharmacy
 - **Notify your supervisor and document**
 - If SFUSD student was injured/exposed: the site administrator should notify their supervisor and complete a [Student Injury or Incident Report Process](#).
 - If SFUSD staff was injured/exposed: Complete Employee Injury/Incident Reporting Forms
- Other measures to prevent exposure and sharps injuries in schools:**
- Implement Standard Precautions working with students and at risk for exposure to blood/body fluids.
 - Follow appropriate procedures to keep facilities and grounds clean and well maintained
 - Advise students and staff to NOT touch any needle or other used medical equipment found on school grounds