

Blood and Body Fluid Exposure Protocol

(Source: Adapted from https://sf.gov/ohs-blood-and-body-fluid-exposure)

Exposure to blood and body fluid has the potential, though rare, to cause infection, including Hepatitis B virus, Hepatitis C virus, and HIV.

• Immediately wash the affected area thoroughly with soap and water

- o Skin: wash with soap and water
- o Eyes/Nose/Mouth: flush with water and normal saline (if available).
- o Do not inject disinfectants or caustics (e.g. bleach) into the wound

Seek medical attention right away

- o If SFUSD student was injured: contact parents/guardians and recommend student be seen by a medical provider ASAP
- o If SFUSD staff was injured: Call Blood and Body Fluid Exposure Hotline @ 628-206-6581 or 415-469-4411
- o Medications, vaccinations and laboratory work may be recommended
- o SF General Hospital Urgent Care Clinic or Emergency Department @ 1001 Potrero Avenue can evaluate injuries if other care is not available

• Record the details of the exposure

- o When, where and how the injury/exposure occurred
- o Which site on the body was injured/exposed
- o Type of sharp involved if any (e.g. syringe, scalpel, broken test tube, etc.)
- o Amount of blood or other visible material on the sharp
- o Any available information on the source (e.g. the person who originally used the sharp), including health status
- o The exposure details will be useful to the medical provider evaluating the risk of exposure to any blood borne pathogens

• Sharp Disposal

- o Carefully dispose of needle wearing gloves into sharps container or glass bottle
- o Dispose of sharps container/glass bottle at local pharmacy

• Notify your supervisor and document

- o If SFUSD student was injured/exposed: the site administrator should notify their supervisor and complete a <u>Student Injury or Incident Report Process</u>.
- o If SFUSD staff was injured/exposed: Complete Employee Injury/Incident Reporting Forms

Other measures to prevent exposure and sharps injuries in schools:

- Implement Standard Precautions working with students and at risk for exposure to blood/body fluids.
- Follow appropriate procedures to keep facilities and grounds clean and well maintained
- Advise students and staff to NOT touch any needle or other used medical equipment found on school grounds